



HOW TO USE THIS CURRICULUM

As we said in *Unstuck*, we want the book—as well as all the spiritual-growth materials we've loaded onto this website—to be much more than resources *about* the Bible. Everything we've created here will move your group deeper into Scripture, challenging those in your care to engage God's Word, reflect on it, and live it out.

Our research has proven that Bible engagement leads Christians into a thriving relationship with Jesus Christ. And as we get more of Jesus in our lives—more of His heart, more of His story, more of what He wants for each of us—the more we learn and grow. As His truths are worked into our own hearts, we learn how to ...

- ... develop the right mindset so we can live better the words of Jesus.
- ... take our eyes off ourselves and begin to love our neighbors.
- ... pray with power and passion.
- ... nurture our families.
- ... live well and healthy within the community of believers.
- ... serve the needy.
- ... praise and worship our Creator.
- ... become more like Jesus.
- ... get unstuck spiritually.

A key to helping Christians engage the Bible—and ultimately grow—is to get them talking and connecting ... with each other and with God. This easy-to-lead group study can help. Think of it as a conversation starter with weekly material that's divided into four simple sections:

- 1** Story / Discussion Questions
- 2** Scripture / Discussion Questions
- 3** Application / Discussion Questions
- 4** Additional Scriptures for Deeper Study

Tips on Leading Your Group:

Before Your First Meeting: (1) Instruct your group to read “Starting Point” and the first two chapters of *Unstuck*. (2) Encourage them to use the book during their daily devotional times, studying “Spiritual Stepping Stones: Days 1-6.” (3) Tell them about your church’s “Get Unstuck 45-Day Campaign,” and show them the additional devotional material in the 45-Day Campaign section of this website. Note: The devotional material actually begins in the book and unfolds online. Take a look!

WEEK 1: Why We Stall Spiritually: (1) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 42-44. (2) Read John 21:1-17 and discuss. (3) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (4) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (5) Hand out the article titled “Get Unstuck: Key Questions to Ponder”—see the “*Unstuck Articles*” section of this website. (6) Close in prayer.

WEEK 2: What the Bible Is All About: (1) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 60-68. (2) Read 2 Peter 1:19-21 and discuss. (3) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (4) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (5) Hand out the article titled “50 Facts About God, Faith and Spiritual Growth”—see the “*Unstuck Articles*” section of this website. (6) Close in prayer.

WEEK 3: Breakthroughs for the Broken: (1) Kick off your meeting with a four-minute video titled “Something Different”—see the “Church Campaign” section of this website. (2) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 103-108. (3) Read Malachi 4:1-3 and discuss. (4) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (5) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (6) Hand out the article titled “*Unstuck Story Highlights*”—see the “*Unstuck Articles*” section of this website. (7) Close in prayer.

WEEK 4: The Powered by Four Solution: (1) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 113-122. (2) Read 2 Timothy 3:14-17 and discuss. (3) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (4) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (5) Close in prayer.

WEEK 5: Moving Beyond “ME”: (1) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 175-181. (2) Read Matthew 22:37-40 and discuss. (3) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (4) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (5) Close in prayer.

WEEK 6: Getting Unstuck Again ... and Again: (1) Read the opening story and discuss. Recap what you read in *Unstuck* pp. 223-227. (2) Read Ephesians 6:10-18 and discuss. (3) Read “Discover Real Change” and discuss how this week’s lesson can be applied to each person’s life. (4) Encourage your group to study “Go Deeper” and “Stepping Stones” during the week. (5) Close in prayer.