God Made Me

Bible Verse
God made me (adapted from Genesis 1:27-28).

Growing Closer to Jesus
Children will
- learn that God made each one of them special,
- talk about how to take care of their bodies, and
- thank God for making them special.

Teacher Enrichment

Bible Basis
- God made me with hands and feet.
  
  **Genesis 1:27-28**

  As we look at these verses, we’re going to focus on how God made our physical bodies. Help your children understand that God purposefully created every part of them, including their hands and feet. Help them think about all the things they can do with their hands and feet.

Prayer
- Read Psalm 139:13-16.
- Think about the ways you can use your hands and your feet to honor God.
- Pray: God, help me to honor you always with my hands, my feet, and with every part of the body you’ve given me by… Help the children I teach by…

Before the Lesson
- Collect items for the activities you plan to use, referring to the Classroom Supplies and Learning Lab Supplies listed in the chart on the next page.
- Pray for the children in your class and for God’s direction in teaching the lesson.
Lesson 11

This Lesson at a Glance

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<td>God Made Me—Interact with sensory items on the StoryBoard as they hear the Creation story from Genesis 1:27-28.</td>
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<td>“God Made” Song—Sing a song about how God created people.</td>
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<td><strong>Bible Activities</strong> Interactive Bible Bulletin Board—Review the Bible Point with Cuddles the Lamb as they create a bulletin board together.</td>
<td>Arms, legs, and torso patterns (p. 136); scissors; tape</td>
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<td>Bible Craft—Make lively paper-plate friends, and “get their wiggles out.”</td>
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<td>Bread, cheese slices, cookie cutters, napkins</td>
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*See the end of this lesson for extra-time ideas and supplies.
Arrival Activities

Welcome Time

SUPPLIES: name tags (p. 8), marker, tape or safety pins, CD player

- Play “A Sailor Went to Sea, Sea, Sea” (track 14) from the CD as children are arriving.
- Use Cuddles the Lamb to help you greet each child by name and with a warm smile.
- Tape or pin a name tag to each child’s clothing.
- Say: Today we’re going to learn that God made me.
- Place Cuddles out of sight so the children won’t be distracted by him during the next activity.

Option 1: Balancing Act

SUPPLIES: masking tape

Before children arrive, use masking tape to make an outline of a 5-foot square on the floor.

Let the children hop, walk, and skip along the tape lines of the square. Encourage them to stay on the lines as they move. Challenge toddlers to think of other creative ways to move, such as hopping backward or walking heel to toe. Point out that God made our legs and arms and feet and hands to move. Tell the children that God made me and you, and we can move in lots of different ways.

Option 2: Have a Ball

SUPPLIES: balls

Set out various types and sizes of balls, such as a tennis ball, a rubber playground ball, and a basketball. Form a circle, and encourage children to try different ways of passing the balls back and forth, such as rolling or bouncing them or kicking them gently. As the children play, remind them that God made me and you, and we can move and play in different ways.

Pick-Up Time

SUPPLIES: CD player

As Arrival Activities draw to a close, gently mention that it will soon be time to clean up. Encourage children to help you pick up things in the room as you lead them in singing “Let’s Pick Up All Our Things.” Use the CD (track 3) and sing the song to the tune of “Looby Loo.”

Let’s pick up all our things.
Let’s pick up all our things.
Let’s pick up all our things
And put them all away.

Everyone here can help.
Everyone here can help.
Everyone here can help.
Let’s put it all away.
Let's pick up all our things.
Let's pick up all our things.
Let's pick up all our things.
It's time to stop our play.

**Bible Story Time**

### Bible Song

**SUPPLIES:** Bible, CD player

Say: *Who made you? Who made me? In Genesis 1:27, the Bible says that God made you and God made me!* Show children the Bible. The Bible is God's special book. The Bible tells us about God. Let's sing a song about the Bible.

Using the CD, lead children in singing “God’s Special Book” (track 4) to the tune of “Row, Row, Row Your Boat.”

**SING**

This is God’s special book.
Yes, it’s God’s book you see!
I learn about all God has done,
And his love for me!
(Repeat.)

Bible!

### Bible Story: God Made Me

**SUPPLIES:** medium-sized box or laundry basket, crayons, markers, tape, gift wrap, self-adhesive bows, shallow pan, sand, water

Before class begins, please check to make sure the sensory items are still attached securely to the StoryBoard so the children can touch them without danger of pulling the items off or putting them into their mouths. Fill a large shallow pan with wet, fine sand. Set it near you, but out of the reach of the children. Take the tambourine from the Learning Lab.

Before class, make an “I’m Special” box using markers, crayons, snippets of colorful gift wrap, and self-adhesive bows. Be sure the box is large enough for children to stand in. You can use a laundry basket if you don’t have a box. Keep the decorated box to use in Lesson 12.
God Made Me With Hands and Feet

Panel 1

Place the punch-out figures of the children and the decorated box or basket beside you. Say: We’ve been learning that God made me, and that God made each one of us special.

Unfold Panel 1 of the StoryBoard, which shows a mirror and an oval hole for a face. Peek through the oval so children can see your face.

I’m special because God made me. Have children take turns peeking through the oval hole. Encourage them to repeat the Bible Point by saying, “I’m special because God made me.”

God made us each very special. Let’s take turns standing in the “I’m Special” box. You can tell us your name, and then we’ll clap to show how glad we are that God made you. Let each child have a turn standing in the box or basket and telling his or her name, and then have children clap to affirm each other.

When everyone has had a turn, say: God made you, and God made me. God made us in his image. That means God made us like him. Let’s see what special things God gave us.

Panel 2

Reveal Panel 2 of the StoryBoard. Say: God made me, and God made you. God made us special. God made our eyes and ears and fingers and mouths and noses able to move. Point to the girl holding her blanket. What is this girl touching? God made our fingers to move and touch things. Wiggle your fingers. Let’s use our fingers to touch the little girl’s blanket. Allow the children to touch the blanket and tell you how it feels.

This little boy is smelling a flower with his nose. Our noses can wrinkle up and wiggle back and forth. Can you wiggle your nose? Pause, and then allow children to scratch and sniff the flower sticker.

This boy is getting ready to taste ice cream with his tongue. Tongues help us eat. Let’s wiggle our tongues back and forth. Pause. Tongues help us talk, too.

God gave us eyes, noses, tongues, fingers, and ears. Let’s see what other things God gave us.

Panel 3

Unfold Panel 3 of the StoryBoard. Say: God made me, and God made you. God made us special. God made our arms and legs and bodies to move. We can play and have a good time with the bodies God gave us.

Point to a few of the children on Panel 3 on the StoryBoard. As you point to each child, ask:

• What is this child doing?

Hold up the punch-out figures of the children. For each figure, ask:

• Where shall we put this child on the StoryBoard?

Let the children take turns attaching the figures to the StoryBoard. Then say: Let’s pretend we’re at the park with these children. Show me how your body moves when you swing. Lead the children in a back-and-forth swaying motion.
Show me how you move when you climb. Make hand-over-hand climbing motions. Show me how you move when you play in a sandbox. Lead the children in digging and scooping motions.

Bring out the pan of wet sand, and say: Here is some sand just like the sand in the picture. We can do fun things with our hands and feet in the sand. God made our hands and our feet. Make a handprint in the wet sand, and then show it to the class. Ask one child to come up and place his or her hand into the handprint.

Ask: • What can you do with your hands? (Play; eat; clap.)
Count the fingers in the sand. Then have the children hold up their hands and count their fingers. Say: God made our fingers.
Use your fingers to draw the outline of a footprint in the wet sand. Show the pan to the class.
Ask: • What can you do with your feet? (Play; run; jump.)
Count the toes in the sand. Then have the children hold up their feet and count their toes, even though they have shoes on. Say: God made our toes. God made you with hands and feet, and God made me with hands and feet. Let’s make fun sounds with our hands and feet.
March the children around the room to the following rhyme. Have children take turns holding the tambourine as they chant.

God made me. (Stamp feet and clap hands together.)
God made me. (Stamp feet and clap hands together.)
God made you (stamp feet and clap hands together)
And God made me. (Stamp feet and clap hands together.)

Reveal all three StoryBoard panels. Say: God made me, and God made you. We have eyes, ears, a nose, a mouth and tongue, and fingers and hands. We can move our arms, our feet and legs, and our heads.
Ask: • Who made me? (God made me.)

Say: You are so special because God made you. You are so special that God sent his Son, Jesus, to earth for you.
Let’s sing a lively song about how God made you and God made me.

“God Made” Song
SUPPLIES: CD player
Using the CD, lead children in singing “God Made Every One of Us” (track 15) to the tune of “A Sailor Went to Sea, Sea, Sea.”

Oh, God made every one of us. (Point up.)
Yes, he made you and you and you. (Point to different children.)
But God made each one differently (point to your face with both hands)
To be part of one big, happy family. (Give a child a hug.)
God Made Me With Hands and Feet

Oh, God made every one of us. (Point up.)
Yes, he made you and you and you. (Point to different children.)
But God made each one differently (point to your face with both hands)
To be part of one big, happy family. (Give a child a hug.)

Bible Activities

**Interactive Bible Bulletin Board**

**SUPPLIES:** arms, legs, and torso patterns (p. 136); scissors; tape

Before class, photocopy the arms, legs, and torso patterns. Cut out arm and leg patterns for each child. Tape the torsos beneath the faces the children put up last week.

Bring out Cuddles the Lamb. Go through the following script, and then put Cuddles away out of sight of the children.

- **Cuddles:** Hi! I am so happy to be here. What did you learn today?
- **Teacher:** We learned that God made me. And we learned that we’re special because we can move our arms and legs and fingers and hands and heads.
- **Cuddles:** Oh, I can move, too. I can wiggle my head back and forth and waggle my tail and lots of things.
- **Teacher:** We’re getting ready to work on our bulletin board. Would you like to help us, Cuddles?
- **Cuddles:** Sure! I like to be a helper. Where do we start?


Help the children tape arms and legs to the figures on the bulletin board or wall. As each child tapes a piece in place, say, “God made arms [or legs]. God made me, and God made [child’s name].” Have the children repeat the Bible Point with you.

- **Teacher:** God made us and loves us very much, and that’s why God made each of us special. Let’s sing our song about how God made us.

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Lesson 11

**Sing It Out**

**SUPPLIES:** CD player

Using the CD, lead children in singing “God Made Every One of Us” (track 15) to the tune of “A Sailor Went to Sea, Sea, Sea.” The lyrics are on pages 132-133.

Say: **Arms and legs are fun to move. We can make a fun little friend to remind us that God made our arms and legs.**

**Bible Craft**

**SUPPLIES:** paper, scissors, paper plates, markers or crayons, tape

Before class, accordion-fold a sheet of paper lengthwise. Cut the folded paper into one-inch-wide segments. These segments will unfold into long, bouncy strips that you’ll use for arms and legs in this craft.

Invite children to sit at a table. Give each child a paper plate with his or her initials on the back. Help the children tape four paper strips to each paper plate to form bouncy arms and legs. Help children draw faces on their paper plates. Then let them wiggle their paper-plate friends and watch how the arms and legs move.

As you ask each of the following questions, have children call out the answer and wiggle the arms or legs of their paper-plate friends.

Ask: • What did God give us to wave with? (Arms; hands.)
  • What did God give us to walk with? (Legs; feet.)
  • What did God give us to nod yes and no with? (Our heads.)

Say: ►**God made me.** He gave me arms and legs and feet and hands that move. Let’s have fun moving our arms, legs, feet, and hands to chase away our wiggles. Lead children in shaking their arms, legs, and hands to “get their wiggles out.” Then say: **Now, let’s have our feet quietly tiptoe to the center of the room and sit down.**

**Bible Game**

**SUPPLIES:** none

Say: **We’ve been learning that God made our bodies very special.**

Ask: • What can we do to take good care of our bodies? (Eat good things; sleep.)
  • What are some good foods to eat? (Milk; apples; oranges; carrots; meat; bread.)

Say: **We can do good things for our bodies. We can jog in place.** Run in place with the children for a few seconds. **We can touch our toes.** Bend down and touch your toes, and then stretch up high. **We can hop up and down.** Hop up and down with the children a few times. **We can bend from side to side.** Put your hands on your waist and bend to the left and then to the right. **We can lie on our backs and rock back and forth.** Lie on your back. Pull your knees to your chest, and wrap your arms around your legs. Rock back and forth on your back like a rocking horse. **And we can rest our bodies.** Lie quietly on the floor.
God made us special. He made our arms (wave your arms) and feet and legs (hop up and down) and our heads (nod your head). *God made me,* and God made you. God made each of us special. Now let’s make some special snacks.

### Closing

#### Appreciating Who We Are

**Supplies:** bread, cheese slices, cookie cutters, napkins

Gather the children at the snack table. Set out bread, cheese slices, napkins, and cookie cutters. Show the children how to use the cookie cutters to cut shapes from the bread and cheese. Place the cheese shapes on the bread shapes to make sandwiches.

Say: **Your sandwiches are special because you made them each different. God made each of us special, too, because he loves us. Let’s say thank you to God for making us special.** Encourage children to finish the sentence, “Thank you, God, for [arms, legs, bodies, hands, heads, or feet].”

Close the prayer by saying: *God made me. Thank you, God, for making us special. In Jesus’ name, amen.*

Remind children to take home their paper-plate people.

### For Extra Time

If you have a long class time or want to add additional elements to your lesson, try one of the following activities.

#### Wiggles and Giggles

Have children follow your directions to have fun wiggling. Lead the children with sentences such as “God made me to reach my arms up high,” “God made me to pat my tummy,” “God made me to clap my hands and hop up and down,” “God made me to twirl around,” and “God made me to hop on one foot and then on the other.”

#### God Loves Me—I Know!

Lead the children in this action rhyme. Repeat the words and actions until your toddlers can do the motions easily.

- **My arms can wave around.** (Wave your arms high in the air.)
- **My legs hop up and down.** (Hop up and down in place.)
- **My head can nod both yes and no** (nod and shake your head),
  And God loves me—I know! (Hug yourself.)
- **My body can turn around.** (Turn around once in place.)
- **My feet march up and down.** (March in place.)
  I can tip-tippety-toe (tiptoe in a little circle),
  And God loves me—I know! (Hug yourself.)
Patterns