

SPIRITUAL NUTRITION

The Bible has been provided for our learning. When we find a warning in the Bible, it should certainly get our attention. Please note the following words from Hebrews 5:12-13:

“.....Though by this time you ought to be teachers, you need someone to teach you the elementary truths of God’s word all over again. You need milk not solid food! Anyone who lives on milk, being still an infant, is not acquainted with the teachings of righteousness.”

Each of us needs to examine himself. How long have we been Christians? How much have we advanced in our learning? Are we still sipping on spiritual milk? Does our study of God’s word go beyond listening to sermons and skimpy Bible readings?

Christianity is a teaching religion. No one becomes a Christian unless he is taught. No one is taught unless someone teaches. How many of us have trained ourselves to teach others?

We expect babies to drink milk. But after a while we expect a child to grow into eating more solid food. If we see a 10-year-old still on a bottle, we are alarmed. But are we equally alarmed when we see one who has been a Christian for years, still on spiritual milk? What if we ourselves are such a one?

We find these words in I Peter 3:15: “Always be prepared to give an answer to everyone who asks you the reason for the hope you have.” Are you prepared to give an intelligent answer if someone asks you this? Try this question on one of your Christian friends this week

Do you really have a desire to enrich your knowledge of the scriptures? Talk to someone who teaches. Help is available!