Ebenezer Basketball Rules and Policies Ages 7 & 8

Objectives:

- To honor Christ in all of our actions and words and develop a Christian environment where fellowship recreation, and ministry can occur.
- To use the league as a tool to spread the gospel of Jesus and reach people for Christ.
- To develop within each participant patience, self-control, courage, good sportsmanship, team work and a Christian outlook toward competition.

Game Rules

- 1. Teams gather on the gym floor to say a prayer before each game and a prayer after each game. The home team coach is responsible for the prayer before the game and the visiting team coach is responsible for the prayer after the game.
- 2. The teams are to form lines to shake hands after each game.
- 3. The goal is 8 feet and the basketball size is 28.5.
- 4. Games will consist of four six minute quarters. The clock will stop only for shooting fouls, time outs, substitutions, and injuries.
- 5. There will be a one-minute intermission after the first and third quarters and a five-minute intermission between halves.
- 6. Each team will be allowed five time outs per game (maximum of three per half) for no longer than sixty seconds.
- 7. No lane violations will be called but, excessive time in the lane will result in a warning and an explanation of the violation.
- 8. No double teaming will be allowed while playing defense except in the lane.
- 9. No guarding in the backcourt. The defense can play the ball after the offense has crossed the half court line. The defense will allow room for the offense (the ball and ball handler) to cross the half court line. Failure to do so will result in a warning followed by fouls being called.
- 10. The offense has 10 seconds to cross half court and five seconds to put the ball in play across the top of the foul shot arc. Failure to do so will result in a warning by the official on the first offense and a change of possession on the second offense.
- 11. Fouls are called, players will be disqualified when 7 fouls are committed. Any player fouling with unnecessary aggression will be warned the first time by the referee and will sit out the rest of the game if the aggressive play continues.
- 12. On the seventh team foul of the half, teams will shoot one and one free throws. On the tenth team foul of the half the other team will be allowed two free throws.
- 13. No overtime.
- 14. Backcourt violations will not be called.
- 15. If a player is called for a violation such as traveling (taking more than two steps after they have stopped dribbling), the referee will explain the call to the player and the same team will retain possession by passing in-bounds. As season progresses, the referees will inform teams when basketball rules will be more strictly applied.
- 16. Clock does not start until the ball crosses half court during the last 30 seconds of the game (unless a team has a 10 point or more lead).
- 17. SC High School Athletic Association of Basketball rules apply in all other cases.

General Rules:

- 1. Spectators are not allowed on the court while the game is in progress.
- 2. Official decisions are final. There are no protests. Any complaints should be submitted in writing to the Director of the basketball league within 48 hours.
- 3. There will be at least one official per game.