INTRODUCTION
In life, we’re not on a “truth” quest, we’re on a “happy” quest. We often make decisions that will make us happy as oppose to providing us with what is morally and/or righteously true. When we make a choice, we tend to follow our hearts to make us happy. As we live out our choice, we find there wasn’t much truth in our choice. Consider these while discussing the following questions:

DISCUSSION QUESTIONS
1. What makes you happy? Where does happiness come from for you?
2. Pastor Micah said when we want something, we start listening to our heart. And sometime what we want today, we do not want tomorrow. Why is listening to our heart problematic?
3. Looking at the past decisions have you ever thought, “what was I thinking?” Were you seeking “truth” in your decision?
4. According to the Prophet Jeremiah, our heart can be deceitful. Instead of listening to our heart for guidance, what sources can we turn to? What sources do you recommend people to use who are struggling to make an important decision? (Some examples: Prayer with God, Family members, Small group, etc.).
5. Pastor Micah told us during a tough decision ask yourself, why am I doing this…really? However, this can be a tough question to answer for us. Why do you think it is so difficult to be honest with yourself?
6. Why is it so difficult to be honest with God?
7. What would be the result of being honest with both?

THINKING FORWARD
Consider a decision you’re about to make, or that you have made recently. Remember what Micah told us to do:

1. Get alone
2. Look yourself in the mirror
3. Ask yourself, “why am I doing this…really?”

VERSE TO GO
The heart is deceitful above all things and beyond cure. Who can understand it? (Jeremiah 17:9)

PRAYER
As you close in prayer, consider what God may be trying to do in your life. Pray for the confidence in Him to accomplish His will over your heart’s desires.