Words of Institution for Communion

The Lord Jesus, on the night he was betrayed, took a loaf of bread, and when he had given thanks, he broke it and said, “This is my body that is for you. Do this in remembrance of me.” In the same way he took the cup also, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” For as often as you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.

Words to say when you give the Communion elements:

(For the bread) “This is the body of Christ, broken for you.”

(For the juice) “This is the blood of Christ, shed for you.”