

COMMUNION BREAD

1. Wash Hands
2. Preheat oven to 350° F. and oil a baking sheet
3. Put into a measuring cup and warm until butter melts:
 - a. $\frac{3}{4}$ cup milk
 - b. 1 Tbsp butter
 - c. 2 Tbsp honey
4. Mix the following in a bowl:
 - a. 1 $\frac{1}{4}$ cups whole wheat flour
 - b. $\frac{1}{2}$ cup white flour
 - c. 1 tsp salt
 - d. $\frac{3}{4}$ tsp baking powder
 - e. 1 tsp sugar
5. Add milk mixture to flour mixture and mix until combined.
6. Divide into two balls and shape into round disks (about the size of small plates).
Use floured hands.
7. Place on greased baking sheet and coat with olive oil and score top.
8. Bake for 15 minutes and cool on rack.
9. Bring to church wrapped separately in plastic and place all breads in a freezer bag and place in freezer in Sanctuary refrigerator.
10. Thank you for your loving service to our LORD.

(This usually makes 3-4 loaves of bread)