



C O R N E R S T O N E

Sermon Based Study Guide

Fresh Start: Part 2

1 Kings 17-19

January 7, 2018 – Chris Hay

Leader's Guide: Do not feel like you need to use all these questions for your CG discussion. Pick and choose what you think would be best for your group. After listening to the sermon, you may have your own points for discussion.

Here is the link to the sermon podcasts and archives of these Study Guides:

<http://cornerstonesimi.com/#/resourcesmediaclasses>

1. Discuss as a group what it means that God is sovereign over all things. Do you believe that He orchestrates the droughts in life? What are the implications of believing it or not? Discuss what it means to believe, or not believe, that He is the never-ending Source of everything we need?
2. What are some steps you can take this year to slow down so you can have more time to “be still”? What things do you need to say ‘no’ to? Let your group hold you accountable to reducing busyness in your life for 2018.
3. Discuss God’s Six-Part plan for Elijah. How can you make this work in your life? Share with the group specific steps you plan to take to implement this plan.
 - a) Eat good food.
 - b) Sleep.
 - c) Eat more good food.
 - d) Sleep some more.
 - e) Spend extended time alone with God.
 - f) Draw on your spiritual community.
4. Think about the times you tend to be more vulnerable to attack because you are exhausted or discouraged (e.g. in the evening after the workday, or after a stressful staff meeting, or Friday evening after a long week, etc.). How can you build time into your schedule to be still and recover?
5. If you have time in your group, share stories of times that God provided for you in very unexpected ways. Did you wish He provided differently? Do you see the wisdom of Him providing in the way He did?