

The Lord's Supper

Jesus Christ gave to His Church on the night before His death the Lord's Supper. It consists of a piece of unleavened bread and a sip of wine. However, Jesus said that this bread "is My body," and the wine "is My blood, shed for you for the forgiveness of sins." As one eats and drinks of this bread and wine, one also receives Christ's true body and blood and all that Christ's death on the cross earned for sinful mankind; the forgiveness of sins, new life now, and eternal life.

