

Freedom Appointment Description & Application Process

What is a Freedom Appointment?

A Freedom Appointment is not a counseling appointment, but a truth encounter with the living God through prayer and Spirit-led facilitation. We offer two different ministry approaches:

The Seven Steps to Freedom in Christ by Neil Anderson

- This approach is a comprehensive overview of your beliefs, practices and current condition with the Lord. It is like a “physical check-up” to help you get things back on track. This can take anywhere from 3–6 hours, depending on the issues that surface.

Restoring the Foundations by Chester & Betsy Kylstra

- This is an *issue-focused* session looking at one particular issue in your life that has become a stronghold. This usually takes from 2–3 hours.

In both of these ministry approaches printed guides are used with written prayers, scriptural references and personal declarations to help walk throughout the process. A Freedom Facilitator will lead you through this process along with an Intercessor who will provide additional insight and prayer covering (women with women, men with men). Everything shared in the appointment is confidential; however there may be times when counsel will be sought from the overseeing pastor.

Seven Steps to Freedom

The first step in getting free is repenting of any known sins or sin patterns in your life. You will be led through a process whereby you will be asked to confess and repent of revealed sins according to Scriptural foundations. This will be essential to your spiritual, mental and emotional well-being for life. The ministry session addresses 7 basic areas:

- 1] **Counterfeit vs. Real** – Acknowledging past or present involvements in any counterfeit spiritual guidance or cult/occult activity or participation.
- 2] **Deception vs. Truth** – Acknowledging areas where the heart has been deceived and recognizing any defense mechanisms or other hindrances to receiving truth.
- 3] **Bitterness vs. Forgiveness** – Listing any and all persons with whom you have been offended or hurt in order to extend forgiveness and be free from bitterness.
- 4] **Rebellion vs. Submission** – Recognizing any patterns of rebellion against spiritual authorities in your life and repenting of such words or actions.
- 5] **Pride vs. Humility** – Addressing strongholds of pride or willfulness that have hindered your spiritual growth and maturity.
- 6] **Bondage vs. Freedom** – Acknowledging areas where the flesh has ruled, specifically sexual sins and addictions.
- 7] **Curses vs. Blessings** – Recognizing generational patterns/curses and declaring blessing over your household and family.

Restoring the Foundations (RTF)

In this 2–3 hour session, the particular issue you are struggling with will be looked at from four different angles:

- 1] **Generational Patterns** – Identify unhealthy family patterns (“curses”) pertaining to this issue to break their power over your life.
- 2] **Ungodly Beliefs** – When a stronghold becomes *familiar* to us, we develop beliefs that are usually contrary to God’s truth. This step helps to “convert” those beliefs to the truth which sets you free.
- 3] **Healing of Hurts and Wounds** – We invite the Holy Spirit to reveal the Father’s love and presence at the point of pain to bring healing and a fresh perspective on God’s involvement in those places.
- 4] **Deliverance** – Strongholds are usually empowered by demonic oppression. Once the curses are broken, truth is revealed and hurts healed, the enemy no longer has any “right” to stay!

Requirements before applying for a Freedom Appointment:

- 1] Determination to make the necessary lifestyle changes to maintain freedom.
- 2] Involvement in a small group for ongoing support and accountability.
- 3] Part of a local church which provides spiritual covering and oversight.
- 4] Watch the video clip available on the Crossroads website introducing both Seven Steps and/or RTF (depending on which you are applying for). Look under “Resources” and “Freedom in Christ”

If these requirements are met, these are the steps for applying for an appointment:

- 1] **Fill out the necessary APPLICATION** along with a **Ministry Fee of \$50** made payable to CCC.
 - The Seven Steps application is called the *Confidential Personal Inventory*.
 - The RTF application is called the *Issue-Focused Personal Questionnaire*.Turn these in to the church office and someone will contact you for scheduling.

2] Upon approval, you will **receive a copy of the booklet** used to guide the Freedom Appointment to help you prepare. If going through the Seven Steps, you will be encouraged to read either “Victory Over the Darkness” and/or “The Bondage Breaker”. These books provide testimonies and living examples of the principles used. Copies are usually available for loan in the Church Library.

3] **Prepare your heart** by reading the materials and seeking the Lord in prayer. If possible, ask one other person to **pray for you** during this time (or your small group).

4] About 2 weeks **after the Freedom Appointment**, you will receive an email with some follow-up questions to assist you in your ongoing journey. You will be encouraged to share your experiences with your small group or close friends to strengthen your faith and receive the necessary support for long-term spiritual health.