

## Schedule

Every Friday night (holidays included) from 6pm to 10pm  
Celebrate Recovery meets at Christ Community Church.

### 6-7pm Fellowship Time

- A dinner is served each Friday night, \$3 for adults and \$1 for children under 10. This is a great time to meet new people and visit with friends.

### 7-8pm Worship Time

- An exciting worship service, including either a teaching on the 8 CR Principles or a life-changing testimony.

### 8-9pm Sharing Groups

- Small groups provide a safe place for you to share about your challenges in recovery.

### 9-10pm Solid Rock Café

- Enjoy coffee and dessert from the café. A great time to meet with old friends and make new ones.



## Place to Belong

Jesus knows every wound, and He's not going to waste our pain. Recovery takes time. It reaches and transforms the very roots of our being. When our recovery is centered on Jesus Christ, His transforming power can turn our pain into gladness.

## More Information

If you would like to know more about Celebrate Recovery contact:

## Christ Community Church

Phone: 863-875-1090

Email: [cr@aplacetobelong.com](mailto:cr@aplacetobelong.com)

...Or... visit our website at:

[aplacetobelong.com](http://aplacetobelong.com)

(For information and downloads)



## Are you struggling with hurts, hang-ups or habits and in the need of:

- Energetic worship and strong biblical teaching?
- Supportive, respectful and confidential sharing?
- A place to learn and to grow spiritually?
- Finding a turning point in your life?
- A safe haven of refuge and caring?

## Then Celebrate Recovery is a place for you!

We believe God wants to do something really spectacular in your life. Give him your hurts, habits, and hang-ups to experience hope and healing you never thought possible.

**Purpose** To provide a safe place for those who are hurting so that they may find hope and experience healing as they grow into a healthy relationship with Jesus Christ who is our true higher power.

**What is Celebrate Recovery?** The purpose of Celebrate Recovery is for fellowship and to celebrate God's healing power in our lives. We open the door by sharing our experience, strength and hope with one another in a safe, confidential place. By working and applying biblical principles, we begin to grow spiritually and experience freedom from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, joy, serenity, and a stronger personal relationship with God and others.

Celebrate **COME AS YOU ARE** Recovery

# Who is Celebrate Recovery for?

- ◆ Do you have trouble setting limits for yourself?
- ◆ Do you sacrifice your own needs to make others feel good about themselves or to keep the peace?
- ◆ Do you struggle feeling safe when you aren't in control?
- ◆ Do you act kind on the outside but feel bitter on the inside?
- ◆ Do you, or someone you love, use food, pornography, sex, relationships, alcohol, or drugs to cope with life's problems?
- ◆ Do you live with someone who abuses you or do you feel the continued effects from past abuse?
- ◆ Do you sacrifice your identity, desires or needs to make others feel good about themselves or to keep the peace?
- ◆ Do you raise your voice to get your way?
- ◆ Do you love someone struggling with destructive behaviors, such as pornography, drugs or alcohol?

## What are Hurts, Habits, and Hang-ups?

A **HURT**, **HABIT**, or **HANG-UP** is something that hinders your walk with God.

**The feeling of being HURT is an emotional reaction to another person's behavior or to a disturbing situation. Some common hurts include:**

- Abuse
- Abortion
- Abandonment
- Abused as a child, or by a spouse, employer, or the church
- Betrayal
- Divorce
- Relationship issues
- Dysfunctional family (divorce, alcoholism, drug abuse, rage, etc.)
- Neglect
- Rape
- Rejection

**A HABIT is an addiction to someone or something. Some common habits include:**

- Abusive behavior
- Alcohol
- Bitterness
- Cheating, affairs, unmarried sex
- Critical spirit
- Drugs
- Eating disorders
- Gambling
- Gossip
- Homosexuality
- Isolation
- Lying
- Self-mutilation
- Sex addictions
- Spending problems
- Stealing
- Unforgiveness
- Wasteful pursuits
- Workaholism

**HANG-UPS are negative mental attitudes that are used to cope with people or adversity.**

**Some common hang-up that we work through include:**

- Anger
- Anxiety, worry
- Arrogance
- Body image problems
- Bullying, bigotry
- Codependency
- Controlling personalities
- Depression
- Fear
- Frigidity
- Greed, envy
- Guilt (false) and/or shame
- Impatience
- Lack of self-control
- Lack of trust in God
- Laziness
- Materialism
- People pleasing
- Perfectionism
- Pride
- Procrastination
- Racism
- Self-righteousness
- Self-condemnation



## Small Groups

are gender specific and provide a safe place to share your experiences, strengths, and hopes with others who are going through the "Principles" in a Christ-centered recovery. Celebrate Recovery will also provide you with the opportunity to find a sponsor and accountability partners.

Small Groups currently offered on Friday nights at Christ Community Church are:

- 1: Co-Dependency / Men & Women**  
Struggling with the compulsion to rescue and take care of others? Have difficulty setting boundaries? Recognize your self worth.
- 2: Habits / Men & Women**  
Dealing with chemical and other dependencies.
- 3: Anger Management / Women**  
Is anger your first response to any problem? Problems with rage, withdrawal, isolation? Learn to use anger in constructive ways.
- 4: Newcomers / Men & Women**  
An orientation group for first-times attendees.
- 5: Men's Issues**  
Do you fear rejection, constantly seek approval and affirmation, or have difficulty with relationships? Learn how to become an adult who is no longer imprisoned by issues which occurred in childhood.
- 6: Sexual Issues / Men**  
Support group dealing with addictions resulting from a dysfunctional past.
- 7: The Landing**  
Support group for Middle and High School Students.
- 8: Celebration Station**  
A program for children 0-12 years of age.