



Winter 2018

#### UPCOMING EVENTS

2/5/18: Meeting-Free to Protect (Self-Defense & Awareness) 6-7:30pm

2/10/18: Teen MOPS Mommy & Me Dance 3pm (RSVP required)

2/19/18: Meeting-Free to Parent Peacefully (Co-Parenting) 6-7:30pm

3/5/18: Meeting-Free to Learn & Grow 6-7:30pm

3/19/18: Meeting-Financial Freedom 6-7:30pm

4/2/18: Meeting-TBD 6-7:30pm

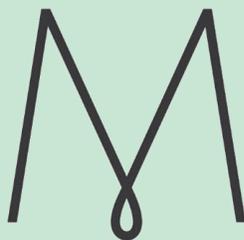
4/16/18: Meeting-Creative Freedom (Pallet Painting) 6-7:30pm

#### CURRENT NEEDS

\*Size 5 Diapers

\*Gas Gift Cards

\*Meal for 4/2 (sign up at <https://mealtrain.com/en8y8o>)



TEEN MOPS

## Saginaw Teen MOPS News:

This has been a busy year at Saginaw Teen MOPS! With the new MOPS year came many new faces. We have welcomed 5 new moms, multiple new volunteers, and exciting collaborations with other community organizations.

Our meetings this year have covered a variety of topics, all tied into our MOPS International theme for the year, FREE INDEED. Moms have discussed friendships, relationships, serving in our community, social media, and thankfulness. In November, our group completed a service project, hand tied fleece blankets for Heart of Saginaw. We've also had our share of fun, including a meeting dedicated to making DIY Christmas crafts and stocking stuffers for the kids. We celebrated the true reason for the season with a Christmas Party complete with cookie decorating, cocoa and lots of presents!

We continue to be overwhelmed by the generosity of our supporters who donate their time, money and resources. Thank you for your on-going support.

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#### **VOLUNTEER SPOTLIGHT: Childcare Helpers**

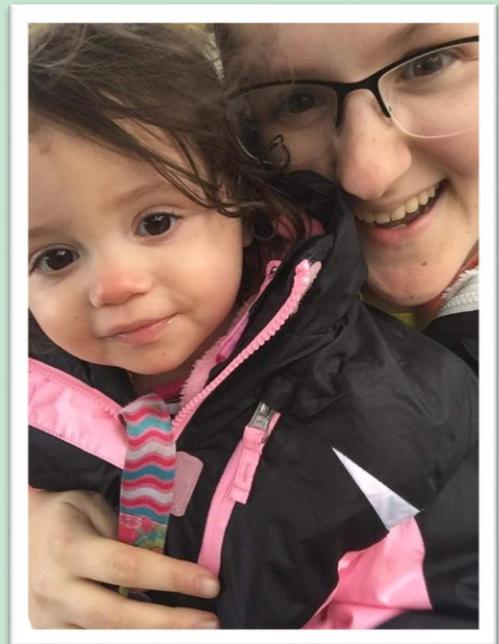
Moms get to relax and enjoy the Teen MOPS meeting thanks to our on-site, free childcare program. In childcare, children enjoy time playing and socializing with other children, and quality time with loving helpers. This program would not be possible if it weren't for a group of devoted volunteers. Childcare helpers arrive early, greet the moms, cuddle, rock, feed and play with our littlest MOPS friends. We currently have 7 childcare helpers volunteering with our program. Childcare helpers are required to pass a background check, if you are interested in volunteering, please contact us!

*#thisismotherhood*



### Teen MOPS Mom: Nicole

“I love that Teen MOPS is a positive environment to unwind and destress. I never feel judged by anyone at the meetings. As a young mom, this is very important. My daughter will be 2 years old at the end of March. She doesn't go to daycare so the child interaction is an important key in her development. When we first started coming to MOPS, she was scared to be away from me but now she's warmed up to the adults. She loves going to MOPS as much as I do! Teen Mops has changed me as a person in the way I think. God has always been a part of my life but when I had my daughter at a young age, I was sure he wouldn't be happy with me. This group assured me His love is unconditional and never judgmental. This group also taught me that that's what I need to find in friends. Because that makes a huge difference. This group has taught me that it's okay because there isn't a perfect parent and everyone is really just trying their best. Right now, I'm going to school and working towards a degree in Respiratory Therapy. I'm also working full time at Covenant. I ❤️ Teen MOPS!”



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### Teen MOPS Alumni: Jazmonique

“I love that fact that I was able to be around girls who all have different stories but we were all mothers. I love the fact my daughter was accepted and included in the activities. Teen MOPS gave me the opportunity to grow spiritually and emotionally. My daughter is 4 and she absolutely loved going to the “Mommy group” as she called it. The group allowed for her to gain friendships and it showed her how to build relationships. I was a part of the group for about 2 years. The group changed me as a person by giving me insight on something that should be being spread all over. Now that I'm in the military, with prayers and perseverance I plan to create a MOPS for military families. I believe that MOPS would be essential for families especially those who are stay at home mothers.”

