## **READ PSALM 90:12**

DAY 1

We only have 24 hours in the day. 24 hours to sleep, eat, go to school, play outside with friends, spend time with our family. Just 24 hours. No more. No less. So when it comes to time, you have some big choices to make.

Numbering our days means that we take into account the time we have (24 hours per day) and we choose what needs to come first. It means we make priorities so that the most important things get done. God wants you to use your time wisely.

So let's practice. It's after school. You have about 3 hours until dinnertime. Below are a list of possible activities and time slots. Place each activity in a slot of time based on what you think is the best use of that time.

3:00	 Chores
3:30	 Practice an instrument
4:00	 Play outside
4:30	 Finish homework
5:00	 Play on your tablet
5:30	 Help with dinner

**THANK** God for the time He's given you to use wisely.

## **READ ECCLESIASTES 9:10**

DAY 2

This verse is a little crazy. What does the "realm of the dead" mean? Sounds creepy doesn't it? The writer of Ecclesiastes (Solomon, son of King David) is reminding us that our time on earth isn't infinite. We won't live here forever so we should make the most of our time. Part of being a good steward is using our time wisely. And whatever we do, we are to do it with all our might.

Find piece of paper. Place your non-writing hand on the paper and trace around it. Inside the hand, write down the first part of this verse, "Whatever your hand finds to do, do it with all your might." Cut out the handprint and tape it on the doorframe of your room. As you leave your room each day this week, give your hand a high five and then read the verse as reminder to use your time wisely.

**ASK** God to help you use your time wisely this week, doing the task in front of you with all your might.

## **READ EPHESIANS 5:15-16**

DAY 3

"I'm SO bored!"

"There's nothing to do!"

"No one's home to play with."

Have you ever said this to your mom or dad? You have a case of the "I'm Bored-itis." These verses remind us to be careful with our time, to use it wisely so we don't waste it, to make the most of every opportunity because we might not have so much time on our hands later on.

So what COULD you do when the "I'm Bored-itis" kicks in? You could help someone. Maybe you could help with the laundry, or gathering the trash, or cleaning the bathroom. You could encourage someone. You could make a card for someone who is sick. Maybe your little brother has been begging you to fold a paper airplane or build a castle out of blocks.

Finish each of the sentences below. If you find yourself thinking "I'm bored" this week, take a look at your answers below to give you some ideas of how to use your time wisely.

I can help:
I can encourage:
I can make:

**LOOK** for opportunities to use your time wisely instead of deciding you're bored.

## READ JOHN 15:16 DAY 4

Do you have an apple at home? Ask a trusted adult to help you cut that apple in half and look at the seeds inside. If you were to plant those seeds, what would grow? Could you grow a pear or lemon tree with those seeds? What about a coconut or banana tree? No way! You could only grow an apple tree from apple seeds!

In these verses, Jesus is reminding us that our lives should produce fruit. As we spend time learning from God's word and praying to Him, we'll be just like a beautiful apple tree that produces juicy, delicious

apples! Spending time with God encourages us to make wise choices, treat others the way we want to be treated and trust God to provide everything we need. We use our time wisely when we spend time in God's word and in prayer to Him.

**KNOW** that it's always wise to spend time with God.

