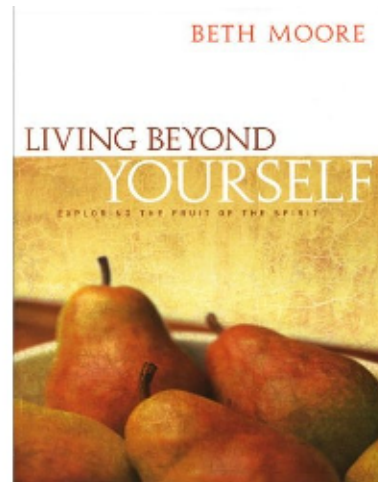


You can know the freedom of a life filled with the fruit of the Spirit. In *Living Beyond Yourself*, noted Bible teacher and author, Beth Moore, leads an in-depth study of the fruit of the Spirit—living proof that the Spirit of God dwells within us.

Through her passionate writing and teaching, Beth provides Biblical instruction from the book of Galatians, emphasizing Galatians 5:22-23. Personal study, teaching sessions, and other features will equip and empower you to live by the Spirit, be led by the Spirit, keep in step with the Spirit, and be filled with the Spirit.

As study participants, you, Beth, and thousands of people from around the world will explore the characteristics of the fruit of the Spirit and what it means to live by the Spirit during this 11-session, 10-week Bible study. Though directed to women, this study is beneficial for gender-mixed audiences.



The kit contains:

- Six (6) DVD's consisting of 10 lessons approximately one (1) hour in length.
- A Leader Guide

Lessons in the Series:

Disc 1

- Promotional Segments
- Introductory Session (1:04 hrs.)
- Bonus Features

Disc 2

- Week 1 — Free at Last! (1:08)
- Week 2 — To Live by the Spirit (1:03)

Disc 3

- Week 3 — Greatest of These is Love (1:07)
- Week 4 — The Joy of the Lord Is Our Strength (1:01)

Disc 4

- Week 5 — Peace Be with You (1:07)
- Week 6 — A Composite of Peculiar Patience (1:09)

Disc 5

- Week 7 — The Kindness and Goodness of God (1:06)
- Week 8 — Keep Believin' (1:07)

Disc 6

- Week 9 — Gentle Giants (1:06)
- Week 10 — The Crucible of Self-Control (1:10)