

## **GROUP DISCUSSION GUIDE**

February 28/March 1, 2015: "Back Against the Wall"

### Ice-Breaker & Recap

This week we talked about discouragement. When you're discouraged would you rather a) watch a movie, b) sleep, c) shop, or d) other? (please explain)

What stood out to you the most from this week's service and message?

### Read Ephesians 6:10-20

Why does Paul use "armor" imagery in this passage?

This passage lists a lot of truths (some specifically mentioned and some implied). List as many of those truths as you can:

What does it look like practically to "put on" each of the pieces of armor (verses 14-18)?

Verses 19-20 seem a little out of place. How do they fit with the previous verses and what does it mean for us?

### **Next Steps**

What has impacted you the most from this series? How are you taking steps to apply it?

It's important to care for and be there for each other. How else can the group be there for you and be praying for you this week?



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