The Essential 100 Bible Reading Plan

The Essential 100 is a Bible reading plan designed to help you understand the “big picture” of God’s Word by providing you with 50 Old Testament and 50 New Testament passages to be read over the course of 20 weeks. Each week you will have five reading assignments to complete which also allows you two free days to make-up any readings you may miss along the way.

To get the most out of your Bible readings please follow these easy steps:

- Set a regular time and place to meet with God that is free from distractions.
- Pray before you begin, “Lord, please speak to me through my reading today.”
- Mark or highlight meaningful phrases or sentences that God brings to your attention as you read.
- Record in a journal (a paragraph or two daily) what God reveals to you through your reading.

### OLD TESTAMENT

#### In The Beginning

1. Creation
   - Genesis 1:1 - 2:25

2. The Fall
   - Genesis 3:1 - 6:24

3. The Flood
   - Genesis 6:5 - 7:24

4. God’s Covenant with Noah
   - Genesis 8:1 - 9:17

5. Tower of Babel
   - Genesis 11:1 - 9

#### Abraham, Isaac and Jacob

6. The Call of Abraham
   - Genesis 12:1 - 20

7. God’s Covenant with Abraham
   - Genesis 15:1-21

8. Isaac’s Birth and Sacrifice
   - Genesis 21:1 - 22:19

9. Jacob and Esau Compete
   - Genesis 27:1 - 28:22

10. Jacob and Esau Reconcile
    - Genesis 32:1 - 33:20

#### The Story of Joseph

11. Sold Into Slavery
    - Genesis 37:1-36

12. Prison and a Promotion
    - Genesis 39:1 - 41:57

13. Ten Brothers Go To Egypt
    - Genesis 42:1-38

14. The Brothers Return
    - Genesis 43:1 - 44:34

15. Joseph Reveals His Identity
    - Genesis 45:1 - 46:7

#### Moses and the Exodus

16. Birth of Moses
    - Exodus 1:1 - 2:25

17. The Burning Bush
    - Exodus 3:1 - 4:17

18. The Ten Plagues
    - Exodus 6:28 - 11:10

19. Passover and Exodus
    - Exodus 12:1-42

20. Crossing the Red Sea
    - Exodus 13:17 - 14:31

Please visit [www.youversion.com](http://www.youversion.com) to view the Essential 100 Bible Reading Plan online and to find out how to download it to your cell phone.

Please follow John Schmidt’s comments on the Essential 100 readings on twitter, facebook and via his blog at [www.centeringlives.com](http://www.centeringlives.com). If you have questions please email him at john@centeringlives.com