

# SMALL GROUP: HIGH SCHOOL

CATCHING FIRE:  
SWEETER THAN HONEY

XP3

Week  
2

leadsmall.

**BOTTOM LINE: WORDS HELP HEAL.**

## SCRIPTURE REFERENCES:

*Pleasant words are a honeycomb, sweet to the soul and healing to the bones (Proverbs 16:24 NIV84).*

## GOAL OF SMALL GROUP:

**To help students understand the significance and power of saying kind words to other people; and to help them be intentional about complimenting others.**

*Create meaningful conversation. Adjust questions as needed, and don't feel like you need to answer all of them.*

## FROM THE TENSION

1. Look at your texts over this past week. Were more of your words positive or negative?
2. Why is it difficult to say encouraging things to other people?

## FROM THE TRUTH

3. Talk about a time when your words helped someone else feel better.
4. Can you think of an encouraging thing someone else said to you recently? If so, what was it? *(Leaders, let your students know that it could've been as simple as, "I like your shirt." Don't make everyone answer).*
5. Can you think of something encouraging someone else said to you that you'll never forget? If so, what was it?

## FROM THE APPLICATION

6. How does complimenting other people benefit you?
7. Think of some people that could really benefit from your compliments this week. What are some simple things you could say to encourage them?

## NEXT STEP

*Leaders, at some point this week, follow up with your students and remind them of question #7.*