Journaling is an excellent way to both record and process what God has spoken to us. It’s also a useful tool to use at a later time, to reflect on and review some of the ‘gems’ that you have received. Without writing them down, you may forget those blessings and some very important lessons!

As you journal use this simple format called S.O.A.P.

**SCRIPTURE**
Open your Bible to the reading found under today’s date that is provided for you with the Destiny Daily Discipline reading guide — this guide will help you systematically read through the Bible every year. As you read your daily reading, allow God to speak to you. While you are reading the Holy Spirit will highlight a verse or two that you will want to think through further. When you are done, look for a verse that particularly spoke to you that day, and write it in your journal. Try to limit it to one or two verses of scripture.

**OBSERVATION**
What do you think God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Paraphrase and write this scripture down in your own words, in your journal.

**APPLICATION**
Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or corrections for a particular area of your life. Write how this scripture can apply to you today.

**PRAYER**
This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say! Now, write it out.

**EXAMPLE JOURNAL ENTRY ON REVERSE SIDE…**

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**SCRIPTURE**
“When the LORD your God brings you into the land he swore to your fathers, to Abraham, Isaac and Jacob, to give you—a land with large, flourishing cities you did not build, houses filled with all kinds of good things you did not provide, wells you did not dig, and vineyards and olive groves you did not plant—then when you eat and are satisfied, be careful that you do not forget the LORD, who brought you out of Egypt, out of the land of slavery” (Deuteronomy 6:10)

**OBSERVATION**
God would not warn us of this tendency if it were not a real possibility to forget God when we are blessed. It seems as if the only time the people of Israel sought the Lord was when they were in dire straits… when they were famished or impoverished. The tendency is not only for the Israelites. It is for us as well.

Often our greatest test in life is not poverty. It is prosperity. That is when we get bored and we lose our focus, our edge of obedience and our deep love for Christ.

**APPLICATION**
God promises to bless us, but when He does, will I steward it well? Many people never survive success. But I must. If I am going to use His blessings for the good of many, I must give away as much as I can to help other people come to Christ and so that they become great leaders. I must not think that success is something to be gained, it is something to be used for His glory and for the Kingdom’s advance.

**PRAYER**
Lord Jesus, thank you for our great church family of New Hope. You have given us so much, and now it is time to use it to reach others with the Gospel and to train young emerging leaders with the Good News. Please help me to take whatever success you have entrusted to us and now use it to bless you and to equip people.