

implementing such rules. The principal shall report to the CSHT and the Board of Education on the school's programs and efforts to meet the purpose and intent of this policy.

**Administrative Rules Regarding Bethlehem's Wellness Policy:**

In order to enact and enforce Bethlehem's Local Wellness Policy, the principal, with input from teachers, parents/guardians, students, representatives of the school food service program, the school board, and the public have developed these administrative rules.

To assist in the creation of a healthy school environment, Bethlehem will establish a Coordinated School Health Team (CSHT) that will provide an ongoing review and evaluation of Bethlehem's Wellness Policy and these administrative rules. The CSHT may include representatives from the following areas:

- Administration
- Faculty
- Health/Physical Education
- Food Services
- Health Services
- Parent/guardian
- Students
- Congregations
- Community groups

Faculty and staff shall be reminded that healthy students come in all shapes and sizes. Students should receive consistent messages and support for:

- Giving glory, honor and praise to God, their Creator
- Self respect
- Respect for others
- Healthy eating
- Physical Activity

These rules are subject to ongoing review and modification as necessary to help assure compliance with the purpose and intent of Bethlehem Lutheran School's Wellness Policy. Any Bethlehem's stakeholder wishing to express a viewpoint, opinion, or complaint regarding these rules should contact:

The Principal of Bethlehem Lutheran School  
2777 Hermansau, Saginaw, MI 48604  
989-755-1146

Students, staff, and community will be informed about the Bethlehem's Local Wellness Policy annually.

**Nutrition Education:**

Nutrition education, a component of comprehensive health education, shall be offered every year to all students. Nutrition education topics shall be integrated into the entire curriculum when appropriate. Bethlehem shall implement a quality nutrition