



CHRISTIAN
**LIFE GROUPS &
GROWTH TRACKS**

2018 FALL SEMESTER

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September 9-November 18**

Life Groups

Life Groups provide an opportunity for people to grow closer to Christ while building community with one another.

They are discussion based in nature, and use various curriculums or sermon-based lessons to learn how to apply biblical truths to everyday life.

Growth Tracks

Growth Tracks provide an opportunity for people to grow in their relationship with God, learn biblical truths, and establish biblical foundations.

They can have more of a classroom feel, a teaching format, and may include discussion on the topic being taught.

Signup by contacting the Life Group or Growth Track leader. Most groups/tracks have a numerical cap to maintain their effectiveness and intimacy. It is best to contact the leader as early in the semester as possible to ensure a place.

LIFE GROUPS

ANXIOUS FOR NOTHING

Does the uncertainty and chaos of life keep you up at night? Is worry your constant companion? Stop letting anxiety rule the day. Join us on a journey to true freedom and experience more joy, clarity, physical renewal, and contentment by the power of the Holy Spirit. Anxiety comes with life, but it doesn't have to dominate your life! Based on Max Lucado's book *Anxious for Nothing*. Space limited.

Leader: Becky Ridenhour (803-479-7650)

Dates/Time: 1st & 3rd Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: 1050 Pond Valley Road, Blythewood, SC 29016

Childcare: not available

BEAUTY SECRETS FOR LIFE FOR WOMEN OF INFLUENCE

Beauty Secrets for Life™ are nuggets of truth that cleanse, tone, and moisturize our souls from the grind of daily life to encourage our hope and refresh our souls. These nine beauty secrets will strengthen our identity as women called to lead in every sector of life. This group is for women who want to explore and cultivate their leadership influence. We focus on relationship with Christ as the foundation and discuss how these beauty secrets shape and inform the deployment of that God-given influence.

Leader: Marvita Franklin (803-490-1240)

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 253

Childcare: birth-11 years

BUILDING EXCEPTIONAL MARRIAGES

Building Exceptional Marriages is designed to encourage couples in their marriage as they grow their faith in Christ.

Leaders: Toby (803-361-3309) and Dawn (803-446-0218) Pokorney

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

BUILDING ON THE ROCK

This sermon-based group is for seasoned adults who wish to gather for a time of fellowship, prayer, and discussion centered around Pastor Stephen's sermons. The first meeting is Friday, September 14 and will meet every other week. Contact Janet for more information and to reserve your spot.

Leaders: Rich (803-687-1426) and Janet (803-687-1427) Reynolds

Dates/Time: Fridays – Sept 14-Nov 16 @ 7:00p

Location: 307 Wycombe Road, Columbia, SC 29212

Childcare: not available

COLLEGE AND CAREERS

Sermon-based group for single people who are college age or beginning a new career. It is designed to offer a safe place to connect with others in similar life stages and journey together through life offering encouragement and support.

Leaders: Colin (studebach@hotmail.com) and Sarah (crazy4youth@juno.com) Williams

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:30p–8:30p

Location: 304 Rapids Court, Columbia, SC 29212

Childcare: not available

DENNY TERRACE FELLOWSHIP

Fellowship and sermon discussion for those living in the Denny Terrace community. This group meets every 1st and 3rd Sunday of the month.

Leaders: Steve (803-318-5518) and Carol (803-397-2093) Ellisor

Dates/Time: 1st & 3rd Sundays — beginning Sept 9-Nov 18 @ 6:00p–8:00p

Location: 1722 Denny Road, Columbia, SC 29203

Childcare: not available

FOOD FOR BODY AND SOUL

Women, age 20-30, enjoy an already prepared meal and a time of Bible study and fellowship. Following dinner, each member will prepare the entrée they just ate and take it with them. Cost for weekly food ingredients should not exceed \$10.

Leaders: Lisa Humphrey (803-463-8889); Kristina Shahan (803-463-8889)

Dates/Time: Tuesdays — Sept 11-Nov 20 @ 6:00p–8:00p

Location: 8009 Winnsboro Road, Columbia, SC 29203

Childcare: not available

FRIENDS

Young adults do you need a place to hang out? Come join us for food, fellowship, and meeting new friends. Our desire is to worship, grow in community, and study Andy Stanley's *Ask It*. Join us as we learn to answer life's important questions together.

Leaders: Nathan Burchett (803-606-8954); Kathryn Fisher (803-807-6239)

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: 238 Cumberland Dr., Lexington, SC 29072

Childcare: not available

GROWING IN PRAYER

Join us and learn how to host God's presence as we go about our daily routines. We will discuss how important it is to develop a continual life of prayer and how that will enable us to experience more intimacy with God and others.

Leaders: Nicholas (803-622-9831) and Julie (843-834-0899) Martin

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 251

Childcare: birth–11 years

HAVE A NEW KID BY FRIDAY

Have a New Kid by Friday is your five-day action plan that really works! With his signature wit and commonsense psychology, internationally recognized family expert Dr Kevin Leman reveals why your kids do what they do and what you can do about it - starting right now. Dr Leman gives advice on everything from rolling eyes to sibling rivalry to talking back to punching walls and more.

Leaders: Phillip (803-419-307-1504) and Alena (419-575-1129) Pagal

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 254

Childcare: birth-11 years

HEART OF A LION

Men join us as we learn principals from the Kingdom of God on what true manhood is all about.

Leaders: Antonio Thompson ((803-750-1243); Sinclair Salters (803-767-7974)

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 258

Childcare: birth-11 years

IRMO COUPLES

Sermon based life group where we will discuss how to apply the biblical truths taught from Pastor Stephen's sermon on Sunday morning. Group is at max capacity.

Leaders: Dave (803-609-8824) and Lori (803-422-8000) Davis

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 256

Childcare: birth-11 years

ROOTED IN DEVOTION

This Life Group is a free-market group for women who are interested in developing and deepening a personal devotional life rooted in the Word.

Leader: Megan Shull (803-463-9493)

Dates/Time: Mondays – Sept 10-Nov 19 @ 6:00p-8:00p

Location: 110 L Avenue, West Columbia, SC 29172

Childcare: not available

SALT AND LIGHT

This group is for women who desire to meet weekly to discuss how to apply Pastor Stephen's sermon to our every day lives. "Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone." Colossians 4:6 NIV

Leaders: Kris Kington (803-210-5522); Niccole Mount (803-608-7601; Lynn Swords (803-800-1862)

Dates/Time: Sundays – Sept 9-Nov 18 @ 6:00p-8:00p

Location: Christian Life Church, room 257

Childcare: birth-11 years

SHARING LIFE TOGETHER

Our desire for this group is to grow closer to God and each other while sharing practical ways to apply Pastor Stephen's sermons to our everyday experiences.

Leaders: Nate (803-609-9421) and Katie (803-413-1983) Norman

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 154

Childcare: birth-11 years

PRAYING MOTHERS AND GRANDMOTHERS

Moms and Grandmothers who have a desire to pray for their children and grandchildren. Do you want to stand unshaken in this troubled world? With Jesus you can live victoriously in any circumstance. He wants to transform you, to empower you, to set you free. With Him, you can change the course of your life, your children's, and beyond with corporate prayer. Join a sisterhood of prayer warriors impacting the next generation for Christ. Study based on *Unshaken* by Sally Burke and Cyndie de Neve.

Leader: Stephanie Phoenix (803-743-2988)

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 252

Childcare: birth-11 years

THE TRUTH PROJECT

The Truth Project features engaging study lead by former President of "Focus on the Family," Dr. Del Tackett and also features other Biblical experts such as Ravi Zacharias. This study is an excellent starting point for looking at life from a biblical perspective.

Leaders: Tim (803-917-0678) and Melanie (803-917-1156) Ebo

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, conference room

Childcare: birth-11 years

TRUTH SEEKERS

The Truth Project is designed to develop and enhance a Christian world view. Our target group is adult singles and married couples. We focus on building community and prayer ministry using video-based Christian studies.

Leaders: Sam (205-601-1773) and Lorraine (205-482-3570) Scoma

Dates/Time: Tuesdays — Aug 28-Nov 13 @ 6:45p–8:45p

Location: 125 Collins Drive, Columbia, SC 29212

Childcare: not available

WARRIOR WOMEN

This Life Group is a book study group designed for women who wish to find balance and insight to the often murky realm of spiritual warfare. Join us as we learn how to fight this beautiful battle and be renewed on the journey.

Leader: Stacy Scoma (stacy.scoma.johnson@gmail.com)

Dates/Time: Sundays — Sept 9-Nov 18 @ 6:00p–8:00p

Location: Christian Life Church, room 255

Childcare: birth-11 years

YOUNG COUPLES

We desire to grow in our faith and relationships as couples. We will study *The Book of James* by Francis Chan thru Right Now Media. At max capacity.

Leaders: Jamie (803-807-0568) and Monica (803-740-9639) Sires

Dates/Time: Mondays – Sept 10–Nov 19 @7:00p-9:00p

Location: 290 Chapel Road, West Columbia, SC 29172

Childcare: not available

YOUNG WOMEN (ages 18-30)

This life group is designed for young women who long for a community where they can be open and honest about their lives and can grow as Christians.

Leaders: Alexis Erickson (843-834-0899), Audrey Reddick (229-798-7001)

Dates/Time: Sundays – Sept 9–Nov 18 @ 6:00p–8:00p

Location: 116 Beech Branch Drive, Irmo 29063

Childcare: not available

GROWTH TRACKS

CLEANSING STREAM

Cleansing Stream will prepare and disciple participants to receive healing and deliverance. You will be set free, empowered, and equipped to discover your gifts and use them to reach others. It will show you how to get close to God and fulfill your destiny. God's presence will change your life forever!

Leader: Erna Kelly (ernakelly777@gmail.com)

Dates/Time: Wednesdays – Feb 13-May 1, 2019 @ 7:00p-8:30p

Location: Christian Life Church

Childcare: birth-11 years

DIVORCE CARE

Divorce Care is biblical teaching for recovering from divorce and separation for men and women. You find healing by dealing with all the emotions and pain you experience and practical issues that arise as a result of divorce such as financial, child care, single sexuality, etc. You will be given the tools to begin rebuilding your life.

Leader: Shannon Habas (803-606-2999)

Dates/Time: Wednesday – Spring 2019

Location: Christian Life Church

Childcare: birth-11 years

FINANCIAL PEACE UNIVERSITY

Financial Peace is a 9-week money management class taught by America's most trusted financial guru, Dave Ramsey. It will help you take control of your money, plan for your future, and transform your life. The price for the class is \$99.00 per person. Signup and pay: bookstore and church office.

Leaders: Stephen (stephen@nuttalltire.com) and Susanne Nuttall

Dates/Time: Sundays – Sept 9-Nov 4 @ 6:00p-8:00p

Location: Christian Life Church, main aud

Childcare: birth-11 years

FOLLOWING JESUS

This class will focus on the attributes of Jesus. We will be using the book *Follow* by Daniel McNaughton and Bryan Koch for lessons and scripture memorization which will guide you in your walk with the Lord. This book is designed to be a simple, practical guide to lead us to the cornerstone of our spiritual foundations, which is Jesus. Book cost: \$15.00.

Leader: Shelly Lindstrom (Indst8@yahoo.com)

Dates/Time: Sundays – Oct 7, 2018-May 26, 2019 @ 10:30a

Location: Christian Life Church, conference room

Childcare: birth-11 years

GRIEF SHARE

It hurts to lose someone. This is a caring group who will walk alongside you. You don't have to go through the grieving process alone. Workbook is provided.

Leader: Bonnie Rauch-Bouie (beanbou@gmail.com)

Dates/Time: Wednesdays — Aug 1-Oct 24 @ 7:00p-8:30p

Location: Christian Life Church, conference room

Childcare: birth-11 years

SEASONED WITH SALT

Seasoned With Salt class is a time of food, fellowship, prayer and Bible Study for all ages designed to bond members to each other and grow in their love for the Lord and His Word.

Leaders: David Field (fieldday07@bellsouth.net), Larry Owens, Betty Price

Dates/Time: Sundays @ 10:30a

Location: Christian Life Church, fellowship hall

Childcare: birth-11

WORD ALIVE

Disciples, Empowered by the Holy Spirit is a study about ordinary, flawed men, who were transformed by the Holy Spirit into fearless giants of faith who, as Jewish critics say, turned the world upside down! Join us for refreshments, worship, study, discussion, and prayer for one another. Men and women of all ages invited.

Leader: Marilyn Rej (msrej@att.net)

Dates/Time: Tuesdays @ 10:00a-Noon

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

33 Men's Series

33 The Series is a Bible study centered around biblical manhood. The series is designed to inspire and equip men to pursue authentic manhood as modeled by Jesus Christ. A short video will be shown followed by discussion.

Training Guides one and two will be used during this class and may be purchased from www.authenticmanhood.com.

Leaders: Darren Hileman (pd@clcolumbia.com); Dave Davis (803-609-8824)

Dates/Time: Wednesdays — Sept 5-Nov 17 @ 7:00p-8:30p

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

FREQUENTLY ASKED QUESTIONS

1. What are Life Groups?

Life Groups provide an opportunity for people to connect to Christ and community.

2. How can I become a part of a Life Group?

Life Groups run by spring and fall semesters. The spring semester begins the week following Super Bowl Sunday and the fall semester begins the week following Labor Day. People are encouraged to join a Life Group at the beginning of each semester. Those desiring to become a part of a pre-existing group may contact the Life Group leader. Most Life Groups have a numerical cap to maintain the effectiveness and intimacy of the group. It is best to contact the Life Group leader as early in the semester as possible to ensure a place.

3. What is the commitment to being a part of a Life Group?

Life Group semesters run 10-12 weeks. Since we are “doing life together,” we ask that you attend group meetings as much as your schedule allows. The more meetings you attend, the more community you are likely to experience. We discourage people from “shopping” Life Groups beyond the first three weeks of a semester. Community is often built once people make a decision to commit and contribute.

4. When and where do Life Groups meet?

Life Group leaders choose the night and the location which their Life Group will meet. Groups are asked to meet off-site from the Christian Life campus if possible. Designated nights and times are set for Life Groups meeting on the Christian Life campus. Childcare and security will be provided for groups meeting at Christian Life.

5. How long do Life Group meetings last?

Life Groups typically meet for 2 hours, unless the Life Group is doing an outside social activity or service project.

6. What are the components of a typical Life Group meeting?

We encourage Life Groups to focus on things that cannot typically be done during corporate worship services. Groups are designed to be discussion based. Thus, we encourage groups to have the following four components:

- Refreshments
- Sharing: share victories and testimonies/icebreaker questions
- Discussion/study: cover curriculum
- Prayer

