

# *It's All About God*

## **Session #7 – Excellencies of Christ**

“Christ Jesus had many enemies. First and last, they heaped upon him every indignity and injustice they could devise. They reviled him, but he reviled them not. They sinned against him, but he treated everyone with kindness and courtesy. Enemies hated him with the bitterest kind of hatred, but they could not make Jesus hate in return. Finally, they nailed Him to a cross, and mocked him in his shame and suffering. But Jesus answered their malice with a prayer to God, “Father forgive them, they know not what they do.”

- E. H. Ljams, *Principles for Victorious Christian Living, Vol. 4, 1968*

### **Thinking It Over**

What are some “pet peeves” you have (things people do that really upset you)?

Why is it so hard to respond in a Christian way to those actions?

2 Peter 1:5-7 gives a list of qualities Christians should display (faith, goodness, knowledge, self-control, perseverance, godliness, brotherly kindness, and love). What are some urgent demands you have on your schedule? How do those demands make it difficult for us to display these qualities?

### **Exploring the Text**

Read Mark 5:21-43. List the obstacles Jesus encounters on His way to healing this young girl.

Can you think of contemporary versions of those obstacles?

How does Jesus display the qualities mentioned earlier in the chapter?

### **Bringing It Home**

Think about the Christ-like qualities we have focused on this week – have you seen one of these qualities in action recently? How did you see it?

Is there one you need to focus on developing this week? Write below how you can do that.