

## Getting Started

Initially in Salt and Light, we all start in the same place in the Word of God. The first week gives you an overview of God and His character. After this, you proceed into the bible overview. Each day read at your own pace, read relationally and record in your journal one thing that God revealed to you that day via His word. As we all continue at our own pace, we will eventually be reading in different portions of the word.

### Week 1:

Day 1: Read Psalm 103

Day 2: Read Isaiah 40: 25-31, Romans 8:31-39, Psalm 145

Day 3: Read Psalm 139

Day 4: Read Daniel 3, Daniel 6

Day 5: Begin bible overview. The bible overview may take you a month, 6 months, a year, etc. Just read it at your own pace. Some days you may read a chapter, some days you may just read a verse. Just go at your own pace.

### Bible Overview:

1. Read Genesis - Exodus 20 OR the book of John.
2. Read Genesis – Exodus 20 OR the book of John (whichever you didn't read in step 1)
3. Read the book of Matthew
4. Read the book of Romans

Once you have completed the bible overview, return to Exodus 21 and continue reading through God's word at your own pace. The goal of Salt & Light is that we are reading through the whole bible and receiving the full counsel of God at our own pace.

### Ideas:

You can read just one book at a time.

You can read a little from the OT and a little from the NT each day.

You can also be reading a Psalm or a Proverb each day.

All of these are just ideas. Basically, read through the word in a way that is comfortable to you and at your own pace.

## **What Does it Mean to Read Relationally?**

When we read “relationally”, we interact with the author, our Heavenly Father. Speak to God while you are reading His word. Talk to God about what you are reading at the same time that you are reading that portion of scripture. If you have a question about a particular verse, ask the Father to reveal His word to you.

When reading relationally you....

- Ask God to reveal Himself to you through His Word.
- Praise Him and thank Him for those things that touch your heart.
- Ask Him what it is that He would like you to specifically apply from this portion of scripture.
- If you find something interesting...tell Him. If you are confused... tell Him. If you're having a hard time apply this portion of scripture....tell him.
- Have a conversation with the Lord while you are reading His word. Interact with Him instead of silently reading.

## **Salt and Light Accountability**

Commit to spend time with the Lord daily and read His word daily at your own pace.

Commit to read the bible relationally and record each day what the Lord reveals to you through His word.

Commit to memorize one scripture each week.

## **Salt & Light Format**

Everyone arrives, says hello.

Each person who brought a prayer request drops that prayer request in the basket.

Each person chooses a partner. They trade their OLD memory verses and each person quizzes the other on one of the their OLD memory verses.

Group gathers together and opens in prayer.

Go around the group and each person recites their current memory verse and shares the one item they'd like to share from their journal that week.

While each member shares, other group members may jot down verse locations of memory verses shared, a little note about what was shared and the verse it related to, etc. in their journal. This can help you later to recall the information shared and also help you to know how to pray for your fellow group members.

Each group member draws a prayer request out the basket and commits to pray for that need throughout the next week.

## **Play Well with Others**

For your personal growth, and for the sake of the privacy of others, the items we write in our journals, our prayer requests and the information we share in our Salt & Light groups needs to be about us and us alone. It isn't appropriate to share information about our husbands, significant others, friends, children, etc.

Salt & Light groups are a time for a specific purpose and they serve women from all backgrounds and walks of life. Therefore, discussions about politics, world events, local news, etc would best be left outside the group. We don't want topics such as these to distract us from the great blessings the Lord has in store for us as we come together in our Salt & Light groups.

Remember, the women in these groups need to feel comfortable coming to Salt & Light and being open and honest about where they are in their walk with God. Personal honesty can lead to great personal growth. Therefore, please respond to your fellow group members in a loving and kind manner and take care to avoid comments that may be perceived as judging others.

Feel free to invite friends, family, neighbors, etc to Salt & Light. Anyone is welcome, even non-believers. S&L is a great tool for evangelism, especially for those folks who are currently seeking information about Jesus. Non-Christians who are interested in reading the Word of God are more than welcome to attend.

If you have questions or concerns about Salt & Light, please speak with your group leader. Once you have notified your group leader, you can also contact Kris Haukoos regarding your concerns. You may reach Kris at [haukoospnp@gmail.com](mailto:haukoospnp@gmail.com) or 352.359.2757