



Good morning! Great to see you at church!
You should come to small group Bible study on Monday or Tuesday to dig deeper into what REST in God looks like!

Opening Prayer

Thank God for being present. Ask him to let his truth shine through. Ask him to humble us so we can learn from him.

Getting To Know Each Other

Tell a story from your life about something bad that happened to you, but that God used for good.

Points to Ponder

Of the three ways that people typically deal with discontentment (working harder, detaching, or changing the standard of contentment), which do you fall into most often?

Read Mark 8:31-38. Why is it still a difficult for us to accept?

We have more resources and comforts than any other time in history. Why is every one of us still discontent sometimes?

What can we say to someone going through tragedy from Philippians 4:4-13?

It is best to plan a regular time daily for reading the Scripture (thinking about Jesus) and prayer (petitions with thanksgiving). As a group, share your scheduled time to do both every day this week. Then, encourage each other this week to hold on to this commitment until your next "circle."

Next Steps

- I will start every prayer I say this week with thanks.
- I will start a Bible reading plan on my Bible app, so I can think more about Jesus.
- I will share my current discontentment or tragedy with my "circle" this week.

Closing Prayer Requests

Tonight, close by praying Proverbs 30:7-9.