

HELP I don't know what to do with my life.

Not quite sure what to do with your life? *You're not alone.* Thousands, if not millions, of people are currently slaving away in unfulfilling careers- for no other reason than, "I really don't know what I would do if I quit." Assuming a 40 hour workweek, the average person will spend nearly 100,000 hours at work over their lifetime-that's a lot of time to spend doing something you hate! If your life is in a state of limbo, it's time to do some soul searching.

The first step towards finding a fulfilling career is identifying your strengths and passions. What excites you? What do you find yourself doing on the weekends when you're not working? What kinds of things do you enjoy doing *that others hate to do*? The best jobs are the ones that you enjoy-imagine getting paid to do something you love!

After you've identified your strengths and passions-whether it's computers, fixing old cars, political debates, or solving math problems-it's time to figure out how these things translate into a marketable skill. For example, if you enjoy debating, you're probably pretty good at the art of persuasion-maybe sales is a career path you should consider. If you absolutely love classic cars, consider taking tech classes to learn how to become a certified mechanic. If you enjoy math, you can become an engineer, accountant, architect-the possibilities are endless. The point here is that after you've identified what your strengths and passions are, you need to figure out how these translate into marketable skills-in other words, *find out how to get paid for doing what you love.*

If you can figure out how to get people to pay you for doing what you would probably do for free anyways (hey, you enjoy it!), you're well on your way to a happy and fulfilling career.

Good luck!

Employment **plus**

