

## PACK THE PEWS

Backpack Pals, a Communities in Schools of Pitt Co. program, provides food to Pitt Co. children who have little or nothing to eat during the school year weekends. In this program, children are identified by the school counselors and the local churches band together to pack backpacks each week for the children identified. Backpacks are sent home on Friday afternoons with 10-12 non-perishable, easy to fix, food items that children can prepare and eat on their own. They return their empty backpack the following Monday to be packed again for the next weekend.

Farmville Presbyterian Church has committed to sponsoring 10 backpacks for children for the upcoming school year.

We need your help! We need to stock up our supply pantry by having a PACK THE PEW SUNDAY on Sunday, August 25, 2013 (Rally Day). We will have an entire pew reserved and hope that everyone will come and "pack the pew" with the supplies we need to fill backpacks this year.

The items that we need for the backpacks are listed below.

Items:

Spagettios or Ravioli (small cans)	Raisins (small boxes)
Vienna Sausages	Pop Tarts
Beanie Weenies (small cans)	Granola Bars
Tuna/Chicken salad packs	Nabs
Juice boxes	Pudding Cups
Apple Sauce cups	Mini cereal boxes
Fruit Cups	

Please come and help us PACK THE PEWS FOR BACKPACK PALS! If you have any questions regarding this program or would be interested in donating to this program in another way, please contact Betsy Flanagan or Tracy Callihan.