Jesus’ teaching in the Sermon on the Mount is about who you are and who you can become as a citizen of God’s Kingdom. An entirely different kind of life is possible when you allow Christ to rule in your heart by embracing him as your King.

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1. The ________________ of Christ’s teaching. (Exodus 20:14, Deuteronomy 24:1-4)

2. The ________________ of Sex. (Genesis 1:26-28, 2:18-25)

3. The ________________ we are offered. (Genesis 3)

4. The ________________ of our actions. (Proverbs 5, Ecclesiastes 2:1-11)

5. The ________________ for broken people. (Mt. 5:29-30, 1 John 1:9, Romans 12:1-2)

**BBCC Verse of the week:** “And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him.” Romans 12:1 NLT
**Sunday:** Read Matthew 5:27-8. In these verses Jesus explains that keeping God’s command, “Do not commit adultery” is not just a matter of outward obedience but a matter of the heart as we follow God’s design for sex. Sex is a topic that is a source of controversy, conflict, embarrassment, misunderstanding and pain. Pray that God will help you see sex from His point of view and give you a deep desire to please Him in this area of your life.

**Monday:** To really understand sex you have to go back to the beginning. Read Genesis 1:26-28 and 2:18-25. The very first command God gave to Adam and Eve was to be fruitful and multiply. How would that happen? Through sex. Sex was created by God as a part of our humanity and a sexual connection is not only physical: it is emotional, relational and spiritual. Our desire for intimacy with a spouse, fiancé, boyfriend or girlfriend is a picture of the kind of close relationship God wants to have with us. That’s one of the reasons the church is described as the “bride of Christ”. Our sexual desire and need for intimacy can actually help us understand God’s deep love for us.

**Tuesday:** Read Genesis 3:1-24. Satan’s temptation of Eve was designed to destroy her intimacy with God and with her husband Adam. Once that intimacy was destroyed, Satan had an opening to promote one of his greatest lies: sex is only physical. That is the message of our culture. Sex is a commodity devoid of any spiritual implications. The truth is that God designed sex to be the union not only of a man and a woman’s body but a union of their souls. That’s why sex outside of God’s design causes so much damage in people’s lives. Ask God to help you embrace His truth about sex.

**Wednesday:** Read Proverbs 5:1-23. This entire chapter is a warning against adultery. Look back over these verses and see how many consequences you can identity. How does the advice in verses 18-20 apply to married couples? (See also 1 Corinthians 7:3-6). Consider what verses 20-23 have to say to the person who thinks, “No one will ever know what I am doing.”

**Thursday:** Read Matthew 5:29-30. When Jesus says to “gouge out your eye” or “cut off your hand” he is speaking figuratively. As followers of Christ we must be willing to “cut off” any habit, relationship or practice that causes us to sin. This is particularly true of sexual sin and would involve getting rid of any pornographic material or abruptly ending an illicit relationship. These actions will be painful but are necessary to restore our relationship with God.

**Friday:** Read 1 John 1:8-9. The cure for our brokenness over sexual sin involves complete confession to God. In these verses God promises that if we will confess our sin He will forgive us and cleanse us. As you look at your life and at your heart, is there anything you need to confess? If you have confessed to God, ask Him to help you experience the joy and freedom of His forgiveness and cleansing.

**Saturday:** Read Romans 12:1-2: Someone once said that the problem with living sacrifices is that “they keep crawling off the altar”. According to verse one, what is the motivation for offering our bodies as living sacrifices? According to verse two, what is necessary to keep from
conforming to the patterns and practices of the world around us? What do you need to do to “transform your mind?”

**BBCC Bible Study Notes**
From the series: Living the Life
“Sex and the City”
June 29, 2014

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1. The **Context** of Christ’s teaching. (Exodus 20:14, Deuteronomy 24:1-4)

2. The **Creation** of Sex. (Genesis 1:26-28, 2:18-25)

3. The **Counterfeit** we are offered. (Genesis 3)

4. The **Consequences** of our actions. (Proverbs 5, Ecclesiastes 2:1-11)

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