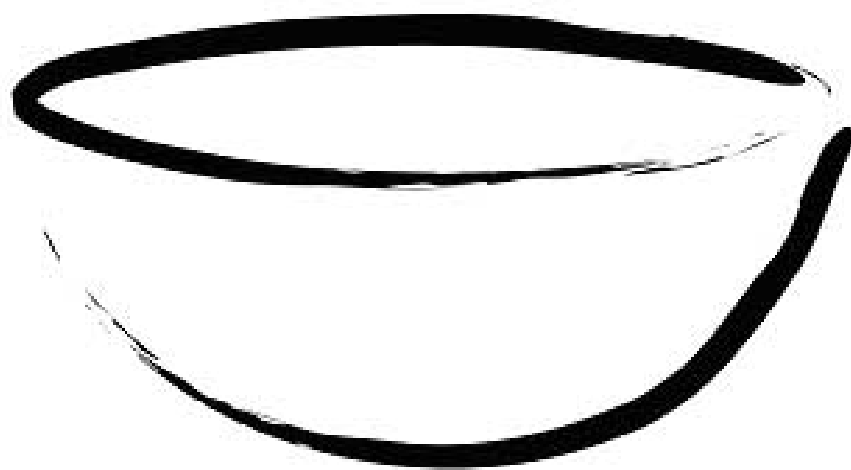


SUTRA BOOK



EMPTY BOWL ZENDO

TABLE OF CONTENTS

DEDICATIONS.....	3
INSTRUMENT NOTATIONS	4
HEALING DEDICATION	5
GATHA OF ATONEMENT	5
MAHA PRAJNA PARAMITA HEART SUTRA	6
MAKA HANNYA HARAMITA SHINGYO.....	7
THE IDENTITY OF RELATIVE AND ABSOLUTE.....	8
LIBERATION FROM ALL OBSTRUCTIONS	8a
TOREI ZENJI: THE BODHISATTVA VOW.....	9
GATHA ON OPENING THE SUTRA	10
GREAT VOWS FOR ALL	10
GREAT VOWS FOR ALL (alternate)	10
SHI GU SEI GAN MON	10
EVENING GATHA.....	10
ENMEI JUKKU KANNON GYO	.11
MORNING GATHA	11
MEAL GATHA.....	11
PATRIARCH'S LINEAGE	12
MATRIARCH'S LINEAGE	14

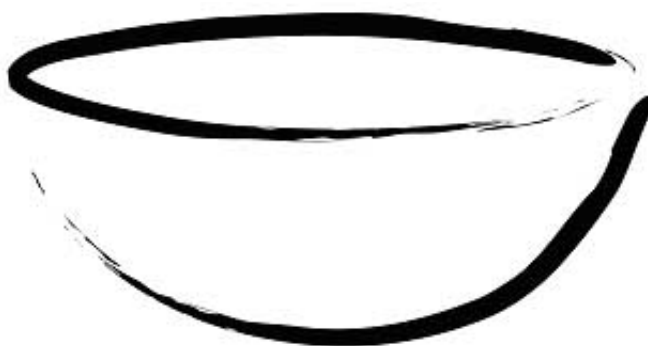
DEDICATIONS

*I vow with all beings
to join my voice with all other voices
and give life to each word as it comes*

Robert Aiken

*Words do not convey the fact; language is not an expedient.
Attached to words, your life is lost; blocked by phrases, you are
bewildered.*

Mumon Huikai



INSTRUMENT NOTATIONS



◊ – bell

▲ – gatz

◇ – small bell



■ – mokugyo
start

* – mokugyo
quick pace

◆ ▲ ◆ **HEALING DEDICATION**

All living beings are the One Seamless Body
and pass quickly from dark to dark.

We remember you who cared for us and are gone.

We remember you who are ill, you who are at war,
you who are hungry, and you who are in pain.

May you be serene through all your ills.

We especially dedicate our practice to:

(Sangha members announce names.)

May we live in peace with the Buddhadharma,
and may we realize the Buddha way together. ▲

◆ ▲ ◆ **GATHA OF ATONEMENT**

All evil karma ever created by me since of old

On account of my beginningless greed, hatred and ignorance

Born of my conduct, words and thoughts

Now I atone for it all.

◆ ▲ ◆ **MAHA PRAJNA PARAMITA HEART SUTRA**

The Heart of the Perfection of Great Wisdom Sutra



Avalokiteshvara Bodhisattva doing deep Prajna Paramita
Perceived the emptiness of all five conditions,
And was freed of pain. ◆
Oh Shariputra, form is no other than emptiness,
Emptiness no other than form;
Form is precisely emptiness, emptiness precisely form.
Sensation, perception, reaction, consciousness are also like this.
Oh Shariputra, all things are expressions of emptiness,
Not born, not destroyed; not stained, not pure; neither waxing nor waning.
Thus emptiness is not form;
Not sensation nor perception, reaction nor consciousness.
No eye, ear, nose, tongue, body, mind;
No color, sound, smell, taste, touch, thing;
No realm of sight, no realm of consciousness;
No ignorance, no end to ignorance;
No old age and death, no cessation of old age and death;
No suffering, no cause or end to suffering;
No path, no wisdom and no gain.
No gain - thus Bodhisattvas live this Prajna Paramita ◆
With no hindrance in the mind-
No hindrance therefore no fear.
Far beyond all such delusions, Nirvana is already here.
All past, present and future Buddhas live this Prajna Paramita ◆
And attain supreme perfect enlightenment.
Therefore know that Prajna Paramita is the holy mantra,
The luminous mantra, the supreme mantra, the incomparable mantra
By which all suffering is cleared.
This is no other than truth.
* Therefore set forth the Prajna Paramita mantra,
Set forth this mantra and proclaim:
Gate! Gate! ◆ Paragate! ◆ Parasamgate!
Bodhi Svaha! ▲

◆ ▲ ◆ **MAKA HANNYA HARAMITA SHINGYO** (Heart Sutra)

■
KAN JI ZAI BO SA
GYO JIN HAN-NYA HA RA MI TA JI
SHO KEN ◆GO ON KAI KU
DO IS-SAI KU YAKU
SHA RI SHI
SHIKI FU I KU
KU FU I SHIKI
SHIKI SOKU ZE KU
KU SOKU ZE SHIKI
JU SO GYO SHIKI
YAKU BU NYO ZE
SHA RI SHI
ZE SHO HO KU SO
FU SHO FU METSU
FU KU FU JO
FU ZO FU GEN
ZE KO KU CHU
MU SHIKI MU JU SO GYO SHIKI
MU GEN NI BI ZE-SHIN NI
MU SHIKI SHO KO MI SOKU HO
MU GEN KAI NAI SHI MU I SHIKI KAI
MU MU MYO YAKU MU MU MYO JIN
NAI SHI MU RO SHI
YAKU MU RO SHI JIN
MU KU SHU METSU DO
MU CHI YAKU MU TOKU
I MU SHO TOK-KO
BO DAI SAT-TA
E HAN-NYA HA RA MI TA ◆KO
SHIN MU KEI GE
MU KEI GE KO
MU U KU FU
ON RI IS-SAI TEN DO MU SO
KU GYO NE HAN
SAN ZE SHO BUTSU
E HAN-NYA HA RA MI TA ◆KO
TOKU A NOKU TA RA SAN MYAKU SAN BO DAI
KO CHI HAN-NYA HA RA MI TA
ZE DAI JIN SHU
ZE DAI MYO SHU
ZE MU JO SHU
ZE MU TO DO SHU
NO JO IS-SAI KU
SHIN JITSU FU KO
KO SETSU HAN-NYA HA RA MI TA SHU
SOKU SETSU SHU WATSU
GYA TEI GYA TEI
◆HA RA GYA TEI
HARA SO GYA TEI
◆BO JI SOWA KA
HAN-NYA SHIN GYO▲

◆ ▲ ◆ THE IDENTITY OF RELATIVE AND ABSOLUTE

Sandokai



The mind of the Great Sage of India is intimately conveyed from West to East.
Among human beings are wise ones and fools,
But in the Way there is no northern and southern Ancestor. ◆
The subtle source is clear and bright;
The tributary streams flow through the darkness.
To be attached to things is illusion;
To encounter the absolute is not yet enlightenment.
Each and all the subjective and objective spheres are related,
And at the same time independent.
Related, yet working differently.
Though each keeps its own place,
Form makes the character and appearance different.
Sounds distinguish comfort and discomfort.
The dark makes all words one;
Brightness distinguishes good and bad phrases.
The four elements return to their natures as a child to its mother.
Fire is hot, wind moves, water is wet, earth hard.
Eyes see, ears hear, nose smells, tongue tastes the salt and sour.
Each is independent of the other.
Cause and effect must return to the great reality.
The words high and low are used relatively.
Within light there is darkness,
But do not try to understand that darkness.
Within darkness there is light,
But do not look for that light.
Light and darkness are a pair
Like the foot before and the foot behind in walking. ◆
Each thing has its own intrinsic value
And is related to everything else in function and position.
Ordinary life fits the absolute as a box and its lid.
The absolute works together with the relative
Like two arrows meeting in mid air. ◆
Reading words you should grasp the great reality.
Do not judge by any standards.
If you do not see the Way, you do not see it even as you walk on it.
When you walk the Way, it is not near, it is not far.
If you are deluded, you are mountains and rivers away from it. ◆
I respectfully say to those who wish to be enlightened ◆
Do not waste your time by night or day! ▲

◆ ▲ ◆ LIBERATION FROM ALL OBSTRUCTIONS

In the presence of Sangha- in the light of Dharma- in Oneness with Buddha
May my path to complete enlightenment benefit everyone.

In this passing moment karma opens- ripens and all things come to be.
I vow to affirm what is.

If there is cost- I choose to pay - If there is need- I choose to give

If there is pain- I choose to feel - If there is sorrow- I choose to grieve

When burning- I choose heat - When calm- I choose peace

When starving-I choose hunger- When happy-I choose joy

Whom I encounter-I choose to meet- What I shoulder- I choose to bear

When it is my birth- I choose to live- When it is my death- I choose to die

Where this takes me- I choose to go-

Being with what is- I respond to what is

This life is as real as a dream- the one who knows cannot be found

And truth is not a thing- therefore I vow to choose THIS Dharma entrance gate

May all Buddhas and Wise Ones help me live this vow

EKO Sung: All Buddhas throughout space and time-

All Bodhisattvas, Mahasattvas

Wisdom beyond Wisdom

Maha, Prajna, Paramita ▲

◆ ▲ ◆ TOREI ZENJI: THE BODHISATTVA VOW

When I (a student of the Dharma) look at the real form of the universe,
all is the never-failing manifestation of the mysterious truth of Tathagata.
In any event, in any moment, and in any place,
none can be other than the marvelous revelation of its glorious light.

This realization made our founding teachers and virtuous Zen leaders
extend tender care, with the heart of worshipping, to animals and birds,
and indeed to all beings.

This realization teaches us that our daily food, drink, clothes, and protections
of life are the warm flesh and blood, the merciful incarnation of Buddha.
Who can be ungrateful or not respectful to each and every thing,
as well as to human beings!

Even though someone may be a fool,
be warm and compassionate.

If by any chance such a person should turn against us,
become a sworn enemy and abuse and persecute us,
we should sincerely bow down with humble language,
in reverent belief that he or she is the merciful avatar of Buddha,
who uses devices to emancipate us from sinful karma
that has been produced and accumulated upon ourselves
by our own egoistic delusion and attachment
through countless cycles of kalpas.

Then on each moment's flash of our thought there will grow a lotus flower,
and on each lotus flower will be revealed a Buddha.
These Buddhas will glorify Sukhavati, the Pure Land, every moment and
everywhere.

May we extend this mind over all beings
so that we and the world together
may attain maturity in Buddha's wisdom.

◆ ▲ ◆ **GATHA ON OPENING THE SUTRA**

The Dharma, incomparably profound and infinitely subtle,
Is rarely encountered even in millions of ages.
Now we see it, hear it, receive and maintain it;
May we completely realize the Tathagata's true meaning.

◆ ▲ ◆ **GREAT VOWS FOR ALL**

(Chant 3x, Bells on 3rd repetition only)

- ◆ Creations are numberless, I vow to free them.
Delusions are inexhaustible, I vow to put an end to them.
- ◆ Dharmas are boundless, I vow to master them.
- ◆ The enlightened way is unsurpassable, I vow to embody it.

◆ ▲ ◆ **GREAT VOWS FOR ALL (alternate)**

(Chant 3x, Bells on 3rd repetition only)

- ◆ Creations are numberless, I vow to free them.
Delusions are inexhaustible, I vow to transform them.
- ◆ Dharmas are boundless, I vow to experience them.
- ◆ The enlightened way is unsurpassable, I vow to embody it.

◆ ▲ ◆ **SHI GU SEI GAN MON** (Great Vows for All)

(Chant 3x, Bells on 3rd repetition only)

- ◆ SHU JO MU HEN SEI GAN DO
BON NO MU JIN SEI GAN DAN
- ◆ HO MON MU RYO SEI GAN GAKU
- ◆ BUTSU DO MU JO SEI GAN JO

EVENING GATHA

(JIKIDO only)

Let me respectfully remind you
Life and death are of supreme importance.
Time swiftly passes by and opportunity is lost.
Each of us must strive to awaken;
Awaken!!
Take heed; do not squander your life.

◆ ▲ ◆ **ENMEI JUKKU KANNON GYO** (Ten Phrase Prolonging-Life Kannon Sutra)
(Chant 3x, Bells on 3rd repetition only)

■
◆ KAN ZE ON
NA MU BUTSU
YO BUTSU U IN
YO BUTSU U EN
BUP PO SO EN
JO RAKU GA JO
CHO NEN ◆ KAN ZE ON
BO NEN ◆ KAN ZE ON
NEN NEN JU SHIN KI
NEN NEN FU RI SHIN ▲

◆ KANZEON!
At one with Buddha
Directly Buddha
Indirectly Buddha
Also indirectly Buddha, Dharma, Sangha.
Joyful, pure, eternal, being!
Morning mind is ◆ Kanzeon.
Evening mind is ◆ Kanzeon.
Nen, Nen arises from Mind.
Nen, Nen is not separate from Mind.

MORNING GATHA

Waking up this morning, I smile.
Twenty-four brand new hours are before me.
I vow to live fully present in every moment,
And look upon all begins with eyes of compassion.

--thich nhat hanh

◆ **MEAL GATHA**

First, seventy-two labors brought us this food;
We should know how it comes to us.

Second, as we receive this offering,
We should consider whether our virtue and practice deserve it.

Third, as we desire the natural order of mind to be free from clinging,
We must be free from greed.

Fourth, to support our life, we take this food.

Fifth, to attain our way, we take this food.

Patriarch's Lineage

Vipasyan Buddha Honored One
Shikhin Buddha Honored One
Visvabhu Buddha Honored One
Kracucchanda Buddha Honored One
Kanakamuni Buddha Honored One
Kasyapa Buddha Honored One
Shakyamuni Buddha Honored One
Mahakashyapa Honored One
Ananda Honored One
Shanavasa Honored One
Upagupta Honored One
Dhritaka Honored One
Michaka Honored One
Vasumitra Honored One
Buddhanandi Honored One
Buddhamitra Honored One
Parshva Honored One
Punyashas Honored One
Ashvaghosa Honored One
Kapimala Honored One
Nagarjuna Honored One
Aryadeva Honored One
Rahulata Honored One
Sanghanandi Honored One
Gayashata Honored One
Kumorata Honored One
Jayata Honored One
Vasubandhu Honored One
Manorhita Honored One
Haklenayashas Honored One
Aryasimha Honored One
Basiasita Honored One
Punyamitra Honored One
Prajnatara Honored One
Bodhidharma Honored One
T'ai-tsu Hui-k'o Honored One
(T'ai tsu Hway kuh)
Chien-chih Seng-ts'an Honored One
(Jien Jer Sung Tsan)
Ta-i Tao-hsin Honored One
(Da-e Dow shin)
Ta-man Hung-jen Honored One
(Da-man Hung-run)

Ta-chien Hui-neng Honored One
(Da-jien Hway-nung)
Ch'ing-yuan Hsing-su Honored One
(Chin-yuan Shin-su)
Shih-t'ou Hsi-ch'ien Honored One
(Sher-to Shi-chien)
Yao-shan Wei-yen Honored One
(Yow-shan Way-yen)
Yun-yen T'an-sheng Honored One
(Yun-yen Tan-shung)
Tung-shan Liang-chieh Honored One
(Dung-shan Li-ang ji-e)
Yun-Chu Tao-ying Honored One
(Yun-ju Dow-ying)
T'ung-an Tao-p'i Honored One
(Tung-an Dow-pe)
T'ung-an Kuan-chih Honored One
(Tung-an Guan-ger)
Liang-shan Yuan-kuan Honored One
(Li-ang shan Yu-an guan)
Ta-yang Ching-hsuan Honored One
(Da-yang Jing shu-an)
T'ou-tzu I-ch'ing Honored One
(To tzuh I-ching)
Fu-jung Tao-k'ai Honored One
(Fu wrung Dow kai)
Tan-hsia Tzu-ch'un Honored One
(Dan shia tzuch'n)
Chen-hsieh Ch'ing-liao Honored One
(Jun shi-e Ching-li-ow)
T'ien-t'ung Tsun-chueh Honored One
(Tein tung Sun ju-e)
Cho-an Chih-chien Honored One
(Juh an Jer jien)
T'ien-t'ung Ju-ching Honored One
(Tien-tung Ru-jing)
Eihei Dogen Honored One
Koun Ejo Honored One
Tetsu Gikai Honored One
Keizan Jokin Honored One
Gasen Joseki Honored One
Taigen Soshin Honored One
Baizan Monpon Honored One

Nyochu Tengin Honored One
Kisan Shosan Honored One
Morin Shihan Honored One
Shoshi Sotai Honored One
Kenchu Hantetsu Honored One
Daiju Soko Honored One
Kinpo Jusen Honored One
Kajin Sochin Honored One
Tetsuei Seiton Honored One
Shukoku Choton Honored One
Ketsuzan Tetsuei Honored One
Hoshi Soon Honored One
Goho Kainon Honored One
Tenkei Denson Honored One
Shozan Monko Honored One
Niken Sekiryu Honored One
Reitan Roryu Honored One
Kakujo Tosai Honored One
Kakuan Ryogu Honored One
Ryoka Daibai Honored One
Ungan Guhaku Honored One
Baian Hakujun Honored One
Taizan Maezumi Honored One
Tetsugen Glassman Honored One
Jinsen Kennedy Honored One

MATRIARCH'S LINEAGE

Prajna Paramita Honored One
Maha Maya Honored One
Ratna-vati Honored One
Shri-mala Honored One
Maha Paja-pati Honored One
Khe-ma Honored One
Pata-cara Honored One
Ut-tama Honored One
Bhad-da Honored One
Dhamma-dinna Honored One
Kisagotami Honored One
Dhamma Honored One
Suk-ka Honored One
Ub-biri Honored One
Uppalavanna Honored One
Su-mana Honored One
Pun-nika Honored One
Su-bha Honored One
Utpalavarna Honored One
Zong Chi (Tsung-ch'ih) Honored One
Shiji (Shih-chi) Honored One
Ling Xingpo (Ling Hsing-p'o) Honored One
Lingzhao (Ling-chao) Honored One
Liu Tiemo Honored One
Moshan Liaoran (Mo-shan Liaojan)
Honored One
Miaoxin (Miao-hsin) Honored One
Wujin Cang (Wu-chin-tsang) Honored One
Daoshen (Tao-shen) Honored One
Huiguang (Hui-kuang) Honored One
Gongshi Daoren (K'ung-shih Taojen)
Honored One
Yu Daopo (Yu Tao-p'o) Honored One
Huiwen (Hui-wen) Honored One
Fadeng (Fa-teng) Honored One
Wenzhao (Wen-chao) Honored One
Miaodao (Miao-tao) Honored One
Zenshin Honored One
Zenzô Honored One
E-zen Honored One
Kômyô Honored One
Eshin Honored One
Shôgaku Honored One
Ryônen Honored One

E-gi Honored One
Jô-a Honored One
Mugai Nyodai Honored One
E-kan Honored One
En'i Honored One
Shidô Honored One
Shô-zen Honored One
Mokufu Sonin Honored One
Ekyû Honored One
Myoshô Enkan Honored One
Sôitsu Honored One
E-shun Honored One
Satsu Honored One
Ohashi Honored One
Shôtaku Honored One
Bunchi Jo Honored One
Ryonen Gensho Honored One
Tei-jitsu Honored One
Jôrin Honored One
Mitsu-jô Honored One
Ko-kan Honored One
Dôkai Honored One
Sozen Honored One
Kendo Honored One
Eshun Honored One
Sasaki Honored One
Soshin Honored One
Myo-on Honored One
Gesshin Honored One
Houn Ji-yu Honored One