Purpose

The Pink Book was written to be a supplemental study for the woman who is grounded in the basics, and who seeks to further develop her character in relation to God’s Word. The specific virtues in this book were selected due to the frequency they are addressed in the life of a woman as a single, wife, or mother.

These studies were designed to encourage women to reflect and work on these characteristics in their own lives through study of the Biblical characteristics, use of practical ways to apply these characteristics at the end of each study, memory work, and other selected readings corresponding to each study. As the result of completing this study, we pray that each woman will understand and develop the character of a woman who fears the Lord, and who, by means of good works, makes a claim to godliness.

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Lesson I

A Woman of Faith

A woman who walks with God is a woman who will be known by her faith. Faith in a woman enables her to rise above ordinary obstacles with spiritual strength. Faith is the driving force in our relationship with God. "Faith", as Corrie Ten Boon said, "eats obstacles for lunch and brings us on highways that make our reasoning dizzy". Faith is an important ingredient in every believer's life. Women can find ways of exercising their faith through salvation, vision, and perseverance.

I. Salvation

To be a godly woman, one must first know the Lord Jesus Christ. Believing in Christ is a result of faith.

A. Faith enables us to know Christ. Ephesians 2:8-10

1. Does grace come without faith? Why or why not?

2. How does faith enable us to be created in Christ?

B. Faith justifies us through good works. James 2:17-26

1. Can a person have faith and yet not display any works correlating to her faith? Why or why not?

2. Does your faith exemplify good works?

3. Give some examples of faith cited in this passage and give your reasoning as to why they were used as examples. (v. 21-26)

II. Vision

Faith encourages a woman to hold fast to visions that God has given her.

A. Look at these three women and relate what each one's vision was and how it occurred through faith.

1. Rahab: Joshua 2


B. How can you be a woman of vision in these areas?
   1. Family

2. Friends

3. Husband

4. Children

5. Disciples

III. Perseverance
   Faith also allows a woman to persevere in difficult times and to overcome obstacles.

   A. Who is the focus of our faith? Hebrews 12:2

   B. In these passages, how is Christ setting an example of perseverance through faith?
      1. Hebrews 12:3

      2. I Peter 2:21-23

   C. How can focusing on Christ encourage you to persevere?

2. Ruth: Ruth 1:3-5

3. Deborah: Judges 4:1-9

Suggested Reading: Biography of Isabel Kuhn
The Faith Crisis, by Ronald Dunn

Memory Verses: Romans 4:20-21
James 1:6-8

Application:
1. In light of Romans 4:20-21, write out a vision and the promises in the Word God gives you for that vision that would keep you from wavering in unbelief?

2. Look at II Peter 1:5-7. Explain how faith moves a person to the point of godliness and what steps are taken.
Lesson II

A Woman of Humility

Humility is the state or quality of being humble; the absence of pride or self-assertion.

“Humility does not consist in having a worse opinion of ourselves that we desire, nor in abasing ourselves lower than we really are. Rather, as all virtue is bounded in truth, so humility is founded in a true and just sense of our weakness, misery, and sin. He who rightly feels and lives in this sense of his condition lives in humility.”

William Law

I. The Attitude of Humility
   A. Objective
      1. What should your attitude towards others be? Philippians 2:3
      2. What should your attitude toward yourself be? Romans 12:3
      3. What should your attitude toward God be? Revelation 4:9-11

   B. Is humility an optional attitude for a Christian? Why or why not? I Peter 5:5-6

   C. What is the opposite attitude of humility?
      1. Proverbs 11:2, Proverbs 29:23
      2. Why is this opposite attitude dangerous?
         a. Proverbs 8:13
         b. Proverbs 16:18

II. Humble Yourself
   A. What command do you find in these verses?
      James 4:10, Matthew 23:12, I Peter 5:6
B. How can you humble yourself?
   1. Philippians 2:9-11
   2. II Chronicles 7:14
   3. II Chronicles 34:27
   4. Psalm 35:13
   5. Romans 3:23

C. Why should you humble yourself?
   1. Job 40:12, Daniel 4:37

D. What is the first act of humility? (Mark 1:15, Matthew 18:3) Why?

III. Examples of Humility
   A. Jesus - observe Jesus’ attitudes; briefly describe them.
      1. Philippians 2:5-8
      2. Matthew 11:29
      3. John 14:28
B. Moses-read this account-Exodus 3:10-14
   1. What was his reaction to God choosing him?

   2. Why could Moses accomplish this task?

   3. What is Moses remembered for? Numbers 12:3

   4. Why do you think Moses was so humble?

C. Women
   1. Mary: Luke 1:38

   2. A Woman: Matthew 26:6-13

   3. Esther: Esther 2:19-20, 4:15-17, 5:1a

IV. Rewards
   True humility brings many rewards and promises.
   1. Proverbs 22:4

   2. II Chronicles 7:14-15

   3. Isaiah 57:15

   4. James 4:6

   5. Psalm 37:11
6. Matthew 18:2-4

"False humility demands that God applaud our self-denial, but true humility makes no claim on Him." - Lauren White

Applications:
1. Pray in a kneeling position with your head down for one week and write down how it makes you feel.

2. List areas where you feel you are humbled and how true humility can be incorporated in those areas.

Memory Verses:  James 4:10
                1 Peter 5:6
                Proverbs 8:13

Selected Reading:  **Humility**, by Andrew Murray
Lesson III

A Woman of Mercy

Mercy- kind and compassionate treatment of an offender, enemy, prisoner, or other person under one's power. A disposition to be kind and forgiving. As a woman of God our highest goal should be "to be like Christ." We can only achieve this as we know Him and know His ways. Jesus gave us a perfect example of mercy as He looked on a lost world and gave them hope. For us to show mercy we must see God's mercy, receive His instruction, and obey His leading in showing mercy.

I. God's Mercy toward Us
   A. According to I Peter 1:3, who has shown mercy to us?

   What has this mercy given us?

   B. Read Matthew 9:12-13
      Is God's mercy toward sinners passive or aggressive? Explain your answer.

   C. Have we done anything good to motivate God to show us His mercy? Titus 3:5

   D. What can we learn about showing mercy as we see God's mercy toward us? List them.

II. As a woman desiring to please God we must know what God's Word has instructed us to do in showing mercy.
   A. Colossians 3:12-13
      In this passage what is the first thing we are instructed to do? (Some translations use mercy - some use compassion)

   B. According to Jude 20-23, to whom have we been instructed to show mercy?

   C. According to Romans 12:8, how do we show mercy to others?
D. Why do you think we have been instructed to show mercy in this way?

E. Are you a person who shows mercy with cheerfulness?

III. God will bring situations into our lives where we can show mercy. These situations may be with parents, mates, friends, or strangers. We must be willing to be obedient as God brings opportunities our way to show mercy.

A. Mercy with great rewards. Read Genesis, chapters 39-45
   1. Was Joseph a man of mercy?

   2. Do you think Joseph often desired for others to show him mercy?

   3. What specific things do you think God used to develop a merciful heart in Joseph?

   4. What were the benefits for Joseph as he showed mercy?

B. Mercy without known reward. Read I Samuel 24:10-17.
   1. How did David show Saul mercy?

   2. Do you think there could have been a risk for David's life by not killing Saul? Why?

   3. Who did David trust as he showed mercy to Saul?
When God leads us to show mercy to others there may be a risk involved. We must put our complete trust in the One who leads us.

Projects:
1. Make a list of situations in your life right now where you can show mercy. Pray over the list and aggressively show mercy in those situations as God leads.

2. Meditate on I Peter 1:3–5 and ask God to develop in you a merciful heart like His.

3. Read the biography of Amy Carmichael.

Memory Verses: 1 Peter 1:3–5  
Matthew 9:13

Selected Reading: Amy Beatrice Carmichael, by Nancy E. Robbins
Lesson IV

A Woman of Diligence

Diligence is a long steady application to one's occupation or studies, done with persevering, painstaking effort.

As women each of our callings in life will be varied. God will call some to be wives, mothers, or involved in a particular career. Whatever our callings, diligence will be required in our positions. To be diligent we must be consistent, able to continue on, and caring in our attitude.

I. Consistency
   Consistency begins with the inner woman. To be consistent in other areas of your life, you must first be consistent in your walk with God.
   A. In what areas do these verses show a need for consistency?
      1. Proverbs 4:26

      2. I Timothy 4:6

      3. II Timothy 2:15

   B. List areas of your life that you feel are consistent. (The opposite of consistency is slothfulness)

   C. According to the following verses, what are the results of an inconsistent life?
      1. Proverbs 12:27

      2. Proverbs 21:25-26

      3. Proverbs 24:10
      4. Proverbs 24:30-31

   D. List areas of your life which you feel are inconsistent. What can you do to improve upon them?
II. Continuation
As you develop consistency in your lie, your ability to persevere or continue on will increase. This will be exemplified through your words and deeds.

A. Your Words
   Read the following verses. What do these verses say about how your consistent lifestyle is reflected in your speech?
   1. Matthew 12:36-37

   2. Ephesians 4:29

   3. Colossians 4:6

   4. Titus 2:1, 8

B. Your Deeds
   Read the following verses. What do these verses say about how your consistent lifestyle is reflected in your deeds?
   1. I Peter 2:12

   2. Colossians 3:17

   3. Titus 3

C. We see in the Word that it tells us to continue on in our words and deeds towards others. Let's examine our lives in light of these questions.
   1. Do you follow through on what you tell people you will do? (i.e.: when someone asks you to pray for them and you promise to do so?)

   2. Do you have a reputation for being dependable? Ask a close friend if you are some one she can count on.
3. Are you consistent in your daily chores? (i.e.: making your bed, cleaning the bathroom, washing your clothes)

4. Are you known for your godly works?

III. Caring

We need to realize that as we develop consistency and continuation in our lives God is looking at our hearts. He is more concerned that our diligence is encompassed with a caring attitude and not performed in a robot-like fashion.

A. How do theses verses relate to a caring attitude?
   1. 1 Chronicles 28:9
   
   2. Ephesians 6:7-8
   
   3. Galatians 6:9

B. How does the Proverbs 31 woman exhibit a caring attitude in her relationship with her husband and with others?

Diligence in these areas of consistency, continuation, and a caring attitude are important in our daily lives. As we grow older, this becomes increasingly important as we seek the quality of life Christ desires for us.

Memory Verses: Colossians 3:17  
Matthew 12:36-37  
Galations 6:9

Suggested Readings: Discipline: The Glad Surrender, by Elizabeth Elliot  
Ordering Your Private World, by Gordon McDonald

Lesson V
Lesson V

A Woman of Compassion

Compassion is the deep feeling of sharing the suffering of another in the inclination to give aid or support.

Christ has compassion for men displayed through His death on the Cross. The Latin form for "compassion" is "sympathy" or "to suffer together with." Christ suffered sympathetically with others. We can learn from His example by having compassion for the world, strangers, family members, and other relationships that are close to us.

I. The World
   A. To whom does God show compassion?
      1. Psalm 103:13

      2. Romans 9:15-16

   B. How does the Lord express his compassion?
      1. Isaiah 59:15-21

      2. Lamentations 3:22-23

      3. Matthew 23:37

      4. Luke 7:12-14

   C. Application
      Mediate on the song, "Let Me See This World" (Printed at the end of this lesson)

II. Strangers
   A. How does God desire for us to respond to strangers?
      1. Exodus 22:21
2. Hebrews 13:2

3. Leviticus 19:33-36

4. Jeremiah 22:3

B. How did these people respond toward strangers?
   1. Luke 10:30-37

2. Genesis 18:1-8

C. Application
   Observe your attitude toward strangers for one day. Record what you learn.

III. Family
   A. Read Luke 15-11-32 - The Prodigal Son
      1. How did the father show compassion toward his son?

   2. Observe the older brother and his response to the father's compassion. How do you respond when compassion is shown towards other family members?

   3. Do you rejoice for them? Why or why not?

   B. Read Genesis 45:1-15
      How did Joseph show compassion toward his brothers when they wronged him?

   C. Application
      Both of these men showed compassion toward their family members. Do you show compassion toward all of your family members? Write down ways in which you can show compassion toward your family members.
IV. Other Relationships
   A. There will be times in relationships with other people that you will be disappointed or hurt by their actions. Read I Samuel 1:1-18 and see what Hannah learned in her relationships with Peninnah.
      1. How did Hannah respond to Peninnah?

      2. How did Hannah work through Peninnah's irritations toward her?

      3. How does this action bring her toward an attitude of compassion?

Memory Verses: Colossians 3:12
               Lamentations 3:22-23

Selected Reading: Compassion, by Charles E. Swindoll

"Let Me See This World"

   Let me see this world, dear Lord, as though I were looking through your eyes. A world of men who don't know you, Lord, a world for which you died. Let me kneel with You in the Garden, blur my eyes with tears of agony. For if once I could see this world the way You see, I just know I would serve You more faithfully.

   Let me see this world, dear Lord, through Your eyes. When men mocked your holy name, when they beat you and spat upon you, Lord, let me love them as you love them just the same. Let me stand high above my petty problems and pray for men bound eternally. For if once I could see this world the way You see, I just know I'd serve You more faithfully.
Lesson VI

A Woman of Servanthood

Servant - someone expressing submission, recognizance, or debt to another; to function for another.

As a woman many times your roles of service will be from a "behind the scenes" standpoint. By the term "servant" we know this type of lifestyle is not an illustrious life, but also by the term "servant" we know this person can accomplish a great deal. God says in Matthew 20:26, "... but whoever wishes to become great among you shall be your servant". With this in mind, let's look at the attitude, the action, and the application of a servant in a woman's life.

I. The Attitude of a Servant

   In servanthood, we will be motivated by one of two attitudes: one will be a self-righteous service or the other will be an attitude of true service to God.

   A. Self-righteous attitude
      An example of self-righteous service is found in Matthew 23:25-28.
      1. How does Christ describe a person who is self-righteous?

      2. What are the adjectives used to describe the self-righteous person?

      3. According to verse 26, how can one remedy the self-righteous attitude?

   B. True attitude of service
      An example of righteous service is found in the Beatitudes. (Matthew 5:1-12)
      1. Read these verses and list several different attitudes of a righteous person.

      2. Which are these attitudes are your strengths and which are your weaknesses?

II. Action of a Servant

   When we have the right attitude in service we will also have the right actions. Here are some examples of people who served with righteous acts. Describe their particular manner of service.
A. Dorcas: Acts 9: 36-42

B. Rebekah: Genesis 24:12-21

C. Ruth: Ruth 2:11-12

III. Application
   Now that we have looked at the proper attitudes and actions of a servant, let's focus on how we can apply them to our lives.
   A. Read Romans 12
      1. How do we begin our act of service? (v. 1-2)

      2. Who are the recipients of our actions? (vs. 3-6)

      3. List the different ways of service noted in vs. 7-21.

   B. Projects
      1. Wash six people's feet this week. Write down how you felt and how they felt.

      2. Do an act of service for someone with whom you are not compatible.


Memory Verses: Romans 12:9-21

Suggested Reading: Improving Your Serve, by Charles E. Swindoll
Dropping Your Guard, by Charles E. Swindoll
The Celebration of Discipline, by Richard Foster
Lesson VII
Lesson VII

A Woman of Creativity

Creative - to give rise to, to bring about, produce

"People feel a drive to 'do something for society', to undertake huge projects - having been liberated from the 'limitations' of their homes and families. What a society needs more that anything is a glimpse through a window into the family life of people who are becoming creative in amazingly diverse ways and who haven't time to be bored. The natural sequence is a spilling over into a wider area affecting other people, even without meaning to do so.' Edith Shaeffer

I. A Creative God

Our main motivation in being a creative disciple of Christ is that we have such a creative God.

The personal God who has always existed has always been creative.

A. According to the following verses, how did God demonstrate creativity?

1. Genesis 1

2. Genesis 2:18-23

3. John 6:1-14

4. Ephesians 2:10

B. How did God inspire the following people to be creative?

1. Mark 2:2-5


C. Mediate on Revelation 21:10-27. Reflect on how creative God's design is for the believer's future.
II. A Creative Spirit

If the Holy Creator lives within us, we can trust Him to give us a creative spirit.

A. How do we gain a creative spirit?
   1. Proverbs 14:15
   
   2. Acts 3:19
   
   3. II Timothy 1:7

B. What stifles a creative spirit?
   1. Proverbs 6:9-11
   
   2. II Corinthians 10:12
   
   3. Revelation 3:16
   
   4. How can these things keep you from being creative?

C. Creativity spells growth! List some things you need to do to develop a creative spirit.

III. A Creative Ministry

Creativity can enhance and positively affect all areas of life that surround you.

A. Home (wherever you live)
   Read II Corinthians 2:15. What are some ways in which you can be creative in doing something special for those with whom you live?

B. Work - Read Matthew 5:13
   1. How can you become more "salty" at work?
2. Ask the Lord for one creative approach to share His love with fellow workers.

C. Family/Friends - Read Titus 3:3-8
   1. What contribution can you make to their enjoyment of life?

   2. Plan a few activities to do with a friend or family member.

Knowing the Holy Creator inspires us to be creative disciples of Christ. We can trust Him to impart to us a spirit that is not shy or fearful, but bold and creative. This is certain to spill over into the lives of many others, also drawing them to the Creator.

Memory Verses: Ephesians 2:10
               II Timothy 1:7
               II Corinthians 2:15

Suggested Reading: What is a Family, by Edith Schaeffer
                   Creative Counterpoint, by Linda Dillow
To the Leader:

The lessons in this manual are not all inclusive. We encourage the leader to supplement where possible. Ways in which the leader can do this is to encourage participation in the projects suggested and to have follow-up on them. Use some of the selected readings and have the group participate in reading one of them and discussing what was read. Create your own projects in accordance with the particular character under discussion. These are just a few suggestions.

Each study can be made longer or shorter according to the need of the group and according to the direction of the leader. We have designed this book in such a way that we hope it can be adaptable to any group of women and leader situation.