THE HEART WITH CONTENTMENT  
PSALM 131

Introduction:

David shares with us one of the secrets of his successful life—he developed a contented heart. He learned how to rest in the Lord. These words could truly have been sung by the greater Son of David. He demonstrated a life that possessed a heart with contentment. There are not many examples of this kind of heart in our world. We are the people with restless hearts, always driven for something more.

Learn from David.

I. THE HEART WITH CONTENTMENT AVOIDS PRIDE.

1. Pride begins in the heart.

2. Pride affects our relationships with others.

3. Pride fills us with vain ambition.

II. THE HEART WITH CONTENTMENT TRUSTS IN THE LORD.

1. Trust in the Lord must be learned.

2. Trust in the Lord relies on Him for everything.

It relies for both position and provisions.

3. Trust in the Lord rejoices in Lord.