



## Volunteer Training Agenda Fall 2011

- Times:** Training will be from 6:00 – 9:00 pm except for Saturday trainings, which will be held from 9:00 am – 1:00 pm unless otherwise noted.
- Absences:** Volunteers may miss up to a maximum of 2 sessions and will still be eligible to receive full credit for the 40-hour SafePlace Volunteer Training.
- Readings:** Please note that this agenda contains assigned reading from the 2<sup>nd</sup> Edition of *When Violence Begins at Home* and the 2004 OAG Sexual Assault Advocate Training Manual.

### Session 1

#### *Tuesday, September 13<sup>th</sup>*

- 5:30 – 6:00 Welcome & Training Overview  
6:00 – 7:00 Herstory: A Historical Perspective on Sexual & Domestic Violence  
7:00 – 7:15 Break  
7:15 – 7:45 Herstory: A Historical Perspective on Sexual and Domestic Violence  
7:45 – 7:50 Break  
7:50 – 9:00 Social Context of Sexual and Domestic Violence

- READING: When Violence Begins at Home 2<sup>nd</sup> Edition, by K.J. Wilson, Ed.D. (Pages 1-5, 289-304, 312-346)  
Sexual Assault Advocate (SAA) Training Manual (2004), Texas Association Against Sexual Assault & Office of the Attorney General (Pages 1-3)

### Session 2

#### *Thursday, September 15<sup>th</sup>*

- 6:00 – 6:10 Activity  
6:10 – 7:15 Sexual Violence: Definition, Consent and Concepts for Social Change  
7:15 – 7:25 Break  
7:25 – 8:25 Sexual Violence: Definition, Consent and Concepts for Social Change Continued  
8:25 – 8:55 Volunteer Program Spotlight: Hospital Advocacy  
8:55 – 9:00 Debriefing

- READING: SAA Training Manual (Pages 4-28, 45-46, 69-92, 120-123, 139-161)

### Session 3

#### *Saturday, September 17<sup>th</sup>*

- 9:00 – 10:50 The Barriers to Leaving an Abusive Relationship  
10:50 – 11:00 Break  
11:00 – 12:00 Effects of Trauma and the Healing Process  
12:00 – 12:10 Break  
12:10 – 12:40 Using Our Voices: Survivor Speaker  
12:40 – 1:00 Discussion & Debriefing

- READING: When Violence Begins at Home (Pages 1-31, 68-81)  
SAA Training Manual (Pages 109-115, 41-46)

### Session 4

#### *Tuesday, September 20<sup>th</sup>*

- 6:00 – 6:10 Activity  
6:10 – 7:25 Effects of Trauma & Healing on Children  
7:25 – 7:35 Break  
7:35 – 8:15 Volunteer Program Spotlight: Children's Services  
8:15 – 9:00 Relationship Violence & Teens: Exploring Teen Leadership & Prevention Strategies

- READING: When Violence Begins at Home (Pages 32-67)  
SAA Training Manual (Pages 103-109)

**Session 5****Thursday, September 22<sup>nd</sup>**

- 6:00 – 6:10 Activity
- 6:10 – 6:50 Volunteer Program Spotlight: Legal Advocacy
- 6:50 – 7:00 Break
- 7:00 – 7:30 Using Our Voices: Survivor Speaker
- 7:30 – 7:35 Break
- 7:35 – 9:00 Legal Information & Tools for Survivors

READING: When Violence Begins at Home (Pages 82-102)  
SAA Training Manual (Pages 93-101, 173-175, 217-265)

**Session 6****Tuesday, September 27<sup>th</sup>**

- 6:00 – 7:20 Immigration Issues & Remedies for Survivors
- 7:20 – 7:30 Break
- 7:30 – 9:00 Violence Dynamics in the LGBTQ Community

READING: When Violence Begins at Home (Pages 135-143)  
SAA Training Manual (Pages 135-137)

**Session 7****Thursday, September 29<sup>th</sup>**

- 6:00 – 6:10 Activity
- 6:10 – 7:30 Exploring Diversity, Power and Privilege
- 7:30 – 7:40 Break
- 7:40 – 8:50 Diversity, Power and Privilege Continued
- 8:50 – 9:00 Debriefing

READING: When Violence Begins at Home (Pages 120-143, 149-151, 201-233)  
SAA Training Manual (Pages 124-127, 266-289)

**Session 8****Saturday, October 1<sup>st</sup>**

- 9:00 – 10:25 Violence Dynamics & Accessible Services: Working with People with Disabilities
- 10:25 – 10:35 Break
- 10:35 – 11:05 Using Our Voices: Survivor Speaker
- 11:05 – 11:10 Break
- 11:10 – 11:40 Volunteer Program Spotlight: Life Skills & Grove Place
- 11:40 – 12:10 Volunteer Program Spotlight: Shelter House Support & Pet Foster Program
- 12:10 – 1:00 Tour

READING: When Violence Begins at Home (Pages 143-148, 421-422)  
SAA Training Manual (Pages 127-135, 115-120)

**Session 9****Tuesday, October 4<sup>th</sup>**

- 6:00 – 7:30 Empathetic Communication Skills
- 7:30 – 7:40 Break
- 7:40 – 8:55 Peer Counseling Tools & Role Plays
- 8:55 – 9:00 Debriefing

READING: When Violence Begins at Home (Pages 158-159, 260-268)  
SAA Training Manual (Pages 50-54)

**Session 10****Thursday, October 6<sup>th</sup>**

6:00 – 6:10 Activity  
 6:10 – 7:30 Effective Advocacy Skills for Working with Survivors  
 7:30 – 7:40 Break  
 7:40 – 8:50 Advocacy Skills & Safety Planning  
 8:50 – 9:00 Debriefing

READING: When Violence Begins at Home (Pages 152-163, 249-288, 305-310, 347-355)  
SAA Training Manual (Pages 46-68)

**Session 11****Tuesday, October 11<sup>th</sup>**

6:00 – 7:00 Advocacy and Social Change  
 7:00 – 7:10 Volunteer Program Spotlight: Community Education  
 7:10 – 7:20 Break  
 7:20 – 7:30 Communications & Development: Supporting & Sustaining Social Change  
 7:30 – 8:40 Wrap Up

What's Next?  
 Next step: Program Trainings  
 Volunteer Expectations

READING: When Violence Begins at Home (Pages 234-248, 289-304)  
SAA Training Manual (Pages 37-41, 185-190)

## FALL 2011 Program Training Schedule

**Program Training immediately follows the General SafePlace 40-Hour Training. Unless otherwise noted, program training will take place at the Resource Center. Volunteers MUST attend the specialized program training to be eligible to volunteer in the corresponding program.**

**Community Education:**

TBA **6:00 – 7:00 pm** in the RC Training Room

Contact: Community Education Training Specialist

**Children's Services Program:**

TBA **9:00 am – 1:00 pm** Location: SafePlace Kozmetsky School

Contact: Children's Services Director

**Child Development Center Children's Program:**

Contact Child Development Center Director to schedule a time for orientation following completion of the General Training.

Contact: Child Development Center Director

**Hospital Advocacy:**

Tues. TBA **6:00 – 9:00 pm** at St. David's Hospital  
 Thurs. TBA **6:00 – 9:00 pm** at SafePlace Community Room  
 Sat. TBA **10:00 am – 1:00 pm** at SafePlace Community Room

Contact: Sexual Assault Community Advocacy Coordinator

**House Support:**

Wednesday, TBA      **6:30 – 7:30 pm** at the Family Shelter  
*\*\*Observation shifts to be scheduled following initial House Support Orientation.*

Contact: House Support Manager

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**Legal Advocacy**Part 1: Required Courtroom Proceedings Observation

**Contact Senior Legal Advocate immediately after completing the General Training** to schedule observations on either a Tuesday or Friday morning **8:00 am – 12:00 pm** at courthouses in downtown Austin. Dress conservatively. Tuesdays are at old historic Sweatt building at 1000 Guadalupe, 5th floor, Room 511. Fridays are at the Blackwell-Thurman Criminal Justice Building, 509 West 11th, 6th Floor, Court 4.

Part 2: Legal Advocacy 101 and Role Playing

**Saturday, TBA from 9:00 am – 5:00 pm.** Sorry NO MAKEUPS ARE AVAILABLE. Training is held at the Travis County Attorneys Office (NOT at SafePlace!) located at 314 West 11th (corner of 11th and Guadalupe) do not pay meters. Do not call last minute for directions as no one is there to answer the main phone. Training is held on the 3rd floor conference room- if front door is locked look for sign with Senior Legal Advocate's cell phone number to call to get in.

Part 3: Courthouse Training

**Chose between Wednesday, TBA or Thursday, TBA** to tour and train in both courthouses. Training starts promptly at **8:30 am – 12:00 pm.** WEAR COMFORTABLE SHOES, bring something to write on. Meet at the benches directly across from the Information Desk (not by the metal detectors) in the old courthouse at 1000 Guadalupe. Dress conservatively.

Part 4: Courtroom Proceedings Buddyshifts & Observations

One Tuesday and one Friday required due to differences in how courts and judges can be unique. Schedule with Senior Legal Advocate. **8:00 am – 12:00 pm.** Contact Senior Legal Advocate to schedule.

Contact: Senior Legal Advocate

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**Life Skills & Grove Place Programs****Life Skills at Supportive Housing**

Contact: Life Skills Trainer

**Grove Place Workshops & Basic Adult Education Classes**

Contact: Grove Place Community Coordinator

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**Pet Foster Program:**

Scheduled on an "as needed basis" contact Volunteer Services Manager for more information.