

Love Talk 1 - Communication Basics

Healthy relationships require a commitment to selflessly serve, truthfully communicate, graciously forgive, and enduringly remain connected with and for the sake of another.

COMMIT TO MORE & BETTER COMMUNICATION

“Do not use harmful words, but only helpful words, the kind that build up and provide what is needed, so that what you say will do good to those who hear you “ Ephesians 4:29 (GNB)

“How wonderful it is to say the right thing at the right time” Proverbs 15:23 (NASB)

LEARN TO REALLY LISTEN

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires James 1:19-20 (NLT)

CAREFULLY WATCH YOUR WORDS

A gentle answer turns away wrath, but a harsh word stirs up anger. Proverbs 15:1

BUILD RELATIONSHIPS ON A FOUNDATION OF FAITH

Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken. - Ecclesiastes 4:12 (NIV)

FURTHER RESOURCES:

Love Talk, Drs. Les & Leslie Parrott, Zondervan 2004 (www.RealRelationships.com)

Communication: Key to Your Marriage, Dr. H Norman Wright, Regal Books, 1974

The Friendship Factor, Alan Loy McGinnis, Augsburg Publishing, 1979