



Building and Supporting
Families Since 1985

Looking Through The Windows of Chrysalis House

The Social Network—Parental Discretion Advised

Social Media seems to have woven its way into every aspect of our lives. We are always just one click away from any given platform and new social media apps are created every day—how can we possibly keep up with them all? Growing up in this culture, our children can become desensitized to the dangers lurking around the internet making it all the more important to educate yourself about proper social media safety so that you can better equip your children.

Social Media can be a wonderful tool for adoptive families to use to maintain contact with their child's biological family, however, we still advise our families to be privacy guarding when sharing information about their children and family. You may have a wonderful on-line relationship with a paternal aunt or a maternal grandmother but is the information you share with them on these social media sites protected from family who may be inappropriate or who may pose a safety concern for your children? You cannot control who they are "friends" with or their own privacy settings but you can be smart about your own social media safety. Below are some tips for how you can keep your children and family safe.

- Regardless of the site you use: adjust your privacy settings to match your level of comfort, and review them often. To edit the privacy settings for your own Facebook account, choose the "Privacy Settings" option from the Account drop-down menu available from the top right corner of every page. From this page you can personalize your privacy settings for Profile Information, Contact Information, Applications and Websites, and Search.
- Don't assume that your settings will forever remain as you set them. Facebook redesigns itself on a regular basis and with these changes, your privacy settings also evolve. It might be suddenly possible that your wall can be seen by anyone, that your photos can be used in advertisements, and that friends of friends can be privy to what you make public. Err on the side of caution and check your settings on a regular basis.
- Remember that you are role modeling social networking for your own children. Age appropriately, they will likely become interested in it too. Prepare yourself proactively for what this could mean for your family.
- Populate social networking sites with content that you are confident in sharing. Consider not posting your full name, address and phone number. Be cautious about posting information that could be used to identify you or locate you offline.
- Helpful Tip: If you search for someone on Facebook, Facebook will assume you want to be "friends" and will suggest this relationship to all parties you search as a "Suggested Friend". This is especially important when searching for Birth Family.

Chrysalis House, Inc. will be closed in observance of the following Holidays:

- Independence Day: July 4, 2016
- Labor Day: September 5, 2016
- Veteran's Day: November 11, 2016
- Thanksgiving: November 24-25, 2016

Annual CHI Family Picnic

Chrysalis House held our Annual Family Picnic on May 21, 2016! We celebrated “fiesta” style at a local park while the kids enjoyed playing t-ball, feeding the ducks, running through bubbles, playing with a giant parachute and whacking at a piñata! The weather couldn’t have been more perfect and we always enjoy catching up with our wonderful families. It is exciting to see this event grow year after year and we hope that next year will be even better!



Chrysalis House Lending Library

Chrysalis House has an ever expanding in-house library. We encourage all of our families to utilize this resource to aid in your adoption preparation as well as to continue your adoption education. The books we carry cover topics such as helping children cope with separation and loss, trauma, parenting your teenager, attachment, post-adoption blues and many other adoption and parenting related issues. Please stop by and take a look!



Celebrate Adoption!

Save-the-Date for our “Celebrate Adoption” fundraiser! **Thursday, December 1, 2016** at Second Space Theater in Fresno. We will be kicking off the holiday season with wine, appetizers, a silent auction, surprise boxes and the performance of “It’s A Wonderful Life—the Radio Show” performed by the Good Company Players.

We were overwhelmed with the success of this fundraiser last year which enabled us to increase our marketing efforts within our community to provide families and birth parents with excellent adoption services.

Stay Informed!

Please check your e-mail throughout the year for information about all of our upcoming events! If you are not currently receiving these e-mails, please contact Megan Bojorquez at megan@chrysalishouse.com or 559-229-9862. Check out our blog at <http://chrysalishouseinc.wordpress.com>, “Like” us on Facebook at Chrysalis House, Inc. Fresno and follow our Pinterest page for lots of useful tips on adoption, parenting and more! Chrysalis House makes every effort to keep your personal information confidential. We encourage you to have a safe online presence and to be aware of your privacy settings.