

**Beth Moore's study, *Stepping Up: A Journey Through the Psalms of Ascent***, is an in-depth look at 15 Psalms. Just as a song or poem can express feelings of fear, doubt, hope, and joy, these 15 psalms model how study participants can voice their own petitions and praises to our God, who is always available and ready to hear us.



Explore the major feasts of Israel and journey with Beth through Psalms 120-134 in this 7-session study. Themes such as unity, joy and gratitude, redemption, repentance, the power of blessings, facing ridicule, and more are explored in detail. Modern-day believers can learn much from these treasured Psalms in their journey toward greater intimacy with God.

**The kit contains:**

- 4 DVDs (7 teaching segments and bonus content)
- 1 Member Book
- 1 Leader Guide