

Resources for Parents

Studying and Academic Skills

More than 40 free practical articles about how to study and improve academic skills.

<http://www.nfp.org>

Study Island

A leading provider of web-based state assessment preparation programs and standards based learning programs.

<http://www.studyisland.com>

Reading

A free website to teach children to read.

<http://www.starfall.com>

Health

KidsHealth has doctor-approved articles, animations, games and resources to help kids learn more about their bodies and stay healthy.

<http://www.kidshealth.org>

Time Magazine for Kids

Version of the popular news magazine for children. Features lesson plans and activities based on current events.

<http://www.timeforkids.com>

Articles for Parents

Tons of information, resources, ideas, and links to help parents help their children in school and at home. Reviews of and links to teacher recommended study resources and to articles and resources for parents.

<http://www.teachersandfamilies.com/index.html>

Articles for Parents

This link directs you to a number of articles for parents on the ASCA (American School Counselor Association) website.

<http://www.schoolcounselor.org/content.asp?pl=327&sl=130&contentid=130>

YMCA & Families

A source for sound tips and expert advice on the subjects that matter to you and your family: child care, exercise, nutrition, youth development and more.

http://www.ymca.net/resources_for_families/resources_for_families.html

Back To School Tips

A list of ideas for parents of school-age children, covering topics such as backpack comfort and safety, starting a new school, school avoidance, study habits, child care, television use, and

alcohol abuse prevention. From the American Academy of Pediatrics (AAP).

<http://www.aap.org/advocacy/releases/augschool.htm>

Bullying

Stop Bullying Now! is a resource for kids, parents, teachers, and many others. There are lots of resources for adults, as well as games and fun activities for kids.

<http://www.stopbullyingnow.hrsa.gov/adult/indexAdult.asp>

Discipline

A reference for handling misbehavior at school and at home.

<http://www.disciplinehelp.com/>

Talking with Kids about Tough Topics

This website can help parents talk with their children about difficult topics. The website offers practical, concrete tips and techniques for talking easily and openly with young children ages 8 to 12 about some very tough issues: sex, HIV/AIDS, violence, drugs and alcohol.

<http://www.talkingwithkids.org/index.htm>

Alcohol Abuse Prevention

StopAlcoholAbuse.Gov is a comprehensive portal of Federal resources for information on underage drinking and ideas for combating this issue. People interested in underage drinking prevention—including parents, educators, community-based organizations, and youth—will find a wealth of valuable information here. The resources in the "Parents" section will help parents discuss this important issue with their children and brainstorm ways for them to refuse offers of alcohol from their peers.

<http://www.stopalcoholabuse.gov/default.aspx>

Partnership for a Drug-Free America

The Partnership for a Drug-Free America is a nonprofit organization that unites parents, renowned scientists and communications professionals to help families raise healthy children. The Partnership motivates and equips parents to prevent their children from using drugs and alcohol, and to find help and treatment for family and friends in trouble. On this website, parents can connect with each other, tap into expert advice for children of all ages, and find the support they want and need in their role as hero to their kids.

<http://www.drugfree.org/>

Parents. The Anti-Drug.

The AntiDrug.com was created by the National Youth Anti-Drug Media Campaign to equip parents and other adult caregivers with the tools they need to raise drug-free kids. This website is not only a drug prevention information center, but also a supportive community for parents to interact and learn from each other.

<http://www.theantidrug.com/>

Divorce

Basic pointers, resources, and advice to help families going through divorce. This page is specifically designed for parents to help children and adolescents work through their impending divorce in healthy ways.

<http://www.divorceinfo.com/children.htm>

ADD and ADHD

Information and resources for parents of children with ADD or ADHD.

<http://www.chadd.org/>

Autism

The Autism Society of America (ASA), the nation's leading grassroots autism organization, exists to improve the lives of all affected by autism. The ASA does this by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.

<http://www.autism-society.org>

Grief

The mission of The Dougy Center for Grieving Children is to provide a safe place where children, teens and families grieving a death can share their experiences as they move through their healing process.

<http://www.grievingchild.org/>

Anger Management

Anger Management website for kids, parents, and teachers.

<http://www.angriesout.com/>

Self Esteem

The National Association for Self-Esteem (NASE) - Fully integrates self-esteem into the fabric of American society so that every individual, no matter what their age or background, experiences personal worth and happiness through books, education and forums.

<http://www.self-esteem-nase.org/>

LD Online

LD OnLine seeks to help children and adults reach their full potential by providing accurate and up-to-date information and advice about learning disabilities and ADHD. The site features hundreds of helpful articles, multimedia, monthly columns by noted experts, first person essays, children's writing and artwork, a comprehensive resource guide, very active forums, and a Yellow Pages referral directory of professionals, schools, and products.

<http://www.ldonline.org>

Brain Gym

The Brain Gym program has been used successfully by parents and teachers to significantly improve learning attitudes and achievement through non-academic means. This program may help kinesthetic learners.

<http://www.braingym.org/>

Internet Safety

This is your family's guide to making the Internet and other technology safe, fun, and productive.

<http://safekids.com/>

Nutrition and Activity

Pennsylvania Advocates for Nutrition and Activity (PANA) is a statewide organization supported by a coalition of more than 500 public, private, academic, professional, and volunteer groups, working to promote policies and environments that support healthy eating and activity.

<http://www.panaonline.org/>

Healthy Weight

Resource for parents and caregivers to help children ages 8-13 stay at a healthy weight through nutrition, physical activity and less screen time.

<http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/>

Games for Kids

Fun and educational games for kids.

<http://www.funbrain.com/>