

"Assuredly, I say to you, today you will be with Me in Paradise." Luke 23:43

- \* Talk about some of the promises that the Lord has made that mean the most to you and why.
- \* What kind of struggles have you had that you have allowed to cloud your memory of those promises of God?
- \* Why is it so important for us to share our struggles as well as our joys as brothers and sisters in the body of Christ? Describe the best peace of positive advice or encouragement you have ever received from another Christian.

Read these passages and share the key thoughts that stand out to you.

Ephesians 4:29 Proverbs 18:21 Proverbs10:11 Acts 15:32

Hebrews 10:25 1 Thessalonians 3:2, and 4:18

\* Do you see yourself as the kind of person that brings sunshine into the room or is it gloom? How do you think someone would go about changing and becoming an encourager if they realized that they hadn't been?

Focus: Philippians 4:8 (put this to memory!)

## Take the following challenge:

- 1. List 3-5 key people in your life besides those in your Co3 group.
- 2. On a scale of 1-5 write next to their name how encouraging you are with that person.
- 3. Pray that God will help you recognize the power of encouragement decide specific things that you will say to encourage each one of them for the next week.
- 4. Notice what happens and be prepared to share that with your group next week.

## **Pray**