

## Series: Too Messy – “As Yourself”

Sermon: The Cure - Confession

January 31, 2016

1. What is the best costume you have ever worn to any kind of party?
2. As a group, try to list the top five reasons people wear masks? Prioritize your list that leads up to the number one reason why people wear masks?
3. "Wearing a mask hinders your healing?" Do you agree with this statement? If so, why?
4. "What you reveal...God can heal." What does that statement mean to you?
5. First step that was mentioned in regards to confession was "confess to self". What does this phrase mean do you? Read Romans 7:15–19.
6. What role does repentance play in confession?
7. Read Psalm 32. As you read, be reminded that the person writing the psalm is King David, who committed adultery and murdered someone.
8. Read Matthew 5:23-24. How do "walls" between me and other people affect my relationship with God?
9. What would it be like for you if you could approach God without wearing a mask? What would be the result of that type of relationship?
10. The four steps to confession: 1) confess your sin to yourself; 2) confess your sins to God; 3) confess your sin to the one you have offended; 4) confess your sins to an accountability partner.
  - A. What do you think of the four steps to confession?
  - B. Which step seems the most difficult?
  - C. Have you ever had an accountability partner? How did accountability happen between you and the other person?