

**Implementation and Measurement:**

All employees of Bethlehem Lutheran School are encouraged to be a positive healthy lifestyle role model for students by following, at a minimum, these administrative rules. Students can learn healthy lifestyle habits by observing the food and physical activity patterns of school personnel and other adults who serve as role models in their lives.

In order to send consistent messages to students, all adults in the school environment are encouraged to make healthy food choices and engage in physical activity. Bethlehem will work through its faculty and staff to find cost effective ways to encourage staff wellness.

Revised 10/2009