

# 2 WHAT THE BIBLE IS ALL ABOUT

## Start the Conversation

*Read This Story, and Then Join in With Your Own ...*

“I’m not in a season of reading my Bible,” I used to say. When I found myself in groups of people who had decided to follow Jesus, I’d cringe whenever someone would mention having a meaningful “quiet time.” I was afraid I’d eventually be asked or invited to share about my own, nonexistent time of daily Bible engagement.

I had a convenient list of excuses:

*“I’m not a morning person.”*

*“When I try to read at night, I just fall asleep.”*

*“I don’t understand it. It’s too hard to figure out.”*

And this, *“I go to church every week and someone always reads the Bible out loud when I’m there. So, I hear it.”*

But if I’m being honest, I didn’t really think I needed it. I didn’t think the Bible was relevant—that it had anything to say that would make a difference in my life.

Boy, was I wrong.

## Talk It Out

*Don’t Hide What’s Inside—Open Up!*

- Several different perspectives of the Bible are presented in Chapter Three of *Unstuck* (pp. 62-68). Which of these perspectives resonates with you?
- How would you describe your own perspective on the Bible?
- On a scale of 1 to 10—with 1 being “Nah, I don’t need to be bothered with that,” and 10 being “My Bible is my lifeline”—where does God’s Work rank in your life?

## Engage God's Word

### *Read 2 Peter 1:19-21*

- How is the Bible described in verse 19?
- According to verse 20, is the Bible the writer's interpretation?
- Where did the Bible originate (verse 21)?

## Discover Real Change

### *Consider How You Can Apply God's Word*

It's easy to reduce Bible engagement to just another thing we do. Even if we commit to making it a priority, if we're not careful, it can lose its meaning and become empty to us. At the end of Chapter Two, we were reminded that "Christians grow through relationship, not religion. We stall when we focus on impersonal formulas and empty habits." (See page 49.) In the same way that neglecting the Bible can cause us to become spiritually stuck, an empty habit of "mechanically" reading it is just as risky.

- What might be some signs that Bible reading has become an empty habit in your life?
- How might your relationships with God and with others impact the way you read your Bible?
- Describe a time in your life when reading your Bible was significant and meaningful. Is it like that today? Why or why not?

## Go Deeper

### *Read These Passages on Your Own*

- Hebrews 4:12
- Psalm 119:105-106
- John 1:1-4