



Risk Factors

- Weakness
- Poor Vision
- Medical Conditions
- Parkinson's Disease
- Stroke
- Diabetes
- Prior Falls

What can you do to prevent a fall?

Let a qualified physical therapist help you learn valuable techniques to improve your balance and decrease your risk of falls. Learn an individualized exercise program that focuses on strength, balance, weight shifting and fall prevention techniques.

Call us!! 808-235-7999