HUMILITY

PUTTING OTHERS FIRST BY GIVING UP WHAT YOU THINK YOU DESERVE.

2ND-3RD GRADE

WEEK 5

READ PHILIPPIANS 2:3   DAY 1

"Me first!"
"Why does he always get to choose before me?"
"Wait, it's my turn!"

Sound familiar? Have you ever pushed your way to the front of the line or been disappointed when a sibling got to do something before you? Nobody chooses to be second right? Number one is where it's at!

But maybe there's another way to look at it. What if you put someone else first instead of yourself? That's what humility is. When you choose to let go of what you think you deserve, you have a chance to show someone else just how valuable he or she really is.

Head outside with some sidewalk chalk and find a large space—like your driveway or a sidewalk and write out the words of this verse. Illustrate the verse any way you'd like. Leave space at the end to add each of the verses for the rest of the week. If you don't have chalk or a space to illustrate outside, then grab a piece of poster board and markers instead.

THANK God for reminding you to put others first.

READ PHILIPPIANS 2:4   DAY 2

What if there was a counter of some kind in your head that kept track of all your thoughts. Let's say it's only job is to keep track of two things:

1. The thoughts you think about yourself: what you want, need, or wish for
2. The thought you think about others: what they need and how you could help

Which number would be higher, category one or two? Probably category one. Why? Because we spend most of our time thinking about ourselves instead of others. It's just the way we are. But the Bible says we should flip that around. Instead of looking out for our own good, we should FIRST look out for the good of others.

Head outside and find your chalk mural (or your poster board). Write the words of this verse underneath what you wrote from Day 1 and illustrate it any way you would like to. Think about ONE person in your family that you could choose to put first this week. Write that person's name on a rock and place it next to your chalkboard mural.

ASK God to help you switch those two categories in your head this week and put others first.

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READ PHILIPPIANS 2:5-6

DAY 3

Jesus left heaven, a PERFECT place, to come to earth and show us who God is. And in all of His time on earth, Jesus never said, "do what I say because I'm God." He never pushed His way to the front saying, "Don't you know who I am? I'm the most important person in any room, anywhere," He never played the God card. Instead He served. He listened. He healed. He suffered. He died. And He ROSE again. What an incredible example of humility to follow. We should think and act as Jesus did, humbling ourselves and choosing to put others first.

Head outside to add this verse to your sidewalk chalk mural. Write the words of Philippians 2:5-6 underneath Day 1 and 2 and illustrate these verses any way you choose.

LOOK for ways to put others first and love them like Jesus loves you.

READ PHILIPPIANS 2:7-8

DAY 4

It's hard to understand what Jesus left behind and what He chose by coming to earth. We don't live in a perfect world so to us, heaven seems like this far off place. But just imagine living in perfection—no hunger, no sadness, no disappointment, no loneliness, no loss, no sickness, and no death. Jesus chose to leave all of that behind and step into a very dark, lonely, and hurting world. He chose to become like us—human, with all of our limits. He experienced all the stuff we do: hunger, sadness, loneliness, loss, sickness, and death.

Jesus humbled Himself and obeyed God even when it led Him to the cross. He could have called an entire army of angels to rescue Him but instead He chose to give His life so that we could be forgiven. Talk about the ultimate example of humility!

Head outside to finish your sidewalk chalk mural. Add today's verses to the rest of this week and illustrate them any way you choose. When finished, ask an adult to come outside and take a look at your work. Then talk about these verse and what they mean together.

KNOW that because Jesus chose to humble Himself, we can ask for His help love be humble too.

5 PUT OTHERS FIRST.