



“Plans fail for lack of counsel, but with many advisors they succeed.” Proverbs 15:22

“Two are better than one, because they have a good return for their labor: if they fall down, they can help each other up. But pity those who fall and have no one to help them up.” Ecclesiastes 4:9—10

“Your word is a lamp to my feet and a light for my path.” Psalms 119:105

If you need more information on the counseling resources listed in this brochure, please contact the church office at 247-9739.



Christian Counseling Resources

Chapel Rock Christian Church

2020 N. Girls School Road

Indianapolis, IN 46214

317.247.9739

Pastoral Counseling

Pastoral Counseling provides a safe place for you to talk freely, express your emotions, find acceptance, get support, learn ways to cope with your problems, receive instruction in God's Word, and experience healing through God's grace. Help is available for people who are experiencing depression, anxiety, grief, issues of faith and doubt, relational conflict and terminal illness. Premarital counseling is available as well as help for those seeking spiritual formation in the context of a Christian worldview. Appointments may be made by calling David Berthold at 317-874-6339 or by email at dbert1@sbcglobal.net.

Eagle Creek Counseling

Eagle Creek Counseling provides professional Christian Counselors to help in discovering solutions to life's challenges through personal growth. They have a number of counselors who specialize in marriage counseling, sexual addictions, career change, trauma, cross-cultural issues, depression, anxiety, obsessive-compulsive disorders, child therapy, divorce, and grief. Appointments may be made by calling 293-5563 or by e-mail at www.eaglecreekcounseling.com.

Indianapolis Christian Psychological Service

Psychological care from a Christian perspective is offered for people dealing with a wide variety of issues: depression, anxiety, ADHD, sexual addiction, premarital counseling, marriage counseling, spiritual formation, boundary problems, compulsive sin, grief and divorce recovery, parenting, children and teens, ministers and their families. Appointments may be made by calling 291-9007 or through e-mail at mark@indypsych.com. The website is www.indypsych.com.

Rapha

Rapha offers restoration, healing and relief of distress to marriages and families through Jesus Christ and the power of God's Word. Rapha also offers annual marriage and family retreats. They provide financial assistance to those who have no access to counseling or retreats. They also specialize in mentoring men with a strong scriptural perspective. Information and appointments can be obtained by calling 603-4726 or contacting their website at rapharestoration.org.

Sudsberry & Associates

Sudsberry and Associates provides attachment therapy for couples, and parents and children. God created us as relational beings. Often relationships are insecure to some degree, resulting in emotional turmoil and disconnections. As trust is questioned, husbands and wives fight to protect their lives. As the heart of a child is broken, they may become aggressive or withdrawn. Appointments are provided for adults and children. We frequently deal with issues of anger, anxiety and depression. Appointments can be made by calling 272-8138 or through their website at www.saccc.com.

Northern Light Christian Counseling

Northern Light Christian Counseling offers professional counseling, education, consulting services guided by the integrity, ethics, and principles of the Bible. Appointments can be made by calling 471-0500 or visiting their website at www.northernlightcc.com.