Joseph Is an Excellent Servant in Potiphar’s House • Lesson 2

God helps us do our best.

Bible Verse
“He [God] is our help and our shield” (Psalm 33:20b).

Growing Closer to Jesus
Children will
- affirm each other for things they do well,
- act out the story about Joseph in Potiphar’s house,
- teach Pockets that God helps her do her best, and
- thank God for helping them do their best.

Teacher Enrichment

Bible Basis

**Joseph is an excellent servant in Potiphar’s house.**

**Genesis 39:1-6**

After Joseph’s brothers sold him as a slave to the Midianites, he was taken to Egypt and sold to Potiphar, an official in the Egyptian government. God blessed Joseph as he served in Potiphar’s home and gave him success in everything he did. Soon Potiphar noticed Joseph’s excellence and rightly attributed it to God’s favor. Joseph’s outstanding service in Potiphar’s household earned him the advanced positions of personal attendant to Potiphar and finally overseer of the entire household.

Given his circumstances as a slave, Joseph could have sulked, could have become bitter—could have even turned against God. But he didn’t. Joseph remained faithful to God, obeying his laws and doing his best, no matter what the circumstances.

And God remained faithful to Joseph. God helped Joseph do his best and gain notice and distinction. Through Joseph, God blessed Potiphar and his entire household. At all times, God was faithful to Joseph and helped him to do his best.

Prayer
- Read Philippians 4:13.
- How do you do your best when teaching your class?
- Pray: God, I want to do my best for you and the students you bring me. Help me to honor you by... Help me, Lord, to always do my best to your glory, and to be a model to these children so they’ll want to do their best to honor you.
**Before the Lesson**
- Collect the necessary items for the activities you plan to use. Refer to the Classroom Supplies and Learning Lab Supplies columns to determine what you’ll need.
- Make photocopies of the “Today I Learned…” handout (at the end of this lesson) to send home with your children.
- Pray for the children who will be attending your class.

### This Lesson at a Glance

<table>
<thead>
<tr>
<th>What Children Will Do</th>
<th>Classroom Supplies</th>
<th>Learning Lab Supplies</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Welcome Time</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Welcome!—Receive name tags, and be greeted by the teacher.</td>
<td>“Heart Name Tags” (p. 23), markers, pins or tape</td>
<td></td>
</tr>
<tr>
<td><strong>Let’s Get Started</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Option 1: The Best—Act out doing their best.</td>
<td>Paper, marker, hole punch, yarn or string, toys, various household items such as dishes and pillows</td>
<td></td>
</tr>
<tr>
<td>Option 2: Build It—Build houses with blocks.</td>
<td>Blocks</td>
<td></td>
</tr>
<tr>
<td>Option 3: Target Toss—Do their best as they toss the glow ball at a target.</td>
<td>Chalk or dry-erase marker, chalkboard or dry-erase board, damp cloth</td>
<td></td>
</tr>
<tr>
<td>Pick Up Our Toys—Sing a song as they pick up toys, and gather for Bible Story Time.</td>
<td>CD player</td>
<td></td>
</tr>
<tr>
<td><strong>Bible Story Time</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Setting the Stage—Be in the spotlight, and share positive things about each other.</td>
<td>Flashlight</td>
<td></td>
</tr>
<tr>
<td>Bible Song and Prayer Time—Sing a song, bring out the Bible, and pray together.</td>
<td>Bible, construction paper, scissors, CD player, basket or box</td>
<td></td>
</tr>
<tr>
<td>Hear and Tell the Bible Story—Do motions as they listen to a story about Joseph from Genesis 39:1-6.</td>
<td>Bible, CD player</td>
<td></td>
</tr>
<tr>
<td>Do the Bible Story—Play a target game, and talk about doing their best.</td>
<td>Three-ring target from Option 3 “Target Toss” activity; cleaning supplies such as dusting rags, brooms, dust pans, paper towels</td>
<td></td>
</tr>
<tr>
<td><strong>Closing</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Alphabet Blues—Reassure Pockets about learning the alphabet, and teach her that God helps us do our best.</td>
<td>Sheet of paper with the alphabet printed on it</td>
<td></td>
</tr>
<tr>
<td>God Will Help Us—Make a star, and sing a song about how God helps them.</td>
<td>CD player, transparent tape</td>
<td></td>
</tr>
</tbody>
</table>

*See the end of this lesson for extra-time ideas and supplies.*
Welcome Time

SUPPLIES: “Heart Name Tags” (p. 23), markers, pins or tape
• Bend down and make eye contact with children as they arrive.
• Greet each child individually with an enthusiastic smile.
• Thank each child for coming to class today.
• As children arrive, ask them about last week’s lesson and take-home page. Use questions such as “How did God help you get along with someone last week?” or “Why were Joseph’s brothers so mean to him?”
• Say: Today we’re going to learn that God helps us do our best.
• Hand out the heart name tags children made during Lesson 1, and help them attach the name tags to their clothing. Have extra heart name tags on hand for children who weren’t in class last week or to replace any name tags that were damaged.
• Direct children to the Let’s Get Started activities you’ve set up.

Let’s Get Started

Set up one or more of the following activities for children to do as they arrive. After you greet each child, invite him or her to choose an activity.

Circulate among children to offer help as needed and to direct their conversation toward today’s lesson. Ask questions such as “How would you feel if you were the boss of a house?” or “How do you feel when you do your best?”

Option 1: The Best

SUPPLIES: paper, marker, hole punch, yarn or string, toys, various household items such as dishes and pillows

Set up a housekeeping center with toys, dishes, pillows, and other household items. If your classroom has a housekeeping center, set up this activity in that area. Write the words “Do Your Best” in large letters on a sheet of paper. Punch two holes in the paper, and thread a piece of yarn or string through the holes. Tie the yarn’s ends together to form a necklace.

Have children each take a turn wearing the “Do Your Best” necklace while acting out a way to do their best in your housekeeping center. Children might put away all the dishes, pretend to wash the dishes, pretend to clean the chairs and table, or arrange the pillows. Have the other children encourage the one working by repeating this simple rhyme:

God helps us do our best  
Each and every day.  
God helps us do our best  
In all we do and say!

Switch roles often so each child gets a turn to wear the sign and act out a motion. (It’s OK if children repeat motions.) Remind children that God helps us do our best.
Lesson 2

**Option 2:建屋**

**SUPPLIES:** 块

让孩子们用积木建造房屋。当他们建造时，鼓励孩子们一起建造最好的房屋。解释说，当真正的建筑工人在建房子时，每人有一个特殊的工作。有些人建造地板，有些人安装窗户，有些人把钉子钉到屋顶。

让孩子们选择特殊的工作作为建造积木房。一对孩子可以铺设第一层积木，其他孩子可以建造每堵墙，另一对孩子可以指出前门的位置，等等。

说在现实生活中，上帝赐予人们特殊的才能，他们可以用来服侍上帝。提醒孩子们上帝帮助我们做好他赐予的才能。

**Option 3: 投掷目标**

**SUPPLIES:** 粉笔或干擦马克笔，粉笔板或干擦板，湿布

上课前，在黑板或干擦板上画一个简单的三环目标。或者你可以在坚固的窗户或镜子上画一个目标。稍微用湿布弄湿“glow ball”，然后让孩子们轮流掷“glow ball”到目标。鼓励孩子们尽最大努力，但要肯定每个人的努力。解释尽管有些事情很难，但上帝帮助我们做好。

将“glow ball”放回学习室。保存目标用于“做圣经故事”活动。

当所有人都到齐了并且你准备继续“圣经故事”时，鼓励孩子们完成他们正在做的事情并准备好清理。

**Pick Up Our Toys**

**SUPPLIES:** CD播放机

引导孩子们唱“Pick Up Our Toys”(track 2)伴奏“Skip to My Lou”。鼓励孩子们边听歌边打扫房间。

你将利用这首歌来提醒孩子们开始收拾。起初可能需要一点鼓励。但几周之后，收拾和唱歌将变得熟悉。

如果你想包括班上所有孩子的名字，唱歌不伴奏“CD”，然后重复命名部分。如果你想使用“CD”，每星期更换你使用的名字。
Bible Story Time

Setting the Stage

SUPPLIES: flashlight

Tell children you’ll clap a little rhythm to get their attention. Explain that when you clap, children are to stop what they’re doing, copy the rhythm you clapped, and focus on you. Plan to do a couple of clapping rhythms each time so children will have to listen carefully in order to copy what you clapped. Practice this signal a few times. Encourage children to respond quickly so you’ll have time for all the fun activities you’ve planned.

Sit in a circle on the floor with the children. Ask children to tell you about the Let’s Get Started activities they chose. Say: I was watching as you played and worked together. I saw good workers, good builders, and good ball-tossers. You were all doing your best! Today we’re going to learn how God helps us do our best. Let’s start by discovering some things we’re good at.

Take out a flashlight, and have a helper turn off the lights in the room. Shine the light around the room and onto the floor in the center of the circle. Then say: I’ll shine the spotlight on someone. When you see who’s in the spotlight, name things you think that person is good at. For example, you might say, “You’re a good friend” or “You made a great house today.”

Go around the circle, and shine the flashlight on one child at a time. Be sure to shine the light on the child’s torso, and not on his or her face. Encourage children to affirm each other with comments such as “[Name] is good at kickball,” “I like to play with [name],” or “[Name] smiles a lot.” Continue around the circle until everyone has had a turn to shine.

After you’ve affirmed everyone in the circle, put the flashlight away, and turn on the lights. Then ask:

• Was it easy or hard to say good things about other children? (I liked saying good things because it makes them feel nice; sometimes it was hard to think of something.)

• How did it feel to hear other people say good things about you? (Good; embarrassing; I liked it.)

• What’s it like when you do your best at something and someone notices and says, “Good job”? (It feels good; it makes me want to keep doing my best.)

Say: It’s wonderful to be noticed when we do our best. But even when no one’s looking, it’s good to try our best at everything we do. I’m glad that God helps us do our best, because God’s opinion matters most!

Ask: • How do we know that God will help us do our best? (Because you told us; because God loves us.)

Say: We know that the Bible is God’s Word. And the Bible says that God promises to help us. Our Bible verse is from Psalm 33:20, and it says, “He [God] is our help and our shield.” Have children repeat the verse with you a few times.

Ask: • When are times that you need God’s help to do your best? (At school; when I try to spell; during dance class.)

• When are times you need God to protect you? (When I’m scared; during a storm; when I’m going to a new school.)
Lesson 2

- How do you feel knowing God will help and protect you? (It makes me feel safe; happy, because I don’t have to worry about anything.)

Say: Today we’re going to learn more about Joseph. Even though Joseph’s brothers sold him into slavery, God helped and protected Joseph. Let’s find out more!

**Bible Song and Prayer Time**

**SUPPLIES:** Bible, construction paper, scissors, CD player, basket or box

Before class, make surprise cards for this activity by cutting construction paper into 2x6-inch slips. Prepare a surprise card for each child plus a few extras for visitors. Fold the slips in half, and then stamp the camel stamp inside one of the surprise cards. Bookmark Genesis 39:1-6 in the Bible you’ll be using. Return the camel stamp and the ink pad to the Learning Lab.

Choose children to be the surprise card collector, the Bible-replacer (to put the Bible away), and the cheerleader. Just be sure to keep track of who fills your roles each week, so each child gets a chance to feel special.

Have children sit in a circle. Say: Each week, someone will bring me the Bible marked with today’s Bible story. As we sing our Bible song, I’ll pass out surprise cards to see who the Bible person will be. Don’t look inside your surprise card until the song is over.

Lead children in singing “Read God’s Book” (track 3) with the CD to the tune of “The Muffin Man.” As you sing, pass out the folded surprise cards.

After the song, say: You may look inside your surprise cards. The person who has the camel stamped inside his or her card will be our Bible-bringing person for today.

Identify the Bible person. Ask the Bible person to bring you the Bible. Ask the other children to help the Bible person do his or her best. Lead the class in clapping for the Bible person, cheering, and making fun applause sound effects by slapping your thighs with your palms. Help the Bible person open the Bible to the marked place, and show children where your story comes from. Then have the Bible person sit down.

Say: [Name] was our special Bible person today. Each week, we’ll have only one special Bible person, but each one of you is a special part of our class! Today we’re all learning that God helps us do our best.

Let’s say a special prayer now and ask God to help us all do our best. I’ll have my helper pass around this basket. When the basket comes to you, put your surprise card in it and say, “God, please help me do my best.”

Have your helper pass around the basket or box. When you’ve collected everyone’s surprise card, set the basket aside, and pick up the Bible. Lead children in this prayer: God, thank you for the Bible and for all the stories in it. Teach us today that you help us do our best. In Jesus’ name, amen.
**Hear and Tell the Bible Story**

**SUPPLIES:** Bible, CD player

Bring out a Bible and the Bible Big Book: *Joseph, the Favorite Son*. Open the Bible to **Genesis 39**. Have children gather around you, and hold up the Bible. Say: *Our Bible story comes from the first book in the Bible, Genesis. Our Bible Big Book shows us pictures of our Bible story.*

Give each child two shiny streamers. Say:

*These bright streamers remind me of something in our story last week. As we look through the first three pages of our Bible Big Book, wave your streamers when you can tell me something about the story.*

Open the Bible Big Book to page 1 and ask:

*What can you tell me about this part of the story?* (Joseph got a special coat; Joseph was the favorite son; Joseph’s brothers didn’t like him.)

Call on children who wave their shiny streamers, and then turn to pages 2 and 3 and ask the same question. Collect the streamers, and return them to the Learning Lab.

Then turn to page 4, making sure to turn back page 5 so children don’t see the picture of Joseph in prison. Say: *You all remembered lots of important things from our story. Now we’ll learn what happened to Joseph next.* Set the book aside, and listen to “Joseph’s Best” (track 6) on the CD. Follow along with the text printed below, and lead children in the motions in parentheses. You may want to practice the words and motions with the children prior to listening to the CD.

One night, Joseph had a dream *(put head on hands as if sleeping)*; His brothers all bowed down to him.

The older boys had had enough *(shake head)*,

So they decided to get rough. *(Make two fists)*

“This favorite son has got to go! Then maybe Dad will love us, too.”

The boys threw Joseph in a well *(look down)*;

Then decided they would tell *(cup hands around mouth)*

Old Jacob that his son had died. *(Lay back of hand over your forehead dramatically)*

That would fix young Joseph’s pride! *(Shake finger accusingly)*

Then a caravan came by. *(Hold your hand over your eyes and look into the distance)*

The boys said, “Hey—why don’t we try To sell our brother for some money? *(Act as though you’re counting money)*

Joseph a slave! Isn’t that funny?” *(Hold your stomach and laugh)*

His brothers got him in a mess,

But Joseph chose to try his best.

And all along he thought, “You’ll see *(point at children)*—

The Lord my God will set me free.” *(Point upward)*

Even when Joseph was a slave *(bold hands together as though handcuffed)*,

He was kind *(hold one hand over your heart)* and smart *(point to your head)* and brave. *(Hold arm up to show your muscle)*
With God’s help, Joseph did his best.
He brought his master happiness. (Smile.)
So Joseph’s boss put him in charge
Of every job, both small (hold up your thumb and forefinger) and large. (Spread your arms wide.)
He did his best work every day (pound your fists together as if you’re hammering),
And with God’s help, things went OK. (Give a thumbs up sign.)

If you have time and children are interested, repeat the story and motions. Invite one or two children to stand up front and help you lead the motions. Then have the children sit down.

Ask: • What do you think it was like for Joseph to work as a slave in someone else’s house? (He had to work hard; it might be scary; not very fun.)

• Do you think it was easy or hard for Joseph to do his best work when he was a slave? Why? (It was hard, because he probably didn’t like it; easy, because all he had to do was clean the house and stuff.)

• When is it easy for you to do your best? (When I’m doing something I like; when I’m doing something I know how to do.)

• When is it hard for you to do your best? (When I’m doing something I don’t want to do like when I’m cleaning my room; when I’m doing something I’ve never done before.)

Say: It’s not always easy to do our best, especially when we’re doing something hard or new. But God helps us do our best. In fact, God sent his very own Son, Jesus, to help us and be our best friend!

Ask: • What do best friends do that makes them so special? (Play together; help each other.)

• What do best friends do to help each other? (Help do our chores; help us when we’re sad.)

Say: Because Jesus is our best friend, he’s right there when we need him. He’s there to help us do our best, even when it’s hard.

Ask: • When is a time you’re glad Jesus will help you do your best? (When I have to make new friends; when I have to do work at school.)

• What could you ask Jesus’ help with to do your best this week? (To be nice to my baby brother; to obey my mom and dad.)

Say: It sure is wonderful to have a friend like Jesus!
Let’s practice doing our best right now.

---

**Bible Point**

**The Jesus Connection**

**SUPPLIES:** three-ring target from Option 3 “Target Toss” activity; cleaning supplies such as dusting rags, brooms, dust pans, paper towels

Set out the three-ring target from Option 3 “Target Toss” activity. If you do not have a target, create a simple one on a chalkboard or dry-erase board.
Joseph Is an Excellent Servant in Potiphar’s House

Say: When Joseph’s brothers sold him as a slave to Potiphar, it was hard for Joseph, and he could have stayed unhappy. But he didn’t! Joseph made up his mind to do his best work for Potiphar.

Ask: • How do you think Joseph felt about being a slave? (Sad; angry; he probably wanted to go home.)

• If Joseph didn’t want to be a slave, why do you think he chose to do his best work anyway? (He knew God wanted him to always do his best; he wanted Potiphar to be happy with him.)

Say: The Bible tells us that God helped Joseph. Potiphar was so happy with Joseph’s work that he put him in charge of his whole house! Let’s play a game to learn more about how God helps people like Joseph to do their best because God helps us do our best, too.

Lay the three-ring target flat on the floor, and have children stand in a circle around it at least 5 feet away. Bring out the touchable bubbles from the Learning Lab. Let children take turns blowing bubbles to see if the bubbles will land in the center of the target. While each child is taking a turn, have the other children hold their hands behind their backs so they won’t be tempted to interfere. Encourage the children to blow their best bubbles and aim for the target as well as they can.

Say: I know you are doing your best, but those bubbles seem to want to go their own way. Let’s help them out.

Play the game again. This time, let one child blow the touchable bubbles while some of the others gently tap and guide them to the center of the target. The other children may also help by blowing the bubbles gently toward the target. Let each child have a turn.

Say: Good job, everyone! You did your best both times.

Ask: • How do you know you did your best with the bubbles? (Because they got closer to the target; because they went where they were supposed to go.)

• Why did the bubbles land so much closer to the target the second time? (We helped them; we led them to the right place on the target.)

• How do you think Joseph did his best at Potiphar’s house? (God helped him; he worked very hard.)

Say: Joseph chose to do his best work in Potiphar’s house. Blow a bubble. Gently lead it to the center of the target. And you did your best here with the target. With God’s help, Joseph did do his best. With God’s help, we can do our best as well.

Now let’s pretend that our room is Potiphar’s house. We want to make it a beautiful, royal house, so let’s do our very best job of cleaning up. Ready? Go!

Hand out cleaning supplies such as dusting rags, brooms, dust pans, and paper towels for children to use. Give them a few minutes to wipe away any remaining touchable bubbles that may have stuck to the floor. Then have children sit down in the story area to rest for a moment.

Clap your hands to regain their attention, and wait for them to respond. Say: Good job cleaning Potiphar’s house! I can tell you’re learning that God helps us do our best. Let’s practice saying the Bible Point together so we can teach it to our friend Pockets. I don’t think she knows about doing her best.

Say the Bible Point a few times with the children, and then continue with the lesson.
Lesson 2

Closing

Alphabet Blues

**SUPPLIES:** sheet of paper with the alphabet printed on it

Bring out Pockets the Kangaroo. Pockets will need a sheet of paper with the alphabet written on it placed in her pouch. Go through the following script. After you finish the script, put Pockets away and out of sight.

---

**Teacher:** Hi, Pockets! What’s that in your pouch?

**Pockets:** Nothin’.

**Teacher:** I can see that it’s something. What is it?

**Pockets:** (Taking out the paper) Oh, this? Nothin’.

**Teacher:** Let me see. (Take the paper from Pockets.) Oh, it’s the alphabet. (Hold the paper up so the children can see it.)

**Pockets:** (Sadly) Yeah.

**Teacher:** Pockets, why were you hiding this?

**Pockets:** I didn’t do very well on it.

**Teacher:** Well, it looks good to me.

**Pockets:** It’s not as good as Sarah’s.

**Teacher:** Well, I wouldn’t know about that. I haven’t seen Sarah’s alphabet.

**Pockets:** She did better than me.

**Teacher:** Well, did you do your best?

**Pockets:** (Nodding energetically and repeatedly) Yeah, I tried really hard!

**Teacher:** It looks like you did, Pockets.

**Pockets:** And I thought I did a good job. But I didn’t. (Shakes head.)

**Teacher:** Pockets, do you know what we’ve been learning today about Joseph?

**Pockets:** What?

**Teacher:** Children, can you tell Pockets what God helped Joseph do? (Pause.) Now can you tell her what our Bible verse says about what God helps us do? (Lead the class in saying, [God] is our help and our shield.) Pockets, you did your very best, didn’t you?

**Pockets:** Yes, I did.
**God Will Help Us**

**SUPPLIES:** CD player, transparent tape

Say: 🖼️ *God helps us do our best,* God loves us and wants us to do well! You know, sometimes when a person does a great job at something, that person gets a gold star. Well, today we’re all going to get stars—just because God loves us and wants to help us do our very best!

Have children stand in a circle. Give each child a small piece of transparent tape and a single piece of shiny streamer. Show children how to crumple the streamer and stick it to the tape so it looks like a shiny star. Go around the circle, and tape each child’s star to his or her clothing as you say, “[Name], God loves you and will help you do your best this week!”

Say: Before we go, let’s sing our song about how God will help us. Whenever you need help doing your best or getting along with others this week, look at the little star you made and remember this song.

Lead children in singing “God Will Help Us” (track 4) with the CD to the tune of “Frère Jacques.” Children may wave the shiny streamers as they sing.

**SING**

- God will help us.
- Yes, he will.
- God will help us.
- Yes, he will.
- If we ask for God’s help, He will come and help us.
- Yes, he will. Yes, he will.

(Repeat.)

Return extra shiny streamers to the Learning Lab.

---

**Growing closer to Jesus extends beyond the classroom.**

Photocopy the “Today I Learned…” handout (at the end of this lesson) for this week, and send it home with your children. Encourage parents to use the handout to plan meaningful family activities to reinforce this week’s topic.
**For Extra Time**

If you have a long class time or want to add additional elements to your lesson, try one of the following activities.

**Lively Learning: Do Your Best**

Have children sit in a circle. Play a CD of upbeat music, and have children pass the *glow ball* around the circle. When you stop the music, have the person holding the ball stand up. Lead children in cheering for the person, saying, “[Name of child twice], do your best! God will help you, just do your best!” Then give the child a simple instruction, such as “Toss the ball into the air and catch it,” “Run around the circle two times,” or “Give everyone a high five.” When the child has completed the job, begin the music and play again. Allow several children to do their best at carrying out your instructions. Return the *glow ball* to the Learning Lab.

**Make to Take: Sticker Exchange**

Set out brightly colored Con-Tact paper, dark markers, circle and square templates, and scissors. Help children trace circles or squares on the Con-Tact paper and then write positive messages such as “Way to go!” or “You’re #1!” Children can make stickers by cutting around their messages. Have children exchange stickers and stick them to their clothing. If you have time, let children make extra stickers to take home. As children work, remind them that *God helps us do our best*.

**Treat to Eat: Marzipan Stars**

Tear off individual pieces of wax paper for each child. Set out tubes of marzipan, an almond-paste confection available at most grocery stores. Have each child take a small amount of marzipan and shape it into a star. Let children eat the first stars they make and then make more to play with or take home. Children will enjoy playing with this treat; it’s the consistency of modeling dough. As children are making their stars, remind them that they’re all stars because *God helps us do our best*.

**Story Picture: Potiphar’s House**

Give each child a photocopy of the “Today I Learned…” handout. Set out the *shiny streamers*, glue, scissors, and crayons. Have children color the picture of Joseph. Then have them cut small pieces of the streamers and glue them around the picture to show how shiny clean Joseph got the house. Talk with children about the things they’re responsible for taking care of at home. Return extra *shiny streamers* to the Learning Lab for later lessons.
Today your child learned that God helps us do our best. Children learned that God helped Joseph when he worked in Potiphar’s house. They talked about ways God helps them do their best.

**Verse to Learn**
“He [God] is our help and our shield” (Psalm 33:20b).

**Ask Me...**
- What things did Joseph do when he was a slave?
- How can God help you do your best?
- Joseph helped in his master’s house. How can you help out in our home?

**Family Fun**
- Bake star-shaped cookies with your child. Write your child’s name on the cookies with frosting. Mention things you’ve seen God help your child do well.
- Sing this song to the tune of “Frère Jacques”:
  
  God will help us. God will help us.  
  Yes, he will. Yes, he will.  
  If we ask for God’s help,  
  He will come and help us.  
  Yes, he will. Yes, he will.

**Joseph Does His Best (Genesis 39:1-6)**