Sailing the C's
Lesson 7
“The C of Commitment”
PreK – 1st Grade (Sumner)
PreK/K (Puyallup)

Prepare (Before Service)
Game Material: none
Craft Materials: Picture of Paul in a Boat copied on cardstock Glue sticks, blue paint, brown paint, paint brushes, Paper bowls, baby wipes
Take Home Pages: Make sure there is enough for each child to take home.
Curriculum: Make sure each classroom has an age appropriate curriculum DVD and storybook.

The Point of the Lesson:
Each child will learn that everyone is committed to something. That commitment can be to family, friends, sports, music, God or something else. Whatever they are committed to will guide their beliefs, choices, actions and words. They will see that a commitment to God will give them a firm anchor in the sea of life and keep them from drifting away from a secure, peaceful purpose.

The Power of God’s Word:
Trust your work to the Lord. Proverbs 16:3 NLV

The Prayer of Each Child:
Dear Jesus, Help me to love You and obey You at all times. Guide me each day to do the right things. I am so glad I can always count on You to be with me and give me the strength I need. Help me to be a good example to others and to share Your love with them. Amen

The Lesson in a Word:
Obey God!

CHECK IN AND WELCOME

STORY
(Use the Classroom Storybook as a Visual Aid)
Have children stay seated while the story is taught live by the teacher. Have the kids repeat sentences, add motions, make faces to show emotions, etc. to make the lesson come alive. Before the story starts, remind the students how to be good listeners. Encourage them to raise their hands before speaking. Here’s a great way to remind them. Say this and have them join you by saying the words and doing the motions together. Try it a couple of times through to teach them.

Eyes are watching. (Point to eyes.)
Ears are listening. (Cup hands around both ears.)
Hands are quiet. (Hands folded in lap.)
Feet are still. (Fold legs criss cross, make a pretzel with your legs.)

Wait until you have everyone doing this to start the story! Praise the students for being good listeners. (You may even want to use the container of stickers for good listeners at the end of the story and verse time.)

Say: Today we are going to hear about a man who was very committed to Jesus. No matter what happened to him, he loved Jesus and told everyone about Him. He obeyed God by doing the right things.

Paul’s Trials
Paul was committed to Jesus and talked about Him wherever he went. Some people didn’t like this, so he was arrested in Jerusalem for sharing Jesus with others. After he went through a trial, he was sent to tell his story in front of Caesar in Rome. Paul was put on a ship with other prisoners. But along the way a huge storm came. After the storm was over, they realized they were lost. Soon, all 275 men gave up hope of ever being rescued. So Paul started telling everyone about Jesus. They were lost at sea for fourteen days, but then they saw an island. After trying to get the ship to the island, the ship broke and crumpled into pieces. Now they were shipwrecked on an island called Malta. With guards watching, Paul was able to go around the island and share about Jesus. After three months on Malta, the crew got another ship and again set sail for Rome. Caesar kept Paul a prisoner after hearing his story, but allowed him to live in his own house. Paul continued to share with people about Jesus. Paul’s commitment to Jesus helped him through some rough times. He love Jesus and wanted to obey Him at all times. (Source: Acts 21:27–28:31)

Review Questions:
Use the following questions to review the lesson with the children.

1. Who was in our story today? (Paul)
2. What did Paul do? (He told people about Jesus)
3. Where did Paul get stranded? (On an island)
4. Did Paul preach to a few people or a lot of people? (A lot of people)

MEMORY VERSE
Introduce today’s verse to the children by saying it with them several times. Make it a competition between the girls and boys if you want. Add hand motions and changing inflection to make the verse come alive. Explain what the verse means to the kids.

Trust your work to the Lord. Proverbs 16:3 NLV

PRAY
Dear Jesus, Help me to love You and obey You at all times. Guide me each day to do the right things. I am so glad I can always count on You to be with me and give me the strength I need. Help me to be a good example to others and to share Your love with them. Amen
GAME TIME
Simon Says
Materials: None
Directions: Have all the children stand in a group. A leader will call out commands. If the leader says, “Simon Says” the class must follow the command. If a leader does not say “Simon Says” and a child does the command, they are out until the next round.

Talk about how in the game you had to obey the command when someone said “Simon Says…” That is like how we need to obey God. We learn from the Bible about how we can love Him and obey Him.

DVD LESSON
This segment is designated to reinforce the lesson and teach application with age-appropriate props, puppets and video during a large group time. On DVD player, select this week’s lesson and this will play Hear This, Picture This and Do This portions of the video here.

Praise:
This is a time of corporate worship through singing and music. Turn on DVD and play Sing This here.

Process:
This segment is designated to reinforce the lesson and teach application with age appropriate props, puppets and video during a large group time. Turn on DVD player and play Picture This, Hear This, and Do This Video here.

Picture This:
Paul’s Trials
Paul was committed to Jesus and talked about Him wherever he went. Some people didn’t like this, so he was arrested in Jerusalem for sharing Jesus with others. After he went through a trial, he was sent to tell his story in front of Caesar in Rome. Paul was put on a ship with other prisoners. But along the way a huge storm came. After the storm was over, they realized they were lost. Soon, all 275 men gave up hope of ever being rescued. So Paul started telling everyone about Jesus. They were lost at sea for fourteen days, but then they saw an island. After trying to get the ship to the island, the ship broke and crumpled into pieces. Now they were shipwrecked on an island called Malta. With guards watching, Paul was able to go around the island and share about Jesus. After three months on Malta, the crew got another ship and again set sail for Rome. Caesar kept Paul a prisoner after hearing his story, but allowed him to live in his own house. Paul continued to share with people about Jesus. Paul’s commitment to Jesus helped him through some rough times. He love Jesus and wanted to obey Him at all times. (Source: Acts 21:27–28:31)

Hear This:
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Do This:
I can commit to God by trusting in Him each day. I can pray to Him daily and know that He will always listen to me. I can spend time with Him by reading the Bible or listening to Bible stories. I can try to make good choices like obeying my parents and doing the right things. These are ways I can show God that I am committed to Him.

Snack:
This is a time for a class snack where leaders can reinforce a Bible lesson or encourage a personal application among the kids.
CRAFT
Paul in a Boat Picture
Materials: Picture of Paul in a Boat copied on cardstock Glue sticks, blue paint, brown paint, paint brushes, Paper bowls, baby wipes
Directions: Give each child a picture of Paul in a Boat. Let them color Paul. Pour the two colors of paint into different bowls. Have the children paint the sand brown and the water blue.

CHECK OUT
Provide each student with a Take Home Page for the week. Be sure they take home their craft also.