



COUNSELING SELF CONFRONTATION

CLASS DATES: Tuesday classes; April 10, 17, 24; May 1, 8, 15, 22, 29; June 5, 12, 19, 26;
from 7:00PM TO 9:00PM

INSTRUCTOR: Dr. Sabrina D. Black, [REDACTED], www.sabrinablack.com

CLASS ASSISTANT: TBA

TEXTBOOKS:

Text #1 Tan- *Lay Counseling: Equipping Christians for a Helping Ministry*
ISBN 0-310-52931-X

Text #2 Black: *Live Right Now: Honest Answers to Life's Tough Questions*
ISBN 978-1-57293-816-8

COURSE DESCRIPTION:

This course is designed to help prepare you to become a Biblical Counselor in the Body of Christ (BCBC). This course is for those who are compassionate, caring and concerned about seeing people's lives enriched by healing past issues, equipped by applying Biblical truth to current life issues, and empowered by experiencing the abundant life to fulfill their Kingdom dream. This course is foundational in addressing the need for counseling in the world, the church and each counselor's personal life. Some of the many topics will include the role of the Holy Spirit; becoming a counselor; ethics, procedure and protocol; understanding yourself; the process of change, utilizing scripture, theories on counseling, life span development, family dynamics and much more.

COURSE OBJECTIVES:

Students will examine and explore the discipline of counseling, the need for counseling and various approaches utilized to meet the need. Students will also examine their own lives and make application of the principles and concepts in their own lives as they prepare to counsel others. The primary objective is to increase student confidence in the Word of God as a primary tool for Biblical Counseling in the local church.

GRADING SCALE:

QUIZZES: 100 points (There will be 10 quizzes which are worth 10 points each)

READING: 100 points (Students will submit a class reading report due April 1 along with a written chapter by chapter outline of Text #1 and Text #2)

WRITING ASSIGNMENTS: 200 points – Students will be responsible for writing 2 papers (5-7 pages in length) which are worth 100 points each. Students may select from the following four topics:

1. Considering the dynamics of “understanding yourself,” what are some areas in which you will need to monitor and grow as a counselor.
2. What has been the Impact of Christ and Christianity on your personal “Development over the Life Span“
3. In the text “Help for Your Leadership” the question is asked, “Where do leaders go for support when they reach the edge?” Respond to this question based on your personal experience and incorporate the HELP outline for counseling.
4. After reading the text on “Lay Counseling,” what recommendations would you make on establishing the counseling ministry at Evangel? And what gifts do you have that can be of benefit in the development of the ministry?

CLASS PARTICIPATION: 100 points (Students are expected to be vocal and active; It is your responsibility to engage the text and interact in class).

ATTENDANCE POLICY: In accordance with The Detroit Bible Institute policy all students must attend a minimum of 10 classes in order to receive credit for the course. Excused absences are considered at the discretion of the instructor and will not count against the student. In the event that a student does have an excused absence, instructor reserves the right to assign extra homework and reading to make up for lecture time missed by the student.

GRADING POLICY: Students must complete a minimum of 75% of all course work in order to pass (375 points are required in order to pass class).

Letters	Grade Points	Grade Scale
A	4.0	95-100
A-	3.7	90-94
B+	3.3	87-89
B	3.0	84-86
B-	2.7	81-83
C+	2.3	79-80
C	2.0	77-78
C-	1.7	75-76
F	0	0-74

BEHAVIOR POLICY: Students will fail course and may be dismissed from class if they are found cheating, being dishonest about work done in course, harassing other students or demonstrating destructive behavior.

COURSE OUTLINE:

April 10, 2018

- The Need for Counseling

April 17, 2018

- The Ministry of Counseling / The Role of the Holy Spirit

April 24, 2018

- Ethical, Legal and Procedural Issues in Counseling

May 1, 2018

- Becoming a Counselor / Being Helpful
 - Selection Criteria
 - Understanding Motives
 - Building Rapport and Relationship

May 8, 2018

- Understanding Yourself
 - Learning Styles
 - Personality Assessments
 - Belief Systems

(PAPER #1 DUE)

May 15, 2018

- The Process of Change
 - The Need for Homework

May 22, 2018

- Theories on Counseling
 - Historical Context
 - Theology vs Psychology
 - Helpful Concepts

May 29, 2018

- Life Span Development
 - Infancy, Childhood, Adolescence
 - Adulthood
 - Eldercare
 - Gender Issues / Male & Female

June 5, 2018

- Family History Dynamics
 - Family Systems

June 12, 2018

- Intake, Assessments and Diagnosis

June 19, 2018

- Spiritual Maturity and Discipleship
- (PAPER #2 DUE)

June 26, 2018

- **Personal Growth and Development**
- (READING REPORT DUE)