Visiting some of the areas of our parish after the unprecedented Cudlee Creek bushfires of December 2019 has highlighted for me the extent of the devastation and the long road to recovery that lies ahead for our Woodside, Lobethal, Mt Torrens and Birdwood communities.

In these areas, I witnessed the capacity of these little towns to hold their own, grateful for the diligence and persistence of firefighters who held off the fire. The community has rallied to support those who lost their homes and there is an enormous sense of resilience in dealing with the aftermath of this terrifying experience.

My visits to these effected areas was also profoundly moving. The destruction and desolation, the humility and stoicism. I listened to people who have lost everything but are somehow clinging to hope. I heard stories of heroic deeds and inexplicable escapes from ravaging fires.

I saw what a difference our Administrator Delegate Fr Philip Marshall’s warmth and thoughtfulness made to the people when he celebrated Mass at Lobethal just a few days after the bushfires. It is faith in action. It is the Church living out the Gospel. It is humanity expressed in mateship and in kindness and in the strength of a hug.

The network of Christian social service agencies, with a presence of so many volunteers helping out in so many ways in affected areas, is well placed to be at the helm of the Church’s compassionate response to this disaster.

Our services, which often work quietly and with little fanfare, are embedded in the community and are therefore in place for the long haul. For Christian social services responding to disasters, the efforts are targeted and sustained for weeks and months to come.

When people have themselves been evacuated, when they have lost property, when they have lost animals and vineyards, there’s an empathy and an understanding that allows them to respond with a listening ear and a sensitive spirit.

It is in areas like trauma counselling that our services have helped a lot. While the horror of the bushfires will leave scars on our landscape for months, the hidden scars on people’s hearts can last a lifetime – but ongoing support can help ease their pain.

How do you start again when everything you own has been destroyed in a fire? That’s even scarier for families that didn’t have insurance, but financial counsellors from Catholic and other agencies help them to plot a path back.

Continued on page 2
Our Christmas toiletry donations make a difference to female prisoners, refugees

By Social Justice Group’s Cathie Oswald

Thank you once again for your generous donations of toiletries for Seeds of Affinity and the Migrant and Refugee Centre. The boxes were overflowing with toothbrushes, shaving cream, body wash, shampoo, conditioner and the like.

The women’s toiletries were taken to Seeds of Affinity where they will be placed into smaller containers and made into packs which are given to women when they first enter prison. Such small gifts make an enormous difference at a time when the women are feeling vulnerable and alone as the packs show them that there are people who care. They also help them feel so much better about themselves, especially when facing the grim reality of prison life.

As well as helping the women in prison, the packs are made up by other women who have recently left prison. This is a positive activity for them knowing that they can work together to support others with shared experiences.

The men’s toiletries were taken to the Migrant and Refugee Centre where they will be distributed as needed to the male clients who use the centre. As with the women, a simple gift of toothpaste and shaving cream makes such a difference to that sense of self-worth. Refugees have so many huge problems that we are powerless to help with, but your gifts can make a small difference to their lives…so thank you!

The Social Justice Group held a fundraiser and information Wine and Cheese evening on 20 February to further support the work of the Migrant and Refugee Centre, and we will continue to support Seeds of Affinity through our activities during the year.

Continued from page 1

Bushfire catastrophe has brought out the best in us

How do you try to find God in all the literal and metaphorical “mess” of a flattened house or community? As a parish priest, I will continue to help people work through those questions of shaken faith.

Our community is Catholic and our mission is in responding in various ways to the crisis. One of our great strengths as a Catholic community is our presence as each of our communities has a Catholic presence.

Sometimes it takes catastrophic events like the one we experienced just two days before Christmas to bring out the best that the Catholic spirit has to offer. Within the Church, it’s prompted an even deeper collaboration between the other Christian denominations.

The special collection in our parish over Christmas has been donated to a couple who lost everything as their house got burnt in Lobethal. Our parish partnership with Vinnies will continue to share resources between our Catholic school, social services agencies and the like.

My hope is that the spirit of generosity and solidarity we’re seeing – within and beyond the Catholic Church – becomes the rule, rather than the exception.
It is with a great deal of sadness that I depart St Catherine’s Stirling. I was at St Catherine’s for five-and-a-half years and thoroughly enjoyed my time there. My aim was to leave the school in a better place than when I arrived, and I feel I did this successfully.

Enrollments are up, buildings are happening and good structures are in place. I can reflect proudly on some of the things I set up, among them the ICT implementation of devices, Aquaponics, sustainability programs, Nature Play, Cluckingham Palace, the Bambini program, leadership structures, the animation room, the refurbishment of classrooms, the building programs, a financially sound school and family Masses.

‘As I move on to St Francis Xavier’s Catholic School in Wynn Vale, I feel I am well-equipped with my experiences at St Catherine’s to challenge myself at a new school. St Francis has 450 children and 21 classes, so is significantly larger than St Catherine’s. As I write this, I have just finished my first week working with the staff and they all seem to be very supportive and welcoming.

I would like to wish St Catherine’s and Adelaide Hills Parish all the best for the future and I look forward to coming back for the opening of the new school buildings later in the year.

Jason

Goodbye and thank you, Jason…

With Jason Mittiga ending his term as principal at St Catherine’s Catholic School and Erika Dixon stepping in in an acting principal capacity, we approached Jason to reflect on his tenure and Erika to introduce herself and share her thoughts going forward.

…and hello and welcome, Erika

I completed my Bachelor of Teaching at Flinders University before working on a few short contracts with the Department of Education. My move to Catholic Education commenced at the School of the Nativity in Aberfoyle Park and over the years, I have worked at Catholic schools such as St Patrick’s Special School as well as at the Catholic Education Office as a consultant in the ‘Inclusion and Learning’ team.

Most recently, I spent the last three years as the Deputy Principal at St Joseph’s School in Murray Bridge and have enjoyed engaging and working with the school community, being a leader of Catholic Identity, Teaching and Learning, and being a part of innovation and change as the school begins its expansion to offer education in Year 8 and Year 9.

I am excited about my appointment as Acting Principal at St Catherine’s Catholic School this term as I feel ‘at home’ in the Dominican tradition and because it presents a new challenge for my leadership skills.

We have much learning and work to do this term – particularly with regard to the seven capabilities that lie within the Catholic Education Living, Learning, Leading Framework – so that St Catherine’s continues to build upon its strengths and continuously improves learning outcomes for all students.

As we’re widely recognised as a leader in sustainable practices, I also look forward to learning more from the students about ecology and care of our common home and speaking with them about how they can use their voices to share their knowledge with the community.

Erika
Thought-provoking Australia Day Mass

By Pam Broadbridge

A good number of parishioners gathered at 11.00am at St Matthew’s Bridgewater on the Friday immediately preceding Australia Day to join Fr Gavin Small for a special service to mark our national day.

Fr Gavin delivered a most caring and thought-provoking homily, reflecting on what it is to be a modern Australian.

The Australia Day theme was carried through to a post-Mass delicious Aussie style morning tea, with the tables groaning under the weight of Lamingtons, Anzac biscuits, Aussie egg sandwiches, lovely cakes and, of course, the ubiquitous Vegemite…this time in the form of snack-sized, Vegemite-flavoured and Australia-shaped biscuits.

Put parish picnic date in your diaries!

Our annual parish picnic will be held at the Oakbank Racecourse at 10.30am on Sunday 15 March.

As it’s always a wonderful event of faith, fellowship and fun for people of all ages, please pop it in your diary and make sure you get along.

It’s also a great occasion that brings together parish and school as one big family, with the post-Mass shared picnic lunch and fun for the kids in the form of a jumping castle, a visit from our famous magician and lots of face painting rounding out a most enjoyable day.

Please note that this will be the only Sunday Mass across the parish on this day.

See you there…
St Catherine’s Catholic School News

With the first term of the 2020 academic year now in full swing and thoughts of the summer holidays fast becoming distant memories, our correspondent and St Catherine’s APRIM Krystina Dawe shares just some of the significant happenings dominating the school calendar.

Welcome back!

As we begin Term 1, I would like to welcome everyone back and hope everyone was able to have a restful Christmas filled with family and friends. For many in our communities, it was also a time of loss with the recent bushfires and we continue to keep these people in our prayers.

Buddies for Bushfire Relief raises over $650

This has been at the forefront of our minds as we have returned to school and as a school we have undertaken a variety of learning activities with students to help raise awareness of not only what occurred over summer across Australia but also to donate money to organisations. Each class teamed up with their ‘buddy class’ and organised a variety of experiences, including being invited to dress up in emergency services coloured clothing for the day and provide a monetary donation. As a school we were able to raise over $650 and undertaken some valuable learning about how to stay bushfire ready. We have also purchased some tree-growing kits which students will look after, with the developed plants being donated back to areas which need revegetation.

Sacramental Program in full swing

Our parish-based, school-supported and family-focussed Sacramental Program is in full swing for 2020, with candidates and their families having already gathered for a workshop focused on remembering our Baptism, the importance of our name and the fact that we, like the saints, have been called lovingly by God. Participants have also had the opportunity to attend a Reconciliation Liturgy at St Matthew’s Bridgewater and then once again, experience this special Sacrament. We are grateful to Fr Fred and Fr Richard for providing this for our children. We now turn our learning to preparing for the start of Lent.

Welcome to our new members of staff

We have had several new staff members join our school community this term, each bringing with them a wealth of knowledge and experience. Erika Dixon will be Acting Principal at St Catherine's School for Term 1 and joins us from her substantive position at St Joseph's School, Murray Bridge.

Tom Melingakos worked in our school last year as a relief teacher and this year will be teaching our Year 6 students. His enthusiasm and skill set in the area of Digital Technologies bring a lot of excitement to our teaching community. Corey Lewis, in turn, will teach one of our Year 3/4 classes and is looking forward to working with students on initiatives such as Tournament of Minds.

Narelle Brine joins as part of our Junior Primary teaching team and will teach Year 2. She has recently relocated to the Adelaide Hills after having taught at Caritas College in Port Augusta, while Georgina Worthington comes to us from St Joseph’s School in Clare and will support class teachers as an Education Support Officer. Finally, Sarah Carey will work across the school as a specialist art teacher, with each class taking part in a series of lessons that, led by Sarah, will have them explore a variety of art mediums.

And an equally hearty welcome to our new families

We are also thrilled to have several new families join the St Catherine’s community this year. Along with those starting out on their school journey and joining us in Reception, we are excited to have a good few new families across all year levels. I would like to formally extend a welcome to them and look forward to sharing in their Catholic Education experience at St Catherine's School.

Students received valuable lessons about being bushfire ready during the Buddies for Bushfire Relief initiative.

Reception is clearly fun for these three young learners.
The Advent Retreat at Aldgate’s Village Wellon Sunday afternoon, 1 December 2019 drew almost 20 people from across the parish to reflect on St Matthew’s ‘The Gospel of the Messiah.’

While the intended program was to have participants break into small groups following Fr Fred’s opening reflection, his theological explanations of the topic of discussion proved to be so interesting that everyone chose to hear more of what he had to say, as one large group.

One of the weightier points of discussion focused on the type of person Jesus was, with Fr Fred sharing this thought:

“It’s one thing to believe Jesus died on a cross as a historical fact. It’s quite another to be persuaded that Jesus would willingly die on the cross for the eternal good of others. Only a close examination of his life – what he taught, how he treated others, and why he died – could persuade anyone that Jesus really is this type of person. Each Gospel writer understood there’s no way to separate the work of Christ from the person of Christ.”

A mid-afternoon tea break gave us time to chat with friends and enjoy the delicious offerings, after which Fr Fred further reflected on St Matthew’s Gospel, its unique view of Jesus and its heavily Jewish perspective. He pointed out that Matthew quotes the Old Testament far more than any of the other Gospels.

The retreat ended with a peaceful time of Adoration of the Blessed Sacrament and a prayer to reflect upon. Everyone appeared to have gained from the experience and if there is to be a next one, it’s an event not to be missed.

Perhaps it may even take place in our new Our Lady of the Adelaide Hills hall.

Ash Wednesday will occur on Wednesday 26 February 2020. The beginning of Lent is an important time for we Christians as it prepare us for the feast of Easter. We recommend that every Christian will bless this day by coming to one of our three services: 9.00am in Birdwood, 11.00am at St Catherine’s for the R-2 Liturgy and 11.30am Mass for Yrs 3-6, both at the Treehouse, and 7.00pm at Bridgewater. This year our ashes will also be mixed with ashes from the bushfires taken from around our parish. As Fr Philip Marshall said in his correspondence: “Lent is a time of reflection and renewal of turning to God, each other, and to creation in restored relationships. The inclusion of ashes from your bushfires will be a sign of our solidarity with you and of our commitment to build a world of Easter, hope for all.”
Christmas Carols at OLOR – and snapshots of other Christmas activities across the parish

Christmas is always a busy time across the Adelaide Hills Catholic Parish and 2019 was no different, with events such as the OLOR Carols by Candlelight and the Nativity Play again well supported and much loved. Here, Gabrielle Morgan shares her carols experience while we also feature a spread of photographs that capture the essence of Christmas.

It had been an extremely hot day and the evening was stifling; almost a guarantee that attendance at the annual Carols by Candlelight at Our Lady of the Rosary (OLOR) in Stirling East would be poor.

But surprisingly, this was not the case. Arriving at the entrance to the church seemed like a blessing after the intense heat of the day. The spread of the branches of the tall trees in the church grounds provided a cool arbour and a sense of calm. Entering the church doors, one’s eyes were drawn to the altar area where an array of small candles flickered in the dimly lit interior. A nativity scene depicting the birth of Christ was a reminder of the deep importance of the Christmas celebrations.

Damien Mansfield’s masterful organ playing, together with the rousing voice of opera singer, Monica Klavins, were a perfect accompaniment to the voices of the congregation. Interspersed between each carol sung, Fr Fred’s narration of the biblical story of the birth of Jesus added a further depth of meaning to the words of the songs.

After the carol singing everyone was warmly welcomed to a delightful supper served outside in the splendour of the surrounding trees. People happily talked together and drew breath before their Christmas Day celebrations yet to come. Fr Fred is to be commended for the effort he put in to decorate the church and organise such an evening that indeed brought the OLOR church to life.

…”the branches of the tall trees in the church grounds provided a cool arbour and a sense of calm”

With carols over, parishioners had the opportunity to enjoy each other’s company over a light supper.

A nativity play took centre stage at the Christmas Vigil Mass at St Matthew’s Bridgewater.

Midnight Mass altar servers Paul Anderson and Caitlin and Eamon Simes.

St Matthew’s, Bridgewater stalwarts Imelda Grubel, Bill and Helen Thorne and Bill and Helen Healy catch up after Christmas Day Mass.
**Parish hall a step closer as site blessed, sod turned**

The new parish hall at St Matthew’s Bridgewater, to be known as the Our Lady of the Adelaide Hills Hall, moved a step closer on Sunday 15 January 2020 when parishioners joined Fr Fred after the 10.30am Mass to witness the blessing of the site and the turning of the first sod.

With the exact location marked out, all approvals received from the Adelaide Hills Council and the builders appointed, work in earnest is expected to get underway this month, with completion still the goal before the year is out.

Fr Fred and Bruce Millican, the managing director of builders Millwood Homes, turn the first sod to officially get the process underway.

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**Fr Philip lends a hand with bushfire Mass at Lobethal**

*By Paul Howe*

Northern end parishioners felt especially blessed in late December and in the immediate aftermath of the devastating Cudlee Creek bushfires when Administrator Delegate Fr Philip Marshall travelled to St Joseph the Worker Church in Lobethal to celebrate Sunday Mass with a community still reeling from the impact of the blaze.

The occasion, organised by Fr Fred, allowed for a special sharing time as those parishioners affected by the bushfire got to share their harrowing and very personal experiences in a loving and supportive environment.

After Mass, Fr Philip mingled with parishioners and was on hand to witness the taking down of the Christmas Star which unfortunately didn’t get to shine much in 2019.

“Parishioners...got to share their harrowing and very personal experiences in a loving and supportive environment”

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**Harcourts VennMillar**
Reflections on my first year at St Matthew’s Bridgewater

By Gabrielle Morgan

It is now a year since I arrived to live in the Adelaide Hills where I was so kindly welcomed into St Matthew’s Parish, Bridgewater.

It has been a year of great change in my life after leaving Tasmania in a state of grief after the loss of my husband, Michael. But I have been blessed to have made so many new friends in the parish who have been supportive to me.

I was not on my own. I met other widows, Betty White, Gwen Noye and Cathy Horne, who shared their stories over fortnightly luncheons at the Bridgewater Hotel and weekly visits to the Kondi coffee shop in Stirling after attending Friday morning Mass.

We became a tight knit group that I refer to as “The Widows’ League.” In June, even my birthday did not go unnoticed as a surprise luncheon party was held in my honour. I climbed the stairs to the entertainment room at my friends’ home where I was staying and there before me was a sea of smiling faces from the church. I was deeply touched.

I have attended church events and shared morning teas, a picture show and two retreat afternoons run by Fr Fred, all of which have helped to stabilise my emotions since the death of Michael.

A little about Michael…he was a visual artist, polymath and a great raconteur.

In his own words for his last exhibition he wrote: “I just love paint. I consider the world a mysterious and marvellous place. All my works have been an exploration of this. I find my images by working less and less without thought of subject matter or preconceived ideas. I improvise and often get puzzled by the results. Working in a figurative style, with some dreamy metaphors, I try to create rich, lush overlays of meaning. It all happens like a dream, similar to a Bach Fugue, the forms intertwine and take on a life of their own. As I get older, my painterly expressionism enriches my being and hopefully the viewer. I never stop learning.”

It is so sad that he no longer creates on this earth. Michael was not a Catholic. But in Tasmania, he accompanied me to a monthly Home Mass that he enjoyed. Fr Chris Hope, our parish priest, celebrated the Mass and someone always prepared a reflection on the readings that we all discussed. This was followed by dinner that ended up as a grand feast with the generous offerings everyone brought, including good wine. Michael loved to create a special dish for these events.

He had been brought up a Methodist and was amazed to find the wine flowing at a Catholic get-together. Then Anthony, a broad-smiling trainee priest, arrived from Africa and he also joined in the Home Mass evenings.

This went on for two years until Anthony was ordained in St Mary’s Cathedral, Hobart. A wonderful affair with the voices of the Cathedral Choir and an African choir. Michael responded to the atmosphere and the music as he always painted with classical music playing.

Shortly after this, unbeknown to me, he approached Fr Chris and said, “I have had an epiphany in the Cathedral at Fr Anthony’s ordination. I want to become a Catholic.”

Michael told me nothing until he said, “Come with me, I have an appointment to see Fr Chris.” And so it was that Michael was confirmed into the Catholic faith at a Home Mass as that was where it all began for him.

It was an extra blessing for me when at Michael’s bedside after his death in the hospital, Fr Quinn, who had been saying Mass in the hospital Chapel, came to his side to pray for the passing of Michael’s soul.

I would like to thank all the parishioners whose very presence at Mass have helped me adjust to my current life in the Hills.

Deadlines for forthcoming issues of The Bridge

If you’re planning to submit something to The Bridge for the next three issues of 2020, please note the following deadlines:

- March – Friday 28 February
- April – Friday 27 March
- May – Friday 24 April

Your contributions can be emailed to paul@wordcafe.com.au or dropped off at the parish house. Thank you

Paul Robinson (editor)
Lorraine D’Amato (graphic designer)
September highlights the busyness of Liturgy Group

By Cathie Oswald

An example of the busyness of the liturgical year was the month of September when we celebrated Father’s Day, Child Protection Sunday, Social Justice Sunday, the Feast of our Patron St Matthew and the Feast of Our Lady of the Rosary. All these celebrations required detailed planning involving not just the Liturgy Group but other members of the parish community.

One of the most memorable liturgical celebrations during 2019 was the celebration of Ecology Sunday where the parish community and the school community (and pets) came together to celebrate God’s creation. It truly was a wonderful day – the sun shining, the sausage sizzle a great success and the pets (who all received a blessing) behaving admirably.

Our next Liturgy Group meeting is Tuesday 25 February, when planning gets underway for Easter. As we’d love more members, those interested in joining should have a word with Fr Fred.

Many of you may have wondered, as I have in the past, how the many wonderful liturgical celebrations that we have in our various churches come about. Since joining the Liturgy Group, I now understand that they are the work of meticulous, behind-the-scene planning by Fr Fred and a small group of volunteers.

Meetings are held once a month where firstly we consider the various liturgical celebrations of the previous weeks, making a note of what went well and what we could have done better, and then look carefully at what is on the Liturgical Calendar in the weeks to come.

The liturgical year is a busy one for, over and above Easter and Christmas, we have special feast days to celebrate, various feast days of Our Lady, parish and school celebrations such as First Communion and Confirmation, Mother’s and Father’s Days, Social Justice and Refugee Sundays, Child Protection Sunday and so on.

Our thanks to priests who stepped in while Fr Fred was away

The Adelaide Hills Catholic Parish thanks Fr Gavin Small, Fr James Valladares and Mons Bob Rice for helping out during Fr Fred’s absence and allowing us all – whether at the northern or southern end of the parish – to attend Sunday Mass.

Your efforts were greatly appreciated, we enjoyed having you among us and we appreciate everything you did to keep the wheels turning from mid-January to mid-February.

ADELAIDE HILLS PARISH
MASS TIMES

St Matthew’s Church, Bridgewater
1 Wembley Avenue
Saturday Vigil – 6.00pm
Sunday – 10.30am

St Matthew’s Church, Birdwood
Lot 95 Shannon Street
First & Third Sunday – 8.30am

St Joseph the Worker Church, Lobethal
38 Ridge Road
Second, Fourth & Fifth Sunday – 8.30am

Our Lady of the Rosary Church, Stirling East
135 Old Mount Barker Road
Sunday – 5.30pm

Our Lady of the Rosary Church
Is an attractive, historic (1881) stone church in a lovely garden setting. It is available for weddings. The church has seating for 80 to 100 people. To make a booking or to enquire, please call the Parish Office on 8339 1608
Salad days – and then some…

Betty White is back from her end-of-year break and has clearly used at least some of it to conjure up a spread of delicious dishes, starting with a zesty salad ideal for lazy summer days, adding an apricot chicken dish and a fruity muffin recipe and, for good measure, tossing in one of her obligatory handy hints.

Chicken and Orange Salad

Here’s a light meal made for the summer days we’re currently enjoying – a zesty citrus and chicken dish, filled with juicy oranges and a yoghurt dressing and giving off just a hint of a bite. Preparation time is a manageable 20 minutes and to serve four people, you will need:

- 2 oranges
- 400g of cooked chicken, thinly sliced
- 310g can of corn kernels, drained
- 200g of mixed salad leaves
- 130g of low fat Greek style natural yoghurt
- 2 teaspoons of mild curry paste
- 2 teaspoons of mango chutney
- 55g of pistachio kernels, coarsely chopped

Cut the top and base from each orange, use a knife to remove skin and white pith and, holding each orange over a bowl to catch any juice, cut them along either side of the white membranes to remove orange segments. Set the juice aside. To catch any juice, cut them along either side of the white skin and white pith and, holding each orange over a bowl, cut the top and base from each orange, use a knife to remove skin and white pith and, holding each orange over a bowl to catch any juice, cut them along either side of the white membranes to remove orange segments. Set the juice aside.

Combine the chicken, corn, salad leaves, onion and orange membranes to remove orange segments. Set the juice aside.

Remove the seeds from the orange and cut the segments into smaller pieces. In a large serving bowl, whisk the yoghurt, chutney, membranes to remove orange segments. Set the juice aside.

to catch any juice, cut them along either side of the white skin and white pith and, holding each orange over a bowl to catch any juice, cut them along either side of the white membranes to remove orange segments. Set the juice aside. To catch any juice, cut them along either side of the white skin and white pith and, holding each orange over a bowl, cut the top and base from each orange, use a knife to remove skin and white pith and, holding each orange over a bowl to catch any juice, cut them along either side of the white membranes to remove orange segments. Set the juice aside.

Combine the chicken, corn, salad leaves, onion and orange membranes to remove orange segments. Set the juice aside.

Cut the top and base from each orange, use a knife to remove skin and white pith and, holding each orange over a bowl. Whisk the yoghurt, chutney, curry paste and reserved orange juice in a bowl, drizzle over the salad and top with the pistachios.

Apricot Chicken Drumsticks

Continuing with the chicken theme, this easy apricot chicken drumsticks recipe requires just 10 minutes of preparation and a further 45 minutes or so to cook. For a meal to comfortably serve four people, grab:

- 1 tablespoon of vegetable or light olive oil
- 8 chicken drumsticks, scored
- 1 onion, finely chopped
- 3 cloves garlic, crushed
- 3 cups of boiling water
- 2 large chicken stock cubes
- 1/2 a cup of sugar
- 1/2 cups of self-raising flour
- 1 cup of crushed pineapple, drained

Preheat the oven to 200°C/180°C fan forced. Heat the oil in an ovenproof dish over high heat. Cook and turn the chicken, in batches, for three minutes or until browned. Transfer to a heatproof plate, add the onion and garlic to the dish, cook and stir for two minutes or until soft. Add the boiling water, crumbled stock cubes, sauce and apricots and return the chicken to the pan.

Bake, covered, for 30 minutes or until chicken is tender.

Pineapple muffins are quick and easy and can be whipped up in just 25 minutes – that’s five minutes of preparation and 20 minutes in the oven. A spread to serve four will require:

- 115g of butter, melted
- 2 eggs, whisked
- 1/2 a cup of sugar
- 1 1/2 cups of self-raising flour
- 1 cup of crushed pineapple, drained

Preheat the oven to 200°C, grease a 12-hole medium muffin pan and whisk the butter, eggs and sugar together. Add the flour and mix lightly before folding in the pineapple. Fill the muffin pan and bake for about 20 minutes or until cooked.

And finally, here’s that promised hint. To prevent celery from wilting, wrap it in foil before putting it in the refrigerator. It’ll keep for weeks.
This directory is constantly changing. If you want to volunteer for any of the Parish activities please contact the Parish office.

1 Wembley Ave (PO Box 718), Bridgewater SA 5155.
P: 08 8339 1608       W: www.adelaidehillsparish.com.au       E: adelaidehillsp@ozemail.com.au

Parish Priest
Fr Alfred Farrugia   8339 1608

Our Lady of the Rosary Community Rep
Debbie Somers   8339 5118

Pastoral Coordinator
Monique Saywell   8339 1608

Parish Atrium
Sue Sachse   0431 117 840

Parish Secretary
Therese Franco   8339 1608

Parish Pastoral Council
Chair Catherine Simes   0411 759 491

Baptism Teams
Helen Cantwell   8390 3290
Maria Thompson   8388 7742
Anne Moore   8568 2800
Sue Streich   8568 2858
Deb Stapleton   0408 835 990
Pam Broadbridge   8339 5013

Prayer Group
Christina Way   8339 1825

Catholic Women’s League
Barbara Mott (Bridgewater)   8339 1083
Anne McEvoy (Birdwood)   8568 2394

Sacraments
Please contact Parish House   8339 1608
- Baptism
- Weddings
- Reconciliation
- Communion to the sick
- Religious Education

Child Protection
Teresa Hudson   8301 6629

St Matthew’s Catholic School
22 Ayers Hills Rd, Stirling SA 5152   8238 8238
Acting Principal - Erika Dixon
School Board Chair - David Hutton

Children’s Liturgy
Jane Van Mierle   8339 2609

St Vincent de Paul Society
Sue Arthurson   8339 8312
Leonie Holmes   8568 2319

Choir
Damien Mansfield   8339 4133

Social Justice Group
Cathie Oswald   0428 244 956

Christian Life Communities
Helen Cantwell   8390 3290

WHS Volunteer
Pat Wheeler   8339 2222

Finance and Maintenance Committee
Chairperson - Paul Howe   8388 5281

Youth Group
Jessica Sachse   0413 915 800

Birdwood Contact
Leon & Leonie Holmes   8568 2319

St Catherine’s Catholic School
22 Ayers Hills Rd, Stirling SA 5152   8238 8238

Forest Friends Playgroup
(Thursday mornings, St Catherine’s School)
Emma Bear   8339 2222

St Matthew’s Sewing Group
Stasia Duszynski   8339 4396

Hills Combined Christian Churches
Cathy Oswald   0428 244 956
Francis McEvoy   8568 2394

Social Justice Group
Cathie Oswald   0428 244 956

Liturgy
Birdwood - Fr Alfred Farrugia   8339 1608
Lobethal - Fr Alfred Farrugia   8339 1608

WHS Volunteer
Pat Wheeler   8339 2222

Men’s Spirituality Coordinators
Paul Somers   8339 5118
Dan De Fazio   8339 3393

Youth Group
Jessica Sachse   0413 915 800

Music Coordinator
Sean Van der Linden   8339 8195

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The opinions expressed in The Bridge are those of the authors and are not necessarily those of the Parish Priest, Pastoral Coordinator, Editor or Parish.