



CHRISTIAN
**LIFE GROUPS &
GROWTH TRACKS**

2019 SPRING SEMESTER

CHRISTIAN LIFE CHURCH **LIFE GROUPS & GROWTH TRACKS**

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February 10—April 28

Life Groups

Life Groups provide an opportunity for people to grow closer to Christ while building community with one another.

They are discussion based in nature, and use various curriculums or sermon-based lessons to learn how to apply biblical truths to everyday life.

Growth Tracks

Growth Tracks provide an opportunity for people to grow in their relationship with God, learn biblical truths, and establish biblical foundations.

They can have more of a classroom feel, a teaching format, and may include discussion on the topic being taught.

Signup by contacting the Life Group or Growth Track leader. Most groups/tracks have a numerical cap to maintain their effectiveness and intimacy. It is best to contact the leader as early in the semester as possible to ensure a place.

LIFE GROUPS

BUILDING EXCEPTIONAL MARRIAGES

This free-market Life Group is designed to encourage couples in their marriage as they grow in their faith. Meetings will be based on the book *You and Me* by Francis Chan.

Target Group: Married couples

Leaders: Toby (803-361-3309) and Dawn (803-446-0218) Pokorney

Dates/Time: Sundays — Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

BUILDING ON THE ROCK

This sermon-based Life Group is for seasoned adults who wish to gather for a time of fellowship, prayer, and discussion centered around Pastor Stephen's sermons. The first meeting is Friday, January 18 and will meet every other week. Contact Janet for more information and to reserve your spot.

Target Group: Seasoned adults

Leaders: Rich and Janet (803-687-1427) Reynolds

Dates/Time: every other Friday — starting Jan 18– April 26 @ 7:00p

Location: 307 Wycombe Road, Columbia, SC 29212

Childcare: not available

CLC Mama's Support and Encouragement

This sermon-based Life Group is for moms-to-be and moms whose children are 12 months or under. Our desire is to help moms stay connected, especially if you have had a difficult time making it to church on Sundays. Our goal is to offer support and encouragement, primarily online, and to discuss how to practically apply Pastor Stephen's sermons to everyday life. Join by looking up the group name on Facebook and request to become a member.

Target Group: Moms-to-be and first time moms of infants 12 months & under

Leader: Jenn Rish (443-866-9419)

Dates/Time: Sunday evenings — Feb 10-April 28

Location: Live video posts on Facebook

Childcare: right there with you!

COLLEGE AND CAREERS

What sort of story have we fallen into? Life is harder than we thought it would be. As men, we feel like we don't have what it takes to come through, and as women, we feel abandoned or that we are a burden to others. Come journey with us as we walk with God together and find restoration for our hearts.

Target Group: ages 18-35

Leaders: Colin (803-747-2040) and Sarah (803-397-2367) Williams

Dates/Time: Sundays — Feb 10-April 28 @ 6:30p–8:30p

Location: 304 Rapids Court, Columbia, SC 29212

Childcare: not available

F.R.I.E.N.D.S

This free-market Life Group is for young adults ages 18-35. Do you find your heart yearning to step into daily purpose-filled living? Together, we will re-examine who we are and work to establish our identity as children of God. Join us as we discuss the journey of life, enjoy fun fellowship, and good food.

Target Group: Young adults ages 18-35

Leaders: Kathryn Fisher (803-807-6239) and Nathan Burchett (803-606-8954)

Dates/Time: Sundays — Feb 10-April 28 @ 5:30p–8:00p

Location: 238 Cumberland Dr., Lexington, SC 29072

Childcare: not available

GROWING IN PRAYER

This free-market Life Group is focused on building community with each other and developing a lifestyle of prayer. We will use Mike Bickle's book, *Growing in Prayer*, as a "jumping off" point—most meetings will focus on sharing the God moments of the week, how we are growing in Him, and praying in large and small groups for each other, the community, the Body of Christ, and the nation.

Target Groups: Everyone ages 13 and up

Leaders: Nick and Julie (843-834-0899) Martin

Dates/Time: Sundays — Feb 10-April 28 @ 3:00-5:00p

Location: 116 Beech Brand Drive, Irmo, SC 29063

Childcare: not available

HEART OF A LION

This free-market Life Group will use the book *Understanding the Purpose and Power of Men: God's Design for Male Identity* by Dr. Myles Munroe. Purchase on Amazon. We will discuss various principals of manhood including: What is our purpose as men, male identity, and what does it mean to be successful men. We will walk this journey together, iron sharpening iron, and no man will be left behind.

Target Group: All men: single, married, or divorced

Leader: Antonio Thompson (803-546-6680)

Dates/Time: Sundays — Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 258

Childcare: birth-11 years

JOURNEYING THROUGH LIFE TOGETHER

This sermon-based Life Group is for couples who desire a safe place to connect, learn, and grow together in a Christ-honoring atmosphere.

Target Group: Couples

Leaders: Nate (803-609-9421) and Katie (803-413-1983) Norman

Dates/Time: Sundays — Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 154

Childcare: birth-11 years

MAKE ROOM

This free-market Life Group is for women who wish to host well. Hospitality is not just about the environment, but about a heart posture that is ready to invite people to our tables. We will discuss opening our homes and hearts to others.

Target Group: Women of all ages: single, married, divorced

Leader: Crystal Johnson (803-960-1544)

Dates/Time: Sundays — Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 251

Childcare: birth-11 years

MAKING PEACE WITH YOUR PAST

This free-market Life Group is for adults of all ages. If you have unresolved childhood memories, endured hurt or severe emotional pain, finding it hard to move forward, endured abuse (of any kind), have been left feeling empty due to relationships, this group is for you. Meetings are strictly confidential. Participants need to attend all sessions. Space is limited and the group becomes closed following the first meeting.

Target Group: Adults of all ages

Leader: Jamie Salters (803-603-0360) and Kathleen Khan (912-980-8683)

Dates/Time: Mondays – Feb 11-April 29 @ 6:00p–8:30p

Location: 1070 Statler Road, Columbia, SC 29210

Childcare: not available

MORE: MOVING ON REDEEMED & EMBRACED

This sermon-based Life Group is for women, age thirty and up, who desire to move forward in the Lord, embrace His will for their lives, and seek more of Him in every area of life. We will discuss how to practically apply Pastor Stephen's sermon, pray for one another and enjoy a time of fellowship.

Target Group: Women ages 30-50

Leader: Shelly Kennedy (803-318-3873) and Tekeela Belk (864-684-2394)

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 252

Childcare: birth-11 years

RAISING UP FORERUNNERS

This free-market Life Group is evangelism and discipleship training. Lessons will be based on *The Master Plan of Evangelism and Discipleship* by Robert E. Coleman and will be centered around sharing the gospel with those needing Christ.

Target Group: Adults of all ages

Leaders: Sinclair Salters (803-767-7974)

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 255

Childcare: birth-11 years

ROOTED IN DEVOTION

This Life Group is a free-market group for women who are interested in developing and deepening a personal devotional life rooted in the Word.

Target Group: Women of all ages

Leader: Megan Shull (803-463-9493)

Dates/Time: Mondays – Feb 11-April 29 @ 6:00p-7:30p

Location: 110 L Avenue, West Columbia, SC 29172

Childcare: not available

SALT AND LIGHT

This is a free-market Life Group for women. We will be reading and discussing *Craving Connection; 30 Challenges for Real Life Engagement*, by Crystal Stine. We will share real-life stories, practical scripture application, and how to overcome connection challenges in regard to God, friends, and the community. Purchase at Lifeway Christian Bookstore.

Target Group: Women of all ages

Leaders: Kris Kington (803-210-5522) and Niccole Mount (803-608-7601)

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p-7:30p

Location: Christian Life Church, room 257

Childcare: birth-11 years

SPIRIT-FILLED LIVING

This sermon-based Life Group will discuss how to apply biblical truths from Pastor Stephen's sermons from Sunday morning.

Target Group: Couples of all ages

Leaders: Dave (803-609-8824) and Lori (803-422-8000) Davis

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p-7:30p

Location: Christian Life Church, room 256

Childcare: birth-11 years

STRENGTH AND DIGNITY

This free-market Life Group is for women of all ages who would like to uncover a depth of faith you didn't know you had. Come witness the positive impact the Word of God is designed to have on your life. We will be studying *Fervent* by Priscilla Shirer. It is a hands-on, knees-down, don't give up action guide to practical, purposeful praying. The first eight people to call Shonna and sign up for the class will receive a free book.

Target Group: Women of all ages

Leaders: Shonna Williams (803-447-0967) and Denise Williams (803-270-5163)

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p-7:30p

Location: Christian Life Church, modular

Childcare: birth-11 years

THE FAMILY PROJECT

This is a free-market Life Group that will help families understand their personal significance in God's great plan. It will equip families to live with an eternal perspective and model God's design for family to their peers, their communities, and to the world around them. This DVD series addresses topics ranging from marriage and sexuality, family relationships, and how families can thrive and serve God.

Target Group: Adults of all ages

Leaders: Phillip (419-307-1504) and Alena (419-575-1129) Pagal

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p-7:30 p

Location: Christian Life Church, room 254

Childcare: birth-11 years

THE TRUTH PROJECT

This free-market group features engaging study lead by former President of Focus on the Family, Dr. Del Tackett and also features other biblical experts such as Ravi Zacharias. This study is an excellent starting point for looking at life from a biblical perspective. This group is closed.

Target Group: Adults of all ages

Leaders: Tim (803-917-0678) and Melanie (803-917-1156) Ebo

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, conference room

Childcare: birth-11 years

TRUTH SEEKERS

This is a free-market Life Group for singles and couples. We meet weekly to build community and view and discuss a video series from Right Now Media on the Gospel Of Mark presented by Francis Chan.

Target Group: Adults: single and couples

Leaders: Sam (205-601-1773) and Lorraine (205-482-3570) Scoma

Dates/Time: Tuesdays – Feb 12-April 30 @ 7:00p–8:45p

Location: 125 Collins Drive, Columbia, SC 29212

Childcare: not available

WARRIOR WOMEN

This free-market Life Group for women of all ages is based on *The Quest* by Beth Moore. *The Quest* challenges you to accept an invitation from God to ask Him questions and to have Him ask you questions. In this excursion with Jesus, Beth Moore uses questions from scripture to lead you into intimacy with the One who knows you best. Learn to dig into the Word, to respond to the questions of God, and to bring your questions before Him. Let the crooked punctuation mark be the map that points you into a closer relationship with the Father.

Target Group: Women of all ages

Leader: Stacy Scoma (803-397-9343)

Dates/Time: Sundays – Feb 10-April 28 @ 6:00p–7:30p

Location: Christian Life Church, room 253

Childcare: birth-11 years

YOUNG COUPLES

This is a free-market Life Group for young couples. We desire to grow in our faith and relationships as couples. We will study *The Book of Colossians* by Louie Giglio through Right Now Media. Space is limited to two additional couples. Contact the leaders to reserve your place.

Target Group: Young Couples

Leaders: Jamie (803-807-0568) and Monica (803-740-9639) Sires

Dates/Time: Mondays – Feb 11-April 29 @7:00p

Location: 290 Chapel Road, West Columbia, SC 29172

Childcare: no childcare with the exception of nursing infants

GROWTH TRACKS

CLEANSING STREAM

This class is intended to disciple participants in the Word of God and help establish a deeper connection with Father God. You will be set free, empowered, equipped to discover your gifts and use them to reach others. Come be a part of the stream of deliverance and healing. Cost of workbook is \$37; *Bait of Satan* by John Bevere is \$10. There is an additional cost for a 1 day seminar at the end of the semester.

Target Group: Men and women ages 16 and up

Leader: Erna Kelly (ernakelly777@gmail.com)

Dates/Time: Wednesdays — Feb 13-May 1 @ 7:00p-8:30p

Location: Christian Life Church, modular

Childcare: birth-11 years

DIVORCE CARE

Most people will tell you that separation and divorce are the most painful and stressful experiences they've ever faced. It's a confusing time when you feel isolated and have lots of questions about issues you've never faced before. Divorce Care helps you face these challenges and move toward rebuilding your life.

Target Group: anyone separated or divorced

Leader: Shannon Habas (803-606-2999)

Dates/Time: Wednesday — TBD

Location: Christian Life Church

Childcare: birth-11 years

FINANCIAL PEACE UNIVERSITY

This is a 9-week money management class taught by America's most trusted financial guru, Dave Ramsey. It will help you take control of your money, plan for your future, and transform your life. The price for the class is \$99 per person. Signup and pay: bookstore and church office.

Target Group: Adults of all ages

Leaders: Stephen (stephen@nuttalltire.com) and Susanne Nuttall

Dates/Time: Sundays—TBD

Location: Christian Life Church, main aud

Childcare: birth-11 years

FOLLOWING JESUS

This class is designed to help you grow in your walk with the Lord through studying the attributes of Jesus. The book, *Follow*, by Daniel McNaughton and Bryan Koch is used for the lessons and scripture memorization. It is a simple, practical guide for those who want to learn to follow Christ. It takes us back to the cornerstone of our spiritual foundations, Jesus! Space is limited to 10 people.

Target Group: All ages

Leader: Shelly Lindstrom (803-348-4119)

Dates/Time: Sundays — Feb 10-April 28 @ 6:00p-7:30p

Location: Christian Life Church, room 200

Childcare: birth-11 years

GRIEFSHARE

It hurts to lose someone. This is a caring group who will walk alongside you. You don't have to go through the grieving process along. Workbook is provided.

Target Group: men and women of all ages

Leader: Bonnie Rauch-Bouie (beanbou@gmail.com)

Dates/Time: Wednesdays — TBD

Location: Christian Life Church, conference room

Childcare: birth-11 years

SEASONED WITH SALT

This class is a time of food, fellowship, prayer, and Bible Study for all ages. It is designed to bond members to each other and grow in their love for the Lord and His Word.

Target Group: Men and women of all ages

Leaders: David Field (fieldday07@bellsouth.net)

Dates/Time: Sundays @ 10:30a

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

WORD ALIVE

This is a weekly Bible study which includes, refreshments, worship, discussion, and a time of prayer for one another. The spring study topic is *Disciples, Filled with the Holy Spirit*. A study of very ordinary, flawed men who were transformed by the Spirit of God, and *turned the world upside down*. We will see how God deliberately chooses the *foolish things of the world to confound the wise*; how the power of the Holy Spirit turns cowards into fearless giants of faith; and how He wants to transform us as well.

Target Group: Women and men of all ages

Leader: Marilyn Rej (msrej@att.net)

Dates/Time: Tuesdays @ 10:00a-Noon

Location: Christian Life Church, fellowship hall

Childcare: birth-11 years

33 Men's Series

This is a Bible study centered around authentic manhood. The series is designed to inspire and equip men to pursue manhood as modeled by Jesus Christ. A short video will be shown followed by discussion. We will begin the semester using *Volume 3 Training Guide: A Man and His Traps*. Guides can be purchased from Lifeway Books or www.authenticmanhood.com. Space is limited. Contact Darren or Dave to reserve your spot.

Target Group: men of all ages

Leaders: Darren Hileman (pd@scsl.com); Dave Davis (803-609-8824)

Dates/Time: Wednesdays — Feb 6-April 24 @ 7:00p-8:30p

Location: Christian Life Church, conference room and fellowship hall

Childcare: birth-11 years

FREQUENTLY ASKED QUESTIONS

1. What are Life Groups?

Life Groups provide an opportunity for people to connect to Christ and community.

2. How can I become a part of a Life Group?

Life Groups run by spring and fall semesters. The spring semester begins the week following Super Bowl Sunday and the fall semester begins the week following Labor Day. People are encouraged to join a Life Group at the beginning of each semester. Those desiring to become a part of a pre-existing group may contact the Life Group leader. Most Life Groups have a numerical cap to maintain the effectiveness and intimacy of the group. It is best to contact the Life Group leader as early in the semester as possible to ensure a place.

3. What is the commitment to being a part of a Life Group?

Life Group semesters run 10-12 weeks. Since we are “doing life together,” we ask that you attend group meetings as much as your schedule allows. The more meetings you attend, the more community you are likely to experience. We discourage people from “shopping” Life Groups beyond the first three weeks of a semester. Community is often built once people make a decision to commit and contribute.

4. When and where do Life Groups meet?

Life Group leaders choose the night and the location which their Life Group will meet. Groups are asked to meet off-site from the Christian Life campus if possible. Designated nights and times are set for Life Groups meeting on the Christian Life campus. Childcare and security will be provided for groups meeting at Christian Life.

5. How long do Life Group meetings last?

Life Groups typically meet for 2 hours, unless the Life Group is doing an outside social activity or service project.

6. What are the components of a typical Life Group meeting?

We encourage Life Groups to focus on things that cannot typically be done during corporate worship services. Groups are designed to be discussion based. Thus, we encourage groups to have the following four components:

- Refreshments
- Sharing: share victories and testimonies/icebreaker questions
- Discussion/study: cover curriculum
- Prayer

