

Preparation for a FREE ME Seminar

What is a FREE ME Seminar?

The FREE ME Seminar is a truth encounter with the living God. You will be led through a process whereby you will receive instruction and impartation concerning God's heart of love for you and His amazing purposes for your life. You will be taught biblical foundations that will be essential to your spiritual, mental and emotional well-being for the rest of your life. The resource used in this encounter is "The Steps to Freedom in Christ" written by Neil Anderson. The pre-printed guide addresses 7 basic areas:

- 1] **Counterfeit vs. Real** – Acknowledging past or present involvements in any counterfeit spiritual guidance or cult/occult activity or participation.
- 2] **Deception vs. Truth** – Acknowledging areas where the heart has been deceived and recognizing any defense mechanisms or other hindrances to receiving truth.
- 3] **Bitterness vs. Forgiveness** – Listing any and all persons with whom you have been offended or hurt in order to extend forgiveness and be free from bitterness.
- 4] **Rebellion vs. Submission** – Recognizing any patterns of rebellion against spiritual authorities in your life and repenting of such words or actions.
- 5] **Pride vs. Humility** – Addressing strongholds of pride or willfulness that have hindered your spiritual growth and maturity.
- 6] **Bondage vs. Freedom** – Acknowledging areas where the flesh has ruled, specifically sexual sins and addictions.
- 7] **Curses vs. Blessings** – Recognizing generational patterns/curses and declaring blessing over your household and family.

The printed guide uses written prayers, scriptural references and personal declarations to help guide throughout the steps. You will be paired with someone else (men with men, women with women) who will lead you through this process after a short time of instruction for each step. Each step will include about 15–20 minutes of instruction and 30 minutes of prayer.

The most critical factor in receiving freedom is your choice to bring things into the light to allow God to speak truth and release healing. This can be difficult at times, but it is essential to maintain an open heart to overcome past patterns of sin and defeat the enemy of your soul. Please know that anything that is shared will not be used against you nor will anyone think less of you. The goal of the FREE ME Seminar is for you to see yourself as Christ sees you and start walking in the freedom He has already won for you. His part has already been done through the finished work of the cross and His resurrection. Your

"Christ hath made us free, and be not entangled again with the yoke of bondage." - Galatians 5:1

part is to align your mind and heart with the truth and remove the roadblocks to your personal relationship with Him.

How to prepare

1] If possible, read Neil Anderson's books "The Victory Over the Darkness" and/or "The Bondage Breaker". These books will stir your heart and build your faith for what God can do in your own life. Principles from the Freedom steps will be illustrated through the testimonies of others who have experienced breakthroughs from strongholds and generational bondages.

2] Dedicate this season to the Lord through consistent prayer and reading of His Word. As you ask Him to guide this process, He will begin to direct your thoughts and life towards the specific areas that He wants to bring freedom in.

3] Ask at least one other person to be in prayer for you before, during and after the FREE ME Seminar. The enemy of your soul does not want you to be free and proper prayer covering will assure your protection and success in this process.

4] If not already involved in one, pursue joining a small group (LIFE group) for further prayer support and accountability. The Freedom encounter is but one step in the process. Maintaining your freedom will be just as critical as getting it. Find a friend or two that will be able to hold you accountable for the things God reveals to you in this process.

It is our hope that by going through this FREE ME Seminar you will be more thoroughly equipped and empowered as a child of God to live your life to the fullest. The principles learned through the seminar can serve as a reference point for issues that continue to surface in your life journey. As you stand on the truth of God's Word for your life, you will not only recognize the schemes of the devil that come against you, but you will become more emboldened to wield the sword of truth against him.

"It is for freedom that Christ has set us free.

Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery." (Galatians 5:1)

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