



ACCELERATED
LEADERSHIP

Raising the Standard through Training and Coaching

Leadership and Teamwork I

Building Superior Communication and People Skills

Developed by *The PAR Group of Atlanta*

Trainers: **Mike Williams and Ross Trahan, *Accelerated Leadership***

Six 4-hour sessions of Study, Application, and Coached Practice in 6 Communication Skills Critical to Success in:

- ❖ **Leadership**
- ❖ **Teamwork**
- ❖ **Customer Service**

1. **Highly Focused Listening**: A method to accurately read people so you can respond appropriately.
2. **Giving/Gaining Respect**: Approaches/Responses that reduce negative attitudes and create open-mindedness
3. **Asking Good Questions**: Probing skills that reduce tension, get at the facts, and help you tailor solutions
4. **Connecting With Others**: The ability to connect and reason with someone from his/her point of view
5. **Presenting Your Ideas**: The ability to present your ideas so well that you inspire confidence and buy-in
6. **Managing Resistance**: Increased confidence and competence even in high risk, high resistance situations

CLIENT COMMENTS:

"This was just what I needed . . . the best class I've ever attended." C.B., Maint.Supv., **Transocean**

"I've been in H.R. management for over 20 years and this has been the most effective and educational training I have ever experienced." K. T., H.R. Manager – **Cal Dive International**

"The most valuable training I have ever had--for work and personal life." T.A., Div. Supv., **Stolt Offshore**

"The most usable training and skills I have seen." G.E., Project Mgr., **J.Ray McDermott**

"This course has given back my confidence in dealing with people." A.M., Marine.Supt, **Tidewater Marine**

Leadership and Teamwork is 30% instruction, 70% application and coached practice. Participants bring their own work related recommendations, ideas, and typical scenarios for use during sessions to practice skills for gaining buy-in, cooperation, and teamwork. The PAR skillset applies as much to home life as it does to the workplace. Participants handle people and difficult situations with greater confidence and professionalism, reducing stress and increasing co-operation.

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