



## PERSONAL DISCIPLE-MAKING PLAN

When we turn and follow Jesus, he transforms our minds, our desires, our wills, our relationships, and our ultimate reason for living. No longer do we live for ourselves, we live for him and it increasingly becomes our desire to glorify God in every part of our life. As followers of Jesus, we have given our lives to Jesus, and he has gifted us uniquely and given each of us his ministry of reconciliation (2 Cor 5:17-18). This is the ministry of making disciples for the glory of God (Mt 28:18-20, Acts 1:8). Every disciple of Jesus exists to make disciples of Jesus, here and among every tribe, tongue, people and nation. There are no spectator disciples. We are all born again to transform into the likeness of Christ and multiply the life of Christ in others. This is the will of God for every follower of Christ, so how are you going to live for the will of God?

The purpose of the questions below is to help you consider how the life of Christ in you might be multiplied through you in the world. We must be intentional. These questions will help you put on paper and in your heart, how you are going to live for the will of God the next 52 weeks. This is your effort in God's manifold grace to follow Jesus, grow in Jesus, serve Jesus, and multiply for the glory of Jesus this year. My prayer is that every follower of Christ in our church might have an intentional plan for making disciples.

So consider the following seven straightforward questions.<sup>1</sup> The questions have been categorized into three main sections: Disciples Grow, Disciples Serve, and Disciples Multiply. After a brief overview of the major questions, there are some additional questions to help you think practically about how you will follow Jesus this year. There is space under each question where you can record your answers. Please do not feel like you need to come up with new and creative things to do in response to each of the questions. It is helpful with many questions to simply identify normal patterns of Christian obedience that may already be present in your life. I hope and pray that this effort will serve you well as you consider what it means to be a disciple-making disciple of Jesus. I also hope that you will take time to share with me and within your small group how God moves through you this year as we follow him.

## DISCIPLES GROW

### **1. How Will I Fill My Mind with Truth?**

*The life of the disciple is the life of a learner. We want to constantly be in tune with the words of our Master. As he teaches us through his Word, he transforms us in the world. Consider a plan for reading, memorizing, and learning God's Word, but don't forget that disciples do these things not for information but for transformation. When we grow, it is in the application of what we know. So plan how you are going to fill your mind with truth and purpose to follow the One who is Truth.*

How will I read God's Word?



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How will I memorize God's Word?

How will I learn God's Word from others?

*Purpose this year to be actively engaged in worship and consider how to extend the teaching and application of the Word you have been taught with your family, friends, school, and work. Also, consider which of the multitude of small group offerings you will take advantage of this year.*

### **2. How Will I Fuel My Affections for God?**

*There is a dangerous tendency for spiritual discipline in the disciple's life to become mechanical and monotonous. Our aim is not simply to know God; our aim is to love God. The more we read his Word, the more we delight in his glory. Our aim in other spiritual disciplines is similar. As we worship, pray, fast, and give, we feel affection for God. It is impossible to separate true faith in Christ from profound feelings for Christ. So as disciples of Jesus, we intentionally worship, pray, fast, and give in order to feel affection for God.*

How will I worship?



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How will I pray?

How will I fast?

*Consider one meal during a day, then perhaps a full day, or longer. If you are physically unable to fast (truly unable, not simply unwilling to try), consider fasting by putting away an item you regularly use like a cell phone or social media.*

How will I give?

*Are you tithing? Tithing is a spiritual discipline that glorifies God and advances the Gospel in our community and throughout the world. Tithing is an equal sacrifice, not a equal amount. If you are not a regular tither, consider how God is leading you to trust him at all times, both when money is tight as well as when we think we have an abundance. If you are a regular tither, consider how God may be leading you to give an offering above your regular tithe.*

## DISCIPLES SERVE

### **3. How Will I Show God's Love through Service as a Member of this Church?**

*Followers of Christ live counter culturally. The Bible flies in the face of American individualism and church consumerism, prompting followers of Christ to ask the question, "Am I committed to a local church where I am sharing life with other followers of Christ in mutual accountability under biblical leadership for the glory*



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*of God?" To follow Christ is to love his church, and to serve his church in a local faith family. It is biblically, spiritually, and practically impossible to be a disciple of Christ (much less make disciples of Christ) apart from total devotion to a family of Christians.*

Where in the church you can best plug into disciple-making community, primarily through a small group? Have you been a regular attender for a while? Consider how God wants you to become a covenant member of this faith family. Also consider how you can help reach our community by becoming an engaged and actively multiplying member of one of a small group this year.

What things can you do to build up the body of Christ by serving in the ministries of the church as a whole and serving within a small group?

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## DISCIPLES MULTIPLY

### **4. How Will I Share God's Love as A Witness where He has Put Me?**

*God's will in the world and for our lives is to spread His gospel, grace, and glory to all peoples. Instead of asking what God's will is for our lives, disciples of Jesus ask, "How can my life align with His will for me to be His witness in the world?" Every person that God has graciously put around you is a sinner eternally in need of a Savior. You were once that person, yet someone intentionally sought you out to share the gospel with you. And now this is the purpose for which God has graciously created, saved, and blessed you. So with the Word of God in your mouth and the Spirit of God in your heart, end your quest to find God's will by deciding today to follow it.*



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Who are 3 to 10 unbelievers God has placed in your life that you can begin specifically praying for God, through the power of his Spirit, to draw them to his salvation and to use you to share the gospel with them?

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How can you begin to intentionally and effectively share the gospel with the people you identified above?

As you think about the people you identified above, consider when you might intentionally share the gospel with them (i.e., over a meal, during an activity together, after inviting them to a worship gathering, etc.)

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### **5. How Will I Spread God's Glory among All Peoples?**

*The eternal purpose of God is to save people through Christ. The clear commission of Christ for every single disciple is to make disciples of all nations. So regardless of where you live, how is your life going to impact not just this nation but every nation, tribe, tongue, and people in the world? This is not a question for extraordinary missionaries; this is a question for ordinary disciples. God wants his will to be accomplished through us more than we do. And as we follow him, He will lead us to the people, places, and positions where we can most efficiently make disciples of all nations for the glory of his name.*



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How will I pray for the nations?

How will I sacrificially give to the nations?

*Will you spend your family time on mission this year?*

How will I go to the nations?

### **6. How Will I make Disciples Makers among a Few People?**

Jesus spent his life investing in a few people in order to change the world for his glory. His strategy for reaching all peoples was clear: to make disciple makers among a few people. Regardless of where we live or what we do for a living, the task we have is the same. No Christian is excused from the command to make disciples, and no Christian would want to escape the delight of this command. So every one of us looks around and asks, "How will I make disciple makers among a few people?"



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Who will I build relationships with this year?

*Consider two or three people God has placed in your sphere of influence with whom you can spend intentional time with in order to lead them to make disciples.*

How will I bring them to Jesus?

*Consider how can you teach the few people above to obey everything Christ has commanded. Focus on seeing their transformation.*

How will I model obedience?

*Identify intentional ways in which you will serve the people listed above and model before them what it means to follow Christ. Include specific ways that you will intentionally guard and cultivate purity and Christlikeness in your thoughts and actions as a disciple-making disciple of Jesus.*



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How will I help them be disciple makers?

### **7. Who will hold me accountable?**

*How can you be a part of an accountability partnership where there is mutual love, encouragement and accountability for your life in Christ?*

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<sup>1</sup> The framework for these questions was first supplied by David Platt ([http://www.brookhills.org/contribute/Personal\\_Disciple\\_Making\\_Plan\\_FINAL.pdf](http://www.brookhills.org/contribute/Personal_Disciple_Making_Plan_FINAL.pdf)). They have been modified for Dutch Cove Missionary Baptist Church.