

OUR DEEPEST FEAR

By Marianne Williamson

Our deepest fear is not that we are inadequate.
Our deepest fear is that we are powerful beyond measure.
It is our light, not our darkness that most frightens us.

We ask ourselves,
“Who am I to be brilliant, gorgeous, talented, fabulous?”
Actually, who are you *not* to be? You are a child of God.

Your playing small does not serve the world.
There's nothing enlightened about shrinking
so that other people won't feel insecure around you.

We are all meant to shine, as children do.
We were born to make manifest the glory of God
that is within us.
It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously
give other people permission to do the same.

As we're liberated from our own fear,
our presence automatically liberates others.